

## RECORDS 2013

<b>ARCHERY</b>	<b>Sex</b>	<b>Age</b>	<b>Name</b>	<b>State</b>	<b>Time/Distance</b>	<b>Year</b>
Compound	F	50-54	Julie Bruderer	ID	285 /23X	2013
Compound	F	55-59	Claudia Stoker	ID	195	2011
Compound	F	60-64	Jeanne Beebe	ID	284-17x	2006
Compound	F	65-69	Jeanne Beebe	ID	268-10	2008
Compound	M	50-54	Ken Quinn	ID	297 / 38X	2013
Compound	M	55-59	Doug Zeitterkopf	ID	296 / 26X	2013
Compound	M	65-69	Ed Beebe	ID	282-28x	2005
Compound	M	70-74	Peter Muellner	MT	42xs	2010
Compound	M	75-79	Arlin Lockwood	ID	222-	2009
Recurve	F	70-74	Kumi Horiuchi	CO	88	2011
Recurve	M	55-59	George Logsdon	ID	268	2012
Recurve	M	60-64	Ken Wright	ID	130-2x	2005
Recurve	M	65-69	Ernest Nafzger	ID	159	2011
Recurve	M	70-74	David Roberts	ID	255	2011
Recurve	M	75-79	David Roberts	ID	280	2012
Recurve	M	80-84	Steve Rowlands	ID	232	2012
<b>BASKETBALL</b>						
Free Throw/3Pt.	M	50-54	Merle Smith	ID	38	2004
Free Throw/3Pt.	M	55-59	Merle Smith	ID	39	2007
Free Throw/3Pt.	M	60-64	Ken Wright	ID	54	2006
Free Throw/3Pt.	M	65-69	Tarrel Palmer	UT	36	2010
Free Throw/3Pt.	M	70-74	Louie Osuna	ID	36	2007
Free Throw/3Pt.	M	75-79	Ralph Reiche	UT	33	2013
Hot Shot	M	50-54	Merle Smith	ID	39	2004
Hot Shot	M	55-59	Marcus Darais	UT	39	2007
Hot Shot	M	60-64	Al Reiner	ID	72	2006
Hot Shot	M	65-69	Tarrel Palmer	UT	54	2009
Hot Shot	M	70-74	Charles Nyquest	MT	81	2006
Hot Shot	M	75-79	Charles Nyquest	MT	36	2009
Hot Shot	M	75-79	Louie Osuna	ID	36	2011
Double Hot Shot	M	50-54	Doug Milder	ID	82	2008
Double Hot Shot	M	55-59	Kim Yearsley	ID	85	2008
Double Hot Shot	M	60-64	Michael Jordon	ID	82	2008
Double Hot Shot	M	65-69	Roger Davis	UT	88	2008
Double Hot Shot	M	70-74	Charles Nyquest	MT	46	2008
Double Free Thr.	M	50-54	Doug Milder	ID	22	2008
Double Free Thr.	M	55-59	Doyle Stokes	ID	21	2008
Double Free Thr.	M	60-64	Al Reiners	ID	20	2008

Double Free Thr.	M	65-69	Rick LaPointe	ID	22	2008
Double Free Thr.	M	70-74	Louie Osuna	ID	24	2008
Double Free Thr.	M	75-79	Dale Perkins	UT	20	2008
3 Point Shoot	M	50-54	Shane Walker	ID	12	2009
3 Point Shoot	M	55-59	Doyal Stokes	ID	4	2008
3 Point Shoot	M	60-64	Delson Suppah, Sr	ID	12	2009
3 Point Shoot	M	65-69	Tarrel Palmer	UT	8	2009
3 Point Shoot	M	70-74	Louie Osuna	ID	8	2009
3 Point Shoot	M	75-79	Charles T Nyquest	MT	8	2009
Free Throw	M	50-54	Lonnie Marshal	ID	32	2007
Free Throw	M	55-59	Merle Smith	ID	39	2007
Free Throw	M	60-64	Al Reiners	ID	28	2007
Free Throw	M	65-69	Ed Harsha	WY	27	2007
Free Throw	M	70-74	Louie Osuna	ID	36	2007
Free Throw	M	75-79	Charles T. Ntquest	MT	25	2009

## **BOWLING**

Singles Scratch	F	50-54	BJ Phillips	ID	530	2008
Singles Scratch	F	55-59	Susanna Ruby	MT	580	2013
Singles Scratch	F	60-64	Sally Taniguchi	ID	482	2008
Singles Scratch	F	65-69	Gott, Wilma	ID	472	2013
Singles Scratch	F	70-74	Sally Taniguchi	ID	518	2007
Singles Scratch	F	75-79	Carol Phillips	ID	451	2009
Singles Scratch	F	80-84	Carol Phillips	ID	477	2012
Singles Scratch	F	90-94	Alldredge, Reta	ID	428	2013
Singles Scratch	M	50-54	Scott Bailey	ID	654	2008
Singles Scratch	M	55-59	Neil Hansen	ID	571	2012
Singles Scratch	M	60-64	Jim Watkins	MT	650	2008
Singles Scratch	M	65-69	McKay, Don	ID	658	2013
Singles Scratch	M	70-74	Les Comer	MT	626	2011
Singles Scratch	M	75-79	Les Comer	MT	510	2013
Singles Scratch	M	80-84	Norval Alleman Sr.	ID	584	2011
Singles Scratch	M	90-94	Meier, "Bud" Carl	MT	460	2010
Doubles Scratch	F	50-54	C. Phillips/BJ Phillips	ID	1007	2008
Doubles Scratch	F	55-59	S. Donnelly/J. Paddock	MT	1045	2007
Doubles Scratch	F	60-64	Lloyd / Meachan	ID	862	2013
Doubles Scratch	F	65-59	Barker/Gott	ID	978	2013
Doubles Scratch	F	70-74	Reynolds/ Donnelly	MT	1031	2011
Doubles Scratch	F	75-79	J. Baird/ P. Hill	ID	886	2008
Doubles Scratch	F	80-84	Hill/ Phillips	ID	883	2009
Doubles Scratch	M	50-54	S. Bailey/ E. Bailey	ID	1102	2008
Doubles Scratch	M	55-59	Hansen/Dayley	ID	1024	2012
Doubles Scratch	M	60-64	L. Comer/J. Watkins	MT	1138	2008

Doubles Scratch	M	65-69	L. Comer/J. Watkins	MT	1188	2009
Doubles Scratch	M	70-74	Watkins/Comer	MT	1151	2009
Doubles Scratch	M	75-79	Meier/Comer	MT	1082	2012
Doubles Scratch	M	80-84	Myers/Alleman	ID	1077	2011
Mix Doubles Scr	X	50-54	S. Donnelly/J. Watkins	MT	1120	2008
Mix Doubles Scr	X	55-59	Donnelly / Watkins	MT	1159	2011
Mix Doubles Scr	X	60-64	J.Paddock/L. Comer	MT	1060	2008
Mix Doubles Scr	X	65-69	W. Gott/G Giesbrecht	ID	1003	2013
Mix Doubles Scr	X	70-74	Alleman/Baxter	ID	1086	2012
Mix Doubles Scr	X	75-79	O. Sherwood/M. Sherwood	ID	901	2008
Mix Doubles Scr	X	80-84	J. Baird/C. Baird	ID	756	2004

