

**2009 SOUTHEAST IDAHO SENIOR GAMES  
SCHEDULE OF EVENTS**

Please check your times, as events will not be delayed due to scheduling conflicts. If your event overlaps another event and you are late, you will risk disqualification. It is the participant's responsibility to check the schedule.

**SATURDAY: August 1, 2009**

**Sponsor: CENTER FOR ORTHOPEDIC REHABILITATION**

8:00am Triathlon  
8:00am Triathlon Relay  
8:00am 5K Run  
*Ross Park Aquatic Complex, 2901 S. 2<sup>nd</sup>. Ave.*

**Sponsor: REGENCE/BLUE SHIELD**

8:00am Tennis Singles  
10:00am Tennis Doubles  
*Juniper Hills Country Club, 6600 Bannock Hwy.*

**Sponsor: ROCKY MOUNTAIN SURGERY**

9:00am Badminton  
9:00am Basketball, 3 on 3  
*Reed Gym, ISU Campus*

**Sponsor: BANG'S OFFICE SUPPLY**

10:30am Free Throw  
3 Point Shoot  
Hot Shot  
*Reed Gym, ISU Campus*

**Sponsor: DIABETES & INTERNAL MEDICAL ASSOC.**

10:00am Archery  
*8550 Pocatello Creek Rd.*

**Sponsor: COTTONWOOD COVE**

1:00pm Horseshoes  
*Ross Park Horseshoe Complex, South 2<sup>nd</sup>. Ave.*

**MONDAY: August 03, 2009**

**Sponsor: BANK OF IDAHO**

8:00am Golf  
18 holes medal play  
Longest Drive, Putts, Closest to Pin  
*Juniper Hills Country Club, 6600 Bannock Hwy.*

**Sponsor: SIMPLOT**

8:00am Track & Field  
8:00am 1500M Race Walk 9:45am 400M Race Walk  
8:15am Long Jump 10:15am Discus  
8:45am Javelin 10:45am 800M Est. Walk  
9:00am 200M Dash 11:00am Triple Jump  
9:30am Pole Vault 11:30am 1500M Run  
*Davis Field, ISU*

**Sponsor: LES SCHWAB – YELLOWSTONE**

9:00am Volleyball  
*Congregational Church Gym, 309 N. Garfield*

**Sponsor: POWERS CANDY, INC.**

9:00am Billiards, 8-Ball  
*Pocatello Senior Games, 427 N. 6<sup>th</sup> Ave.*

**Sponsor: POCATELLO CARDIOLOGY**

1:00pm Swimming  
200 Yard Backstroke  
1650 Yard Freestyle  
200 Yard Breaststroke

*Reed Gym, ISU*

**Sponsor: RIDE ON BIKES**

1:00pm Mountain Bike  
*Centennial Park – City Creek*

**Sponsor: HIGHLAND HILLS/RIDGEWIND**

6:00pm Opening Ceremony  
Picnic – Program - Dance  
*O.K. Ward Park, 1400 W. Quinn Rd.*

**TUESDAY: August 04, 2009**

**Sponsor: SIMPLOT**

8:00am Track & Field  
8:00am 100M Dash 10:15am Long Jump  
8:15am Standing Long Jump 10:30am Softball Throw  
8:45am High Jump 10:45am 800M Run  
9:00am 400M Run 11:00am Football Throw  
9:30am Shot Put 11:15am Hammer Throw  
9:45am 50M Dash 11:30am 4 x 100 Relay  
*Davis Field, ISU*

**Sponsor: JAPANESE AMERICAN CITIZENS LEAGUE**

10:00am Shuffleboard  
*Congregational Church, 309 N. Garfield*

**Sponsor: POCATELLO CARDIOLOGY**

1:00pm Warm Up Swimming.  
100 yard breaststroke 100 yard IM Relay  
50 yard back 50 yard side  
100 yard fly 200 yard IM  
25 yard free 25 yard back  
25 yard Ele. Back 800 yard free  
100 yard free  
*Reed Gym, ISU*

**Sponsor: BINGHAM COLLECTIONS, INC.**

5:00pm Hand & Foot Canasta  
*Pocatello Senior Center, 627 N. 6<sup>th</sup> Ave.*

