

## REGISTRATION RULES and INFORMATION

**Participant Age.** All athletes must be **50 years old by** December 31, 2009. Athlete's competition age will be based on his/her age on December 31, 2009. Athletes of any age may enter Duplicate Bridge, Race Walk, Road Race, Triathlon and Mountain Bike.

**Partner and Team Age.** Partner and team age groups are determined by the age of the youngest partner / team member on December 31, 2009. In some cases a combined or average age of partners will be used (see individual sport pages).

**Age Divisions.** (*unless otherwise stated on individual sport page*)

Individuals: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-00, 100+  
Team Sports: 50+, 55+, 60+, 65+, 70+, 75+

Games officials reserve the right to cancel any event or combine age divisions due to insufficient entries.

**Physical Condition.** It is recommended that participants confer with their personal physician prior to competition.

**Registration Forms.** One Athlete Registration Form is included in the center insert. Pull out the form and complete the form before mailing it in. Be sure and date and sign the waiver.

**Registration Fee.** Total Registration Fee = Registration Fee (listed below) + all applicable Sport Fees.

Early-Bird Athlete Registration Fee...\$15. (*postmarked by July 27*)

Athlete Registration Fee.....\$20. (*postmarked between July 28 and August 1*)

**Registration Deadline.** August , 2009

**Registering for Multiple Events.** Unless otherwise stated on a sport page, registration in multiple events is allowed. Several events are scheduled simultaneously and schedule changes will not be made to accommodate a multi-sport participant. No refunds will be made if athletes cannot participate in multiple events due to scheduling conflicts.

**Confirmation of Entry.** You will receive a letter of confirmation within three weeks after receipt of your entry form. Call the SISG office if you do not receive the *mailed confirmation* or *if any information on the mailed confirmation is incorrect.*

**Refusal of Entry.** SISG reserves the right to refuse entry to the Games to any individual for any reason.

**Refunds.** Requests for refunds must be made to SISG in writing and postmarked no later than July 1, 2009. Refunds after this date will only be granted due to emergency medical reasons and will be for only event fees.

**Game Check in.** Game packets may be picked up Starting July 29, 2009 at the Senior Center 427 N. 6<sup>th</sup> Ave. Office hours are 7:00am – 5:00pm. You must pick up your packet prior to your event.

**Game Updates.** Event Schedule updates and changes, if any, will be posted at the Pocatello Senior Center prior to competition.

**Medals.** Gold, Silver and Bronze medals will be awarded to the first, second, and third place winners, ribbons 4<sup>th</sup> through 8<sup>th</sup> place in each event for each age division, 50-54, 55-59, 60-64, 65-69, 70-74, 75-etc. as well as to the top eight Idaho participants in each event. Medals will be awarded after each event. Any medals not picked up will be available at the Senior Center the following day. No medals will be mailed.

**Draw.** Divisions may be combined to provide better competition. Awards, however, will be given according to age groups.

**Medical.** There will be medical personnel at many sites. If you must be transported by ambulance, it will be at your expense.

*“You don't stop playing because you grow old, You grow old because you stop playing”*