### BOWLING WII

Singles	F	70-74	Davis, Shirley	ID	601	2013
Singles	F	80-84	Peck, Gayle	ID	562	2013
Singles	F	85-89	Petersen, Lenore	ID	523	2013
Singles	M	55-59	Petersen, Doug	ID	559	2013
Singles	M	60-64	Raburns, Dale	ID	368	2013
Singles	M	70-74	Gooch, Dale	ID	685	2013

### CYCLING

5K TT	F	50-54	Karen Dlouhy	CO	7.23.0	2007
5K TT	F	55-59	Martha Iverson	CO	7.37.0	2008
5K TT	F	55-59	Chris Satterwhite	ID	7.37.0	2004
5K TT	F	60-64	Alice Pust	UT	7.32.0	2004
5K TT	F	65-69	Alice Pust	UT	8.54.0	2007
5K TT	F	70-74	Jody Olson	ID	8.03.0	2004
5K TT	F	75-79	Jody Olson	ID	9.30.0	2007
5K TT	F	80-84	Jody Olson	ID	9.25.0	2010
5K TT	M	50-54	Azevedo, Gary	ID	6.24.0	2013
5K TT	M	55-59	Rick Hodgson	NV	6.42.0	2008
5K TT	M	60-64	Richard Bagienski	CO	7.16.0	2008
5K TT	M	65-69	John Haney	Ut.	6.45.0	2010
5K TT	M	70-74	Stan Swallow	Ut.	7.25.0	2011
5K TT	M	75-79	Mark Olson	ID	7.33.0	2004
5K TT	M	80-84	Roy Cushway	SK	9.16.0	2010
10K TT	F	50-54	Karen Dlougy	CO	15.33.0	2007
10K TT	F	55-59	Martha Iverson	CO	16.18.0	2008
10K TT	F	60-64	Monica Steidele	WY	17.37.0	2012
10K TT	F	65-69	Alice Pust	UT	22.32.0	2009
10K TT	F	70-74	Kumi Horiuchi	CO	19.47.0	2011
10K TT	F	75-79	Lois Lindsay	ID	20.34.0	2011
10K TT	F	80-84	Jody Olson	ID	21.49.0	2010
10K TT	M	50-54	Gary Azevedo	ID	11.57.0	2011
10K TT	M	55-59	Bob Marcinko	ID	13.34.0	2011

10K TT	M	60-64	Jim Dlougy	CO	14.07.0	2007
10K TT	M	65-69	John Haney	UT	13.06.0	2011
10K TT	M	70-74	Tom Neary	ID	13.44.0	2011
10K TT	M	75-79	Siegfried Schnelle	NV	14.17.0	2011
10K TT	M	80-84	Mark Hopkins	WY	19.46.0	2012
10K TT	M	85-89	Roy Cushway	SK	18.38.0	2011
20K RR	F	50-54	Karen Dlough	CO	33.10.0	2007
20K RR	F	55-59	Martha Iverson	CO	37.33.0	2008
20K RR	F	60-64	Alice Pust	UT	40.54.0	2004
20K RR	F	65-69	Faith, Janet	ID	47.19.0	2013
20K RR	F	70-74	Jody Olson	ID	44.14.0	2003
20K RR	F	75-79	Jody Olson	ID	48.33.0	2006
20K RR	F	80-84	Jody Olson	ID	49.00.0	2010
20K RR	M	50-54	Azevedo, Gary	ID	31.03.0	2013
20K RR	M	55-59	Robert Walker	ID	31.59.0	2010
20K RR	M	60-64	Alan Crockett	ID	32.11.0	2006
20K RR	M	65-69	John Haney	UT	31.25.0	2013
20K RR	M	70-74	David Deichman	ID	32.59.0	2007
20K RR	M	75-79	Paganini, Robert	CA	34.25.0	2013
20K RR	M	80-84	Roy Cushway	SK	40.10.0	2007
20K RR	M	85-89	Roy Cushway	SK		2011
40K RR	F	50-59	Karen Dlough	CO	1:07.15.0	2007
40K RR	F	55-59	Marilyn Speim	ID	1:10.41.0	2005
40K RR	F	60-64	Jodi Cuccia	ID	1:19.04.0	2010
40 K RR	F	65-69	Faith, Janet	ID	1:37:38	2013
40K RR	F	70-74	Gwen Seccombe	CO	1:32.29.0	2006
40K RR	F	75-79	Jody Olson	ID	1:38.02.0	2006
40K RR	F	80-84	Jody Olson	ID	1:53.56.0	2010
40K RR	M	50-54	Robert Walker	ID	1:04.21.0	2005
40K RR	M	55-59	Dennis Kawamura	ID	1:04.52.0	2012
40K RR	M	60-64	Alan Crockett	ID	1:06.34.0	2006
40K RR	M	65-69	Stan Swallow	UT	1:06.07.0	2006
40K RR	M	70-74	Stan Swallow	UT	1:04.53.0	2012
40K RR	M	75-79	Robert Paganini	SK	1:09.20.0	2012
40K RR	M	80-84	Roy Cushway	SK	1:19.06.0	2007
5K Hill Climb	F	50-54	Karen Dlougy	CO	22.43.0	2007
5K Hill Climb	F	55-59	Draper, LaNett	UT	30.40.0	2013
5K Hill Climb	F	60-64	Jodi Cuccia	ID	21:36.0	2012
5K Hill Climb	F	65-69	Faith, Janet	ID	44.17.0	2013
5K Hill Climb	F	70-74	Kumi Horiuchi	CO	35.10.0	2011
5K Hill Climb	F	80-84	Jody Olson	ID	43.51.0	2010
5K Hill Climb	M	50-54	Frank Matus	SK	20.37.0	2007
5K Hill Climb	M	55-59	Bob Nelson	ID	21.34.0	2007
5K Hill Climb	M	60-64	Peter Heppleston	ALB	21.51.0	2007