**Sponsor: BARRIES SPORTS**

6:00pm Criterium  
*Holt Arena Parking Lot – ISU*

**Sponsor: QUAIL RIDGE**

6:30pm Duplicate Bridge  
*Quail Ridge, 797 Hospital Way*

**WEDNESDAY: August 05, 2009**

**Sponsor: LES SCHWAB - YELLOWSTONE**

**9:00pm** Table Tennis  
Singles & Doubles

*Reed Gym, ISU*

**Sponsor: POCATELLO CARDIOLOGY**

**1:00pm** Warm Up Swimming  
50 yard free 200 yard freestyle  
50 yard breaststroke 100 yard free relay  
50 yard Ele. Back  
100 yard IM 25 yard fly  
25 yard breaststroke 25 yard side  
50 yard fly 100 yard back  
500 yard freestyle

*Reed Gym, ISU*

**Sponsor: SHAVER'S PHARMACY**

**2:00pm** Pairs Bridge  
*Pocatello Senior Center 427 N. 6<sup>th</sup>*

**Sponsor: RIDE ON BIKES**

**6:30pm** Cycling hill climb  
5 Mile Time Trial

*Scout Mountain - Cherry Spring*

**THURSDAY: AUGUST 06, 2009**

**Sponsor: HAMMER NUTRITION**

**9:00am** Disc Golf  
*Ross Park Disc Golf Course*

**Sponsor: BLUE CROSS OF IDAHO**

**9:00am** Chess  
*Pocatello Senior Center - 427 N. 6<sup>th</sup> Ave.*

**Sponsor: INTERMOUNTAIN BEVERAGE CO.**

**10:00am** Bowling  
10:00am Singles  
12:00pm Doubles  
12:00pm Mixed Doubles

*Tough Guys Lanes 401 E. Lewis*

**Sponsor: FRED MEYER**

**10:00am** Pairs Pinochle  
*Pocatello Senior Center, 427 N. 6<sup>th</sup> Ave*

**Sponsor: IDAHO POWER**

**1:00pm** Croquet  
*Pocatello Senior Center, 427 N. 6<sup>th</sup> Ave.*

**Sponsor: TEXAS ROADHOUSE**

**6:00pm** Dance Competition  
Waltz Cha-Cha  
West Coast Swing Country Western Cha-Cha  
Free Style Swing Tango  
Texas Waltz Salsa

Rumba Line Dance  
*Pocatello Senior Center, 427 N. 6<sup>th</sup> Ave.*

**FRIDAY: August 07 2009**

**Sponsor: SICOG**

**8:00am** Cycling, 10k Time Trial  
**9:30am** Cycling, 20k Road Race  
*Staging Point - Sinclair Station, Arimo, Id.*

**Sponsor: PHIL MEADOR TOYOTA-JEEP-SUBARU**

**8:00am** Softball  
*Tydeman Field, 8<sup>th</sup> Ave. & Custer*

**Sponsor: DEL MONTE MEATS**

**6:00pm** Picnic in the Park  
*Tydeman Park, 8<sup>th</sup> Ave. & Custer*

**SATURDAY: August 08, 2009**

**Sponsor: PHIL MEADOR TOYOTA-JEEP-SUBARU**

**8:00am** Softball  
*Tydeman Field, 8<sup>th</sup> & Custer*

**Sponsor: SICOG**

**8:00am** Cycling, 5k Time Trial  
**9:30am** Cycling, 40K Road Race  
*Staging Point - Sinclair Station, Arimo, Id.*

**Sponsor: CENTER FOR ORTHOPEDIC REGABILITATION**

**7:30am** 10K Race Walk  
**8:00am** 5K Race Walk  
**8:00am** 2.5K Fun Walk  
**8:00am** 10K Road Race  
**8:00am** 5K Road Race  
*O.K. Ward Park, Parking Lot, 1400 Quinn Rd.*

**Jody Olson**

**[jolson@allidaho.com](mailto:jolson@allidaho.com)**

**(208) 233-2034**

**Cynthia Hudson, Secretary**

**[Cynthiahudson76@yahoo.com](mailto:Cynthiahudson76@yahoo.com)**

**(208) 233-2034**

**Office - 427 N. 6<sup>th</sup> Ave. , Pocatello, Id. 83201**

**Phone (208) 233-2034**

**[www.seidahoseniorgames.org](http://www.seidahoseniorgames.org)**

**If you need a Parking Pass for ISU you can get them at the  
Southeast Idaho Senior Games Office**