5K Hill Climb	M	65-69	John Haney	UT	21.17.0	2010
5K Hill Climb	M	70-74	Walt Axtheim	CO	24.55.0	2007
5K Hill Climb	M	75-79	Walt Axtheim	CO	26.37.0	2008
5K Hill Climb	M	80-84	Roy Cushway	SK	32.53.0	2007
5K Hill Climb	M	85-89	Roy Cushway	SK	38.59.0	2011
Tandem 5K TT	M	65-69	Vitale/Howe	ID	8.14.0	2013
Tandem 5K TT	X	55-59	Draper/Daper	UT	7.31.0	2013
Tandem 5K TT	X	60-64	Kidd/Kidd	ID	6.54.0	2004
Tandem 5K TT	X	65-69	Kidd/Kidd	ID	7.58.0	2007
Tandem 5K TT	X	75-79	Kidd/Kidd	ID	7.44.0	2010
Tandem 10K TT	X	60-64	Kidd/Kidd	ID	18.23.0	2004
Tandem 10K TT	X	65-69	Kidd/Kidd	ID	18.06.0	2007
Tandem 10K TT	X	70-74	Kidd/Kidd	ID	19.21.0	2005
Tandem 10K TT	X	75-79	Kidd/Kidd	ID	20.54.0	2010
Tandem 20K TT	M	55-59	Howe/Vitale	ID	35.44.0	2004
Tandem 20K TT	M	65-69	Howe/Vitale	ID	38.21.0	2007
Tandem 20K RR	X	55-59	Draper/Draper	UT	36.13.0	2013
Tandem 20K RR	X	60-64	Swallow/Swallow	UT	34.27.0	2004
Tandem 20K RR	X	65-69	Swallow/Swallow	UT	34.45.0	2005
Tandem 20K RR	X	70-74	Kidd/Kidd	ID	40.22.0	2005
Tandem 20K RR	X	75-79	Kidd/Kidd	ID	45.33.0	2010
Tandem 40K RR	M	55-59	Howe/Vitalie	ID	1:16.52.0	2007
Tandem 40K RR	M	60-64	Howe/Vitalie	ID	1:24.28.0	2012
Tandem 40K RR	X	50-54	Staley/Staley	ID	1:09.10.0	2005
Tandem 40K RR	X	55-59	Boland/Boland	ID	1:27.24.0	2012
Tandem 40K RR	X	60-64	Kidd/ Kidd	ID	1:12.38.0	2003
Tandem 40K RR	X	65-69	Swallow/Swallow	UT	1:08.33.0	2005
Tandem 40K RR	X	70-74	Kidd/ Kidd	ID	1:40.15.0	2010
Tandem Hill Climb	X	55-59	Boland/Boland	ID	40.38.0	2012
Mtn Bike Long CC	M	50-54	Jonas Nesser	ID	1:14:33	2013
Mtn Bike Medium CC	M	55-59	Greg Hendricks	ID	1:21:22	2013
	M	65-69	Marv White	ID	1:21:00	2013
Mtn Bike Short CC	F	50-54	Sandy Nesser	ID	1:12:19	2013
	M	50-54	Earl Nesser	ID	1:13:00	2013
	M	60-64	Bob Marcinko	ID	0:43:33	2013
Mtn Bike Single Speed	M	55-59	Kirk Hendricks	ID	1:12:20	2013
Mtn. Bike CC	F	50-54	Sandy Neeser	ID	1:06.00.0	2011
Mtn. Bike CC	F	55-59	G. Hendricks	ID	0:48.14.0	2011
Mtn. Bike CC	F	60-64	Cindy Albers	ID	1:00.00.0	2011
Mtn. Bike CC	F	70-74	Kumi Horiuchi	CO	0:27.41.0	2011

Mtn. Bike CC	M	50-54	Jonas Neeser	ID	0:34.02.0	2010
Mtn. Bike CC	M	55-59	Howard Burnett	ID	0:40.00.0	2009
Mtn. Bike CC	M	60-64	Howard Burnett	ID	0:41.13.0	2010
Mtn. Bike CC	M	65-69	Marv White	ID	0:49.28.0	2010
Mtn. Bike CC	M	75-79	Eigoro Horiuchi	CO	0:27.41.0	2011
Mtn. Bike HC CP	M	65-69	Mark Hopkins	WY	00:57.0	2005
Mtn. Bike SF MC	M	50-54	Michael Collaer	ID	01:06.0	2004
Mtn. Bike SF MC	M	60-64	Feliks Pazdan	ID	01:28.0	2004
Mtn. Bike SF MC	M	65-69	Paul Kidd	ID	01:22.0	2004

## DISC GOLF

6 Holes	M	55-59	Miller, William	ID	27	2013
9 Holes	F	55-59	Marlene Lyksett	ID	30	2011
9 Holes	F	65-69	Judy Lang	SK	61	2008
9 Holes	F	70-74	Judy Lang	SK	59	2009
9 Holes	M	50-54	William Miller	ID	24	2011
9 Holes	M	60-64	Jon Lyksett	ID	32	2011
9 Holes	M	65-69	Doug Leslie	ID		2010
9 Holes	M	70-74	Gary Longmore	ID	40	2011
9 Holes	M	75-79	Mark Hopkins	WY	46	2009
9 Holes	M	80-84	Roy Cushway	SK	41	2009
9 Holes	M	85-89	Roy Cushway	SK	52	2011

## GOLF

18 Holes	F	50-54	Shawna Nelson	ID	89	2004
18 Hole	F	55-59	Judy Cantrill	ID	102	2006
18 Hole	F	60-64	Sandy Snyder	ID	89	2008
18 Hole	F	65-69	Beckie Dunn	ID	103	2011
18 Hole	F	65-69	Karen Graham	UT	103	2009
18 Hole	F	70-74	Patty Fridel	ID	99	2009
18 Hole	F	75-79	Ardelis Malone (A.J.)	UT	107	2010
18 Holes	F	80-84	Joyce Fleming	ID	109	2009
18 Hole	F	85-89	Florence Menousek	ID	129	2011
18 Holes	M	50-54	Ron Malooly	ID	75	2008
18 Hole	M	55-59	Max Hemmert	ID	77	2004
18 Hole	M	60-64	Stephen Portela	ID	76	2010
18 Hole	M	65-69	Gary North	ID	73	2010
18 Hole	M	70-74	Ron Schburt	AZ	80	2011
18 Hole	M	75-79	Ron Hosking	ID	81	2009
18 Hole	M	80-84	Allen Jackson	ID	96	2012
18 Hole	M	85-89	George Oyama	ID	101	2012

## SWIMMING

25Y. Backstroke	F	60-64	Norrie Garner	ID	0.23.07	2004
25Y. Backstroke	F	65-69	Norrie Garner	ID	0.23.44	2005
25Y. Backstroke	F	70-74	Ardith McLeod	MT	0.25.33	2009

25Y. Backstroke	F	75-79	Ardith McLeod	MT	0.26.29	2011
25Y. Backstroke	F	80-84	Jacque Hampstein	AZ	0.41.29	2005
25Y. Backstroke	M	50-54	Gary Azevedo	ID	0.21.00	2012
25Y. Backstroke	M	55-59	Chris Mart	UT	0.22.06	2010
25Y. Backstroke	M	60-64	Mike Dismer	ID	0.21.43	2004
25Y. Backstroke	M	65-69	Jim Green	WY	0.16.19	2008
25Y. Backstroke	M	70-74	Larry Larson	UT	0.19.25	2006
25Y. Backstroke	M	75-79	Larry Larson	UT	0.20.03	2009
25Y. Backstroke	M	80-84	Clint Baxter	UT	0.27.71	2013
25Y. Ele. Back	F	70-74	Joy Burke	ID	0.48.41	2009
25Y. Ele. Back	F	75-79	Jody Olson	ID	0.37.05	2006
25Y. Ele. Back	F	80-84	Jody Olson	ID	0.52.44	2010
25Y. Ele. Back	M	50-54	Eric Johnson	UT	0.22.40	2012
25Y. Ele. Back	M	55-59	Chris Mart	ID	0.25.16	2013
25Y. Ele. Back	M	60-64	Curtis Hale	ID	0.23.59	2013
25Y. Ele. Back	M	70-74	Clinton Baxter	UT	0.29.51	2005
25Y. Ele. Back	M	75-79	Richard Knight	MT	0.20.56	2010
25Y. Ele. Back	M	80-84	Clinton Baxter	UT	0.28.73	2013
50Y. Ele. Back	F	55-59	Marjean Waford	ID	1.29.20	2009
50Y. Ele. Back	F	60-64	Sandra Roberts	ID	1.10.03	2009
50Y. Ele. Back	F	65-69				
50Y. Ele. Back	F	70-74	Jody Olson	ID	1.26.0	2006
50Y. Ele. Back	F	75-79	Jody Olson	ID	2.12.33	2007
50Y. Ele. Back	F	80-84	Jody Olson	ID	2.00.12	2010
50Y. Ele. Back	M	50-54	Ron Endo	ID	0.45.29	2007
50Y. Ele. Back	M	55-59	Chris Mart	UT	0.53.11	2013
50Y. Ele. Back	M	60-64	Curtis Hale	ID	0.53.13	2013
50Y. Ele. Back	M	70-74	Clinton Baxter	UT	0.57.26	2006
50Y. Ele. Back	M	75-79	Richard Knight	UT	0.46.01	2010
50Y. Ele. Back	M	80-84	Clinton Baxter	UT	1.05.12	2013
50Y. Back	F	55-59	Gloria Lambertz	MT	0.47.28	2011
50Y. Back	F	60-64	Norrie Garner	ID	0.54.13	2004
50Y. Back	F	65-69	Norrie Garner	ID	0.55.06	2008
50Y. Back	F	70-74	Ardeth McLeod	MT	1.00.37	2009
50Y. Back	F	75-79	Ardeth McLeod	AZ	1.04.40	2011
50Y. Back	F	80-84	Flora Wong	MT	1.09.31	2012
50Y. Back	M	50-54	Brent Faure	ID	0.34.56	2011
50Y. Back	M	55-59	Jim Green	WY	0.36.55	2003
50Y. Back	M	60-64	Richard Goers	UT	0.48.13	2004
50Y. Back	M	65-69	Jim Green	WY	0.36.35	2008
50Y. Back	M	70-74	Larry Larson	UT	0.43.20	2006
50Y. Back	M	75-79	Larry Larson	UT	0.44.15	2009
50Y. Back	M	80-84	Clinton Baxter	UT	1.02.00	2013

100Y. Back	F	55-59	Gloria Lambertz	MT	1.47.51	2011
100Y. Back	F	65-69	Margaret Collins	MT	2.22.19	2011
100Y. Back	F	75-79	Flora Wong	MT	2.20.07	2005
100Y. Back	F	80-84	Flora Wong	MT	2.38.28	2011
100Y. Back	F	85-89	Charoltte Sanddal	MT	3.02.10	2011
100Y. Back	M	50-54	Brent Faure	ID	1.14.20	2011
100Y. Back	M	55-59	Jim Green	WY	1.28.18	2003
100Y. Back	M	60-64	Mark Schanfein	ID	1.50.06	2012
100Y. Back	M	65-69	Bufe Morrison	TX	2.32.08	2007
100Y. Back	M	70-74	Clint Baxter	UT	2.03.31	2005
100Y. Back	M	75-79	Richard Kaiser	ID	1.48.16	2012
200Y. Back	F	60-64	Margaret Collins	MT	5.00.22	2008
200Y. Back	F	75-79	Flora Wong	MT	4.56.38	2005
200Y. Back	F	80-84	Flora Wong	MT	5.43.82	2012
200Y. Back	F	85-89	Charlotte Sanddal	MT	6.28.13	2011
200Y. Back	F	90-94	Charlotte Sanddal	MT	6.16.34	2012
200Y. Back	M	50-54	Brent Faure	ID	2.44.02	2011
200Y. Back	M	55-59	Jim Green	WY	3.11.23	2003
200Y. Back	M	60-64	Mark Schanfein	ID	3.51.53	2013
200Y. Back	M	65-69	Jim Green	WY	3.10.15	2008
200Y. Back	M	70-74	Larry Larson	UT	3.48.18	2006
200Y. Back	M	75-79	Donald Roberts	ID	4.09.00	2009
200Y. Back	M	80-84	Clinton Baxter	UT	5.03.13	2013
25Y. Breast	F	55-59	Marjie Kline	ID	0.20.38	2010
25Y. Breast	F	60-64	Stephanie Gill	ID	0.27.19	2008
25Y. Breast	F	65-69	Norie Garner	ID	0.30.12	2008
25Y. Breast	F	70-74	Ardith McLeod	MT	0.25.01	2009
25Y. Breast	F	75-79	Ardeth McLeod	AZ	0.28.16	2011
25Y. Breast	F	80-84	Jody Olson	ID	0.48.50	2010
25Y. Breast	M	50-54	Eric Johnson	UT	0.19.31	2012
25Y. Breast	M	55-59	Chris Mart	UT	0.20.30	2010
25Y. Breast	M	60-64	Curtis Hale	ID	0.20.06	2013
25Y. Breast	M	65-69	Bufe Morrison	TX	0.32.41	2008
25Y. Breast	M	70-74	Clintton Baxter	UT	0.22.58	2006
25Y. Breast	M	75-79	Richard Knight	MT	0.20.40	2010
25Y. Breast	M	80-84	Clinton Baxter	UT	0.24.43	2013
50Y. Breast	F	50-54	Laureen Kinnaman	ID	0.41.37	2012
50Y. Breast	F	55-59	RuthAnn Hubbard	ID	0.55.08	2009
50Y. Breast	F	60-64	Sandra Roberts	ID	1.10.42	2010
50Y. Breast	F	65-69	Norie Garner	ID	1.02.31	2005
50Y. Breast	F	70-74	Ardeth McLeod	MT	0.52.48	2009
50Y. Breast	F	75-79	Ardeth McLeod	AZ	1.01.53	2011
50Y. Breast	F	80-84	Charlotte Sanddal	MT	1.29.45	2005
50Y. Breast	M	50-54	Stephen Obert	ID	0.40.35	2011

50Y. Breast	M	55-59	Chris Mart	UT	0.47.71	2012
50Y. Breast	M	60-64	Richard F. Goers	UT	0.37.04	2004
50Y. Breast	M	65-69	David Dalebout	UT	1.54.59	2004
50Y. Breast	M	70-74	Clint Baxter	UT	0.49.47	2007
50Y. Breast	M	75-79	Richard Knight	MT	0.49.33	2010
50Y. Breast	M	80-84	Clinton Baxter	UT	0.55.46	2013
100Y. Breast	F	50-54	Dana Olson	ID	2.15.13	2010
100Y. Breast	F	55-59	RuthAnn Hubbard	ID	2.05.15	2010
100Y. Breast	F	60-64	Janet Getting	ID	1.28.03	2009
100Y. Breast	F	65-69	Norie Garner	ID	2.22.04	2008
100Y. Breast	F	70-74	Sondra Schuwist	ID	2.26.56	2008
100Y. Breast	F	75-79	Jody Olson	ID	3.36.91	2006
100Y. Breast	F	80-84	Charlotte Sanddal	MT	3.30.61	2005
100Y. Breast	F	85-89	Charlotte Sanddal	MT	3.15.08	2009
100Y. Breast	F	90-94	Charlotte Sanddal	MT	3.57.18	2012
100Y. Breast	M	50-54	Chris Mart	UT	2.29.60	2009
100Y. Breast	M	55-59	Chris Mart	UT	2.11.72	2012
100Y. Breast	M	60-64	Richard F. Goers	UT	1.28.92	2004
100Y. Breast	M	70-74	Clinton Baxter	UT	1.58.87	2004
100Y. Breast	M	75-79	Richard Knight	MT	1.43.03	2010
100Y. Breast	M	80-84	Al Maguire	ID	2.11.00	2007
200Y. Breast	F	60-64	Janet Getting	ID	3.23.03	2009
200Y. Breast	F	65-69	Lou Baxter	UT	5.00.24	2008
200Y. Breast	F	75-79	Ruth Harrop	ID	8.59.47	2005
200Y. Breast	F	80-84	Charlotte Sandall	MT	7.11.63	2005
200Y. Breast	F	85-89	Charlotte Sandall	MT	7.39.30	2008
200Y. Breast	F	90-94	Charlotte Sandall	MT	8.10.37	2012
200Y. Breast	M	50-54	Stephen Obert	ID	3.16.2	2009
200Y. Breast	M	55-59	Chris Mart	UT	4.35.23	2013
200Y. Breast	M	60-64	Richard F. Goers	UT	3.27.72	2004
200Y. Breast	M	70-74	Clinton Baxter	UT	4.04.68	2007
200Y. Breast	M	75-79	Richard Knight	MT	3.48.47	2010
200Y. Breast	M	80-84	Clinton Baxter	UT	4.36.99	2013
25Y Fly	F	55-59	Gloria Lambertz	MT	0.20.43	2011
25Y. Fly	F	70-74	Ardeth McLeod	MT	2.26.03	2009
25Y. Fly	F	75-79	Ardeth McLeod	AZ	0.26.25	2011
25Y. Fly	F	80-84	Jody Olson	ID	0.43.06	2010
25Y. Fly	M	50-54	John Fitzpatrick	ID	0.15.82	2012
25Y. Fly	M	55-59	Chris Mart	UT	0.18.07	2010
25Y. Fly	M	60-64	Kelsey Williams	UT	0.15.36	2008
25Y. Fly	M	65-69	Jim Demet	UT	0.22.09	2005
25Y. Fly	M	70-74	Bufe Morrison	TX	0.35.33	2009
25Y. Fly	M	75-79	Jim Demet	UT	0.23.03	2012

50Y. Fly	F	60-64	Janet Getting	ID	0.36.22	2009
50Y. Fly	F	65-69	Martaret Collins	MT	1.09.08	2011
50Y. Fly	F	70-74	Ardeth McLeod	MT	0.36.22	2009
50Y. Fly	F	75-79	Ardeth McLeod	Az	1.00.59	2011
50Y. Fly	F	80-84	Charlotte Sanddal	MT	1.22.02	2006
50Y. Fly	F	85-89	Charlotte Sanddal	MT	1.24.16	2011
50Y. Fly	M	50-54	John Fitzpatrick	ID	0.37.10	2012
50Y. Fly	M	55-59	Jim Green	WY	0.36.33	2003
50Y. Fly	M	60-64	Kelsey Williams	UT	0.34.06	2008
50Y. Fly	M	70-74	Jim DeMet	UT	0.57.09	2004
50Y. Fly	M	75-79	Richard Kaiser	ID	0.57.43	2012
50Y. Fly	M	80-84	Al Maguire	ID	1.04.40	2007
100Y. Fly	F	55-59	Robin Piet	ID	1.42.75	2012
100Y. Fly	F	65-69	Lou Baxter	UT	2.46.04	2007
100Y. Fly	F	70-74	Jody Olson	ID	2.53.00	2003
100Y. Fly	F	75-79	Jody Olson	ID	3.09.06	2005
100Y. Fly	M	50-54	Chris Mart	UT	1.47.05	2009
100Y. Fly	M	55-59	Chris Mart	UT	1.48.19	2013
100Y. Fly	M	75-79	Al Maguire	ID	2.20.10	2006
100Y. Fly	M	80-84	Al Maguire	ID	2.32.50	2007
25Y. Free	F	50-54	Laureen Kinnaman	ID	0.14.57	2012
25Y. Free	F	55-59	Margie Kline	ID	0.15.03	2009
25Y. Free	F	60-64	Angela Luckey	ID	0.18.05	2004
25Y. Free	F	65-69	Angela Luckey	ID	0.19.00	2011
25Y. Free	F	70-74	Ardeth McLeod	MT	0.22.06	2009
25Y. Free	F	75-79	Ardeth McLeod	AZ	0.20.22	2011
25Y. Free	F	80-84	Jody Olson	ID	0.31.09	2010
25Y. Free	M	50-54	Gary Azevedo	ID	0.14.04	2009
25Y. Free	M	55-59	Chris Mart	UT	0.15.18	2011
25Y. Free	M	60-64	Kelsey Williams	UT	0.14.31	2008
25Y. Free	M	65-69	Jim Green	WY	0.14.06	2008
25Y. Free	M	70-74	Clint Baxter	<u>UT</u>	0.17.03	2007
25Y. Free	M	75-79	Larry Larson	Ut	0.16.09	2011
25Y. Free	M	80-84	Clinton Baxter	UT	0.17.88	2013
25Y. Free	M	85-89	Ivan Haskell	ID	2.52.09	2010
50Y. Free	F	50-54	Laureen Kinnaman	ID	0.32.18	2012
50Y. Free	F	55-59	Margie Kline	ID	0.33.53	2009
50Y. Free	F	60-64	Norie Garner	ID	0.44.50	2004
50Y. Free	F	65-69	Norie Garner	ID	0.47.21	2005
50Y. Free	F	70-74	Ardeth McLeod	MT	0.50.03	2009
50Y. Free	F	75-79	Ardeth McLeod	AZ	0.54.09	2011
50Y. Free	F	80-84	Flora Wang	MT	0.59.22	2012
50Y Free	F	85-89	Charlotte Sanddal	MT	1.26.22	2007

50Y. Free	M	50-54	Brent Faure	ID	0.29.27	2011
50Y. Free	M	55-59	Jim Green	WY	0.31.01	2003
50Y. Free	M	60-64	Kelsey Williams	UT	0.32.20	2008
50Y. Free	M	65-69	Howard Bethel	MT	0.34.32	2003
50Y. Free	M	70-74	Clint Baxter	UT	0.38.21	2007
50Y. Free	M	75-79	Richard Knight	MT	0.35.56	2010
50Y. Free	M	80-84	Clint Baxter	UT	0.41.70	2013
50Y. Free	M	85-89	Ivan Haskell	ID	4.36.05	2010
100Y. Free	F	50-54	Laureen Kinnaman	ID	1.11.56	2012
100Y. Free	F	55-59	Margie Kline	ID	1.13.05	2009
100Y. Free	F	60-64	Janet Getting	ID	1.13.04	2009
100Y. Free	F	65-69	Norrie Garner	ID	1.57.18	2008
100Y. Free	F	70-74	Ardeth McLeod	MT	2.01.00	2009
100Y. Free	F	75-79	Flora Wong	MT	2.02.26	2005
100Y. Free	F	80-84	Flora Wong	MT	2.17.07	2011
100Y. Free	F	85-89	Charlotte Sanddal	MT	2.36.09	2009
100Y. Free	F	90-94	Charlotte Sanddal	MT	2.49.34	2012
100Y. Free	M	50-54	Brent Faure	ID	1.07.26	2011
100Y. Free	M	55-59	Jim Green	WY	1.17.18	2003
100Y. Free	M	60-64	Curtis Hale	ID	1.21.87	2013
100Y. Free	M	65-69	Jim Green	WY	1.13.21	2008
100Y. Free	M	70-74	David Fortsch	ID	1.24.13	2007
100Y. Free	M	75-79	Larry Larson	UT	1.29.47	2008
200Y. Free	F	55-59	Gloria Lambertz	MT	3.08.07	2011
200Y. Free	F	60-64	Angela Luckey	ID	3.58.24	2004
200Y. Free	F	65-69				
200Y. Free	F	70-74	Jody Olson	ID	4.23.04	2003
200Y. Free	F	75-79	Flora Wong	MT	4.19.19	2005
200Y. Free	F	80-84	Charlotte Sanddal	MT	4.47.32	2006
200Y. Free	F	85-89	Charlotte Sanddal	MT	5.37.44	2008
200Y. Free	F	90-94	Charlotte Sanddal	MT	5.46.83	2012
200Y. Free	M	50-54	Gary Azevedo	ID	2.29.45	2010
200Y. Free	M	55-59	Jim Green	WY	2.42.09	2003
200Y. Free	M	60-64	Curtis Hale	ID	3.09.63	2013
200Y. Free	M	65-69	David Fortsch	ID	3.00.59	3003
200Y. Free	M	70-74	David Fortsch	ID	3.00.31	2004
200Y. Free	M	75-79	Jim DeMet	UT	3.56.08	2010
200Y. Free	M	80-84	Clinton Baxter	UT	3.54.66	2013
500Y. Free	F	50-54	Dawn Fitzpatrick	ID	11.12.53	2012
500Y. Free	F	55-59	Robin Piet	ID	7.56.02	2009
500Y. Free	F	60-64	Olive Bulkey	UT	10.34.72	2012
500Y. Free	F	65-69	Lou Baxter	UT	10.48.00	2008
500Y. Free	F	75-79	Flora Wong	MT	11.29.16	2005
500Y. Free	F	80-84	Flora Wong	MT	12.39.14	2011

500Y. Free	F	85-89	Charlotte Sanddal	Mt	15.02.06	2008
500Y. Free	M	50-54	Brent Faure	ID	6.45.11	2011
500Y. Free	M	55-59	Jim Green	WY	8.26.52	2003
500Y. Free	M	60-64	Curtis Hale	ID	8.36.01	2013
500Y. Free	M	65-69	David Fortsch	ID	7.59.28	2003
500Y. Free	M	70-74	David Fortsch	ID	7.58.05	2004
500Y. Free	M	75-79	Richard Kaiser	ID	10.18.97	2013
800Y. Free	F	55-59	Robin Piet	ID	13.26.62	2012
800Y. Free	F	60-64	Olive Bulkley	UT	17.25.69	2012
800 Y. Free	F	80-85	Jody Olson	ID	24.53.53	2012
800Y, Free	F	85-89	Charlotte Sanddal	MT	26.43.77	2011
800Y. Free	F	90-94	Charlotte Sanddal	MT	26.33.62	2012
800Y, Free	M	50-54	Brent Faure	ID	11.04.47	2011
800Y, Free	M	55-59	Chris Mart	UT	15.34.06	2010
800Y, Free	M	60-64	Lee Michael	ID	14.21.10	2012
800Y, Free	M	65-69	Greg Anderson	ID	22.10.47	2012
800Y, Free	M	75-79	Richard Kaiser	ID	17.27.52	2013
1650Y. Free	F	50-54	Jan Harwood	ID	33.14.47	2004
1650Y. Free	F	55-59	Robin Piet	ID	26.50.04	2009
1650Y. Free	F	60-64	Olive Bulkley	UT	35.40.11	2012
1650Y. Free	F	65-69	Lou Baxter	UT	34.58.00	2006
1650Y. Free	F	75-79	Ruth Harrop	ID	1:06.58.00	2005
1650Y. Free	M	50-54	Brent Faure	ID	23.45.47	2011
1650Y. Free	M	55-59	Chris Mart	UT	31.14.06	2012
1650Y. Free	M	60-64	Curtis Hale	ID	31.09.33	2013
1650Y. Free	M	65-69	Greg Anderson	ID	45.48.00	2011
1650Y. Free	M	70-74	David Fortsch	ID	27.19.33	2004
1650Y. Free	M	75-79	Richard Kaiser	ID	33.56.00	2012
100Y. IM	F	50-54	Laureen Kinnaman	ID	1.25.53	2012
100Y. IM	F	55-59	Gloria Lambertz	MT	1.46.29	2011
100Y. IM	F	60-64	Janet Gettling	ID	1.23.56	2009
100Y. IM	F	65-69	Lou Baxter	UT	2.12.39	2008
100Y. IM	F	70-74	Ardeth McLeod	MT	2.04.05	2009
100Y. IM	F	75-79	Ardeth McLeod	AZ	2.11.21	2011
100Y. IM	F	80-84	Flora Wong	MT	3.07.85	2012
100Y. IM	F	85-89	Charlotte Sanddal	MT	3.04.41	2008
100Y. IM	F	90-94	Charlotte Sanddal	MT	3.15.41	2012
100Y. IM	M	50-54	John Fitzpatrick	ID	1.28.09	2012
100Y. IM	M	55-59	Jim Green	WY	1.31.30	2003
100Y. IM	M	60-64	Richard F. Goers	UT	2.24.19	2004
100Y. IM	M	70-74	Craig Walker	ID	2.47.71	2013
100Y. IM	M	75-79	Richard Kaiser	ID	1.55.81	2012
100Y. IM	M	80-84	Al Maguire	ID	2.19.09	2007

200Y. IM	F	55-59	Robin Piet	ID	3.24.00	2009
200Y. IM	F	60-64	Janet Getting	ID	3.06.02	2009
200Y. IM	F	65-69	Lou Baxter	UT	4.48.33	2006
200Y. IM	F	70-74	Jody Olson	ID	5.19.19	2003
200Y. IM	F	75-79	Ardeth McLeod	AZ	4.44.19	2011
200Y. IM	F	80-84	Flora Wong	MT	6.42.91	2012
200Y. IM	F	85-89	Charlotte Sanddal	MT	6.59.04	2011
200Y. IM	F	90-94	Charlotte Sanddal	MT	6.38.37	2012
200Y. IM	M	50-54	Chris Mart	UT	4.09.24	2008
200Y. IM	M	55-59	Chris Mart	UT	3.52.53	2012
200Y. IM	M	70-74	Craig Walker	ID	6.28.73	2013
200Y. IM	M	75-79	Al Maguire	ID	4.57.20	2006

25Y. Side	F	55-59	RuthAnn Hubbard	ID	0.26.37	2010
25Y. Side	F	60-64	Sandra Roberts	ID	0.29.58	2008
25Y. Side	F	65-69	Lou Baxter	UT	0.25.17	2006
25Y. Side	F	70-74	Jody Olson	ID	0.36.20	2004
25Y. Side	F	75-79	Jody Olson	ID	0.35.22	2006
25Y. Side	F	80-84	Jody Olson	ID	0.39.28	2010
25Y. Side	M	50-54	Gary Azevedo	ID	0.18.00	2010
25Y. Side	M	55-59	Chris Mart	ID	0.20.67	2013
25Y. Side	M	60-64	Curtis Hale	ID	0.19.78	2013
25Y. Side	M	65-69	Bufe, Morrison	TX	0.25.50	2008
25Y. Side	M	70-74	Clinton Baxter	UT	0.21.45	2007
25Y. Side	M	75-79	Larry Larson	UT	0.22.33	2009
25Y. Side	M	80-84	Clinton Baxter	UT	0.20.53	2013

50Y. Side	F	55-59	RuthAnn Hubbard	ID	1.05.07	2009
50Y. Side	F	60-64	Donna Rogers	ID	1.03.06	2005
50Y. Side	F	65-69	Lou Baxter	UT	1.01.06	2008
50Y. Side	F	70-74	Jody Olson	ID	1.18.29	2004
50Y. Side	F	75-79	Ruth Harrop	ID	1.49.14	2005
50Y. Side	F	80-84	Jody Olson	ID	1.19.35	2010
50Y. Side	M	50-54	Ron Endo	ID	0.39.43	2007
50Y. Side	M	55-59	Bruce Potter	ID	0.49.19	2008
50Y. Side	M	60-64	Bruce Potter	ID	0.50.09	2009
50Y. Side	M	65-69	Bufe Morrison	TX	1.00.16	2008
50Y. Side	M	70-74	Clinton Baxter	UT	0.49.57	2007
50Y. Side	M	75-79	Larry Larson	UT	0.49.19	2008
50Y. Side	M	80-84	Clinton Baxter	UT	0.56.94	2013

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50M. Dash	F	50-54	Micquelene Alvarez	ID	0.9.85	2013
50M. Dash	F	55-59	Mona Marble	WY	0.12.09	2011
50M. Dash	F	60-64	Mona Marble	WY	0.12.02	2012
50M. Dash	F	65-69	Lane Marie Long	ID	0.12.59	2010
50M. Dash	F	70-74	Jody Olson	ID	0.14.22	2006

50M. Dash	F	75-79	Carol Phillips	ID	0.16.14	2009
50M. Dash	F	80-84	Carol Phillips	ID	0.18.34	2012
50M. Dash	M	50-54	Troy Rezendes	ID	0.06.76	2012
50M. Dash	M	55-59	Marvin Orrock	UT	0.06.46	2011
50M. Dash	M	60-64	Ken Wright	ID	0.07.09	2009
50M. Dash	M	65-69	Darrin Pugmire	ID	0.07.06	2009
50M. Dash	M	70-74	John Gustafson	UT	0.07.14	2010
50M. Dash	M	75-79	Gordon Scheffner	UT	0.08.22	2009
50M. Dash	M	80-84	Claude Long	ID	0.08.45	2010
50M. Dash	M	85-89	Ivan Haskell	ID	0.39.24	2010
100M. Dash	F	50-54	Caralee Workman	ID	0.19.17	2013
100M. Dash	F	60-64	Susan B Hill	UT	0.19.70	2012
100M. Dash	F	65-69	Lane Marie Long	ID	0.27.16	2010
100M. Dash	F	70-74	Kumi Horiuchi	CO	0.13.27	2011
100M. Dash	F	75-79	Jody Olson	ID	0.28.16	2005
100M. Dash	M	50-54	Troy Rezendes	ID	0.12.97	2012
100M. Dash	M	55-59	Ivan Moody	ID	0.12.87	2013
100M. Dash	M	60-64	John Galazin	ID	0.13.35	2006
100M. Dash	M	65-69	Darwin Pugmire	ID	0.14.09	2010
100M. Dash	M	70-74	John Gustafson	UT	0.13.20	2010
100M. Dash	M	75-79	Bill Platts	ID	0.15.17	2005
100M. Dash	M	80-84	Bill Platts	ID	0.15.91	2012
200M. Dash	F	60-64	Susan B Hill	UT	0.43.47	2012
200M. Dash	F	70-74	Jody Olson	ID	0.59.15	2003
200M. Dash	F	75-79	Jody Olson	ID	1.00.10	2005
200M. Dash	M	50-54	Scott Bailey	ID	0.21.00	2009
200M. Dash	M	55-59	Marlow Goble	UT	0.27.55	2006
200M. Dash	M	60-64	John Galazin	ID	0.27.05	2006
200M. Dash	M	65-69	Darwin Pugmire	ID	0.31.01	2010
200M. Dash	M	70-74	John Gustafson	UT	0.29.32	2010
200M. Dash	M	75-79	Bill Platts	ID	0.31.17	2005
200M. Dash	M	80-84	Gordon Scheffner	UT	0.38.80	2013
400M. Run	F	50-54	Lynn Oliver	ID	2.13.07	2009
400M. Run	F	60-64	Lou Baxter	UT	2.09.17	2004
400M. Run	F	65-69	Mary Morrison	TX	2.12.09	2009
400M. Run	F	70-74	Jody Olson	ID	2.07.04	2003
400M. Run	F	75-79	Jody Olson	ID	2.28.40	2005
400M. Run	M	50-54	Wayne Lott	ID	1.05.44	2013
400M. Run	M	55-59	Richard Jolley	ID	1.05.99	2013
400M. Run	M	60-64	John Galazin	ID	1.02.01	2006
400M. Run	M	65-69	Darwin Pugmire	ID	1.09.25	2010
400M. Run	M	70-74	John Gustafson	UT	1.07.00	2010
400M. Run	M	75-79	David Dalebout	UT	1.38.99	2013

400M Race Walk	F	55-59	Janet Zahn	WY	3.15.00	2010
400M Race Walk	F	60-64	Sondra Dunkle	ID	2.57.0	2010
400M Race Walk	F	65-69	Dorothy Huston	UT	2.40.00	2005
400M Race Walk	M	50-54	Eric Johnson	UT	1.40.97	2013
400M Race Walk	M	60-64	J.C. Sanford	TX	2.21.09	2006
400M Race Walk	M	65-69	J.C. Sanford	TX	2.12.06	2008
400M Race Walk	M	70-74	Louie Osuna	ID	2.18.05	2005
400M Race Walk	M	75-79	Louie Osuna	ID	2.24.27	2011
400M Race Walk	M	80-84	Bill Platts	ID	2.46.02	2012
800M. Run	F	50-54	Caralee Workman	ID	5.26.00	2013
800M. Run	F	55-59	Cindy Albers	ID	4.29.00	2009
800M. Run	F	60-64	Susan B Hill	UT	4.20.10	2012
800M. Run	F	65-69	Lou Baxter	UT	4.40.00	2006
800M. Run	F	70-74	Jody Olson	ID	4.51.28	2003
800M. Run	F	75-79	Jody Olson	ID	5.05.08	2005
800M. Run	M	50-54	Scott Bailey	ID	2.20.20	2010
800M. Run	M	55-59	Brian Janssen	ID	2.35.00	2011
800M. Run	M	60-64	John Galazin	ID	2.42.19	2004
800M. Run	M	65-69	John Haney	UT	2.27.00	2011
800M. Run	M	70-74	John Gustafson	UT	2.51.40	2010
800M. Run	M	75-79	Dale Perkins	UT	3.14.77	2012
800M.Est.Walk	F	50-54	Susan Sanford	TX	0.22.0	2006
800M.Est.Walk	F	60-64	Sondra Dunkle	ID	0.15.0	2009
800M.Est.Walk	F	65-69	Mary Morrison	TX	0.05.0	2009
800M.Est.Walk	F	70-74	Jody Olson	ID	0.27.0	2004
800M.Est.Wail	M	50-54	Eric Johnson	UT	0.02.07	2012
800M.Est.Wail	M	60-64	J.C. Sanford	TX	0.12.0	2006
800M. Est. Walk	M	70-74	Michael Vaughn	ID	0.01.20	2012
800M. Est. Walk	M	75-79	Louie Osuna	ID	0.11.0	2010
1500M. Run	F	60-64	Susan B Hill	UT	8.31.05	2012
1500M. Run	F	65-69	Lou Baxter	UT	9.01.00	2006
1500M. Run	F	70-74	Jody Olson	ID	9.14.00	2003
1500M. Run	F	75-79	Jody Olson	ID	10.30.50	2005
1500M. Run	M	50-54	Scott Bailey	ID	5.14.16	2010
1500M. Run	M	55-59	Clyde Gooddrich	ID	5.15.00	2013
1500M. Run	M	60-64	Gordon Dixon	ID	6.17.30	2005
1500M. Run	M	65-69	Doug Leslie	ID	7.34.00	2010
1500M. Run	M	70-74	John Gustafson	UT	6.31.00	2010
1500M. Run	M	75-79	Dale Perkins	UT	6.10.00	2010
1500M Race Walk	F	50-54	Susan Sanford	TX	14.26.0	2006
1500M Race Walk	F	60-64	Lynn Mertz	SD	10.39.0	2008
1500M Race Walk	F	65-69	Mary Morrison	TX	10.44.0	2008
1500M Race Walk	F	70-74	Donna Boe	ID	11.31.0	2005

1500M Race Walk	M	50-54	Eric Johnson	UT	07.58.1	2012
1500M Race Walk	M	60-64	Paul DeLong	ID	09.54.0	2005
1500M Race Walk	M	65-69	Paul DeLong	ID	09.34.0	2011
1500M Race Walk	M	70-74	Paul DeLong	ID	09.40.0	2013
1500M Race Walk	M	75-79	Preston Bell	ID	11.19.0	2005

### **FUN RUN/WALK**

5K Run	F	50-54	Maita Worthington	ID	0.23.40	2006
5K Run	F	55-59	Celia Simmons	ID	0.31.41	2008
5K Run	F	60-64	Sandra Smith	ID	28.11.1	2013
5K Run	F	65-69	Lou Baxter	UT	0.30.25	2006
5K Run	F	70-75	Lou Baxter	UT	0.27.59	2008
5K Run	M	50-54	Scott Bailey	ID	0.19.18	2009
5K Run	M	55-59	Scott Stone	ID	0.22.00	2005
5K Run	M	60-64	Robert Jones	ID	20.48.7	2012
5K Run	M	65-69	Alan Crockett	ID	21.43.6	2012
5K Run	M	70-74	Dan Hammond	ID	26.33.1	2011
5K Run	M	75-79	Don Huston	UT	0.40.35	2006

10K Run	F	50-54	Diane Nelson	ID	42.00.3	2012
10K Run	F	55-59	Marita Worthington	ID	0.47.16	2011
10K Run	F	60-64	Lyla Wolfenberger	ID	01:06.1	2008
10K Run	M	50-54	Steven Wheeler	ID	0.38.44	2007
10K Run	M	55-59	Mike Berberian	ID	0.38.28	2005
10K Run	M	60-64	Mike Berberian	ID	0.40.25	2009
10K Run	M	65-69	Lowell Hawkes	ID	44.59.0	2009
10K Run	M	70-74	Lowell Hawkes	ID	56.35.0	2013

<b>WALK</b>	F	50-54	Donna Davis	ID	15.37.9	2012
2.5K Walk	F	55-59	Margatey Jacobs	ID	19.48.05	2009
2.5K Walk	F	60-64	Dorothy Romriell	ID	16.03.3	2012
2.5K Walk	F	65-69	Charlene Young	ID	21.15.0	2011
2.5K Walk	F	80-84	Kimi Tominaga	ID	22.05.0	2008
2.5K Walk	F	85-89	Marjorie Holsapfel	ID	33.42.7	2013
2.5K Walk	M	50-54	Steven Dahms	ID	15.10.4	2013
2.5K Walk	M	55-59	Robert Ward	ID	20.42.3	2013
2.5K Walk	M	60-64	Doug Alley	ID	19.36.02	2009
2.5K Walk	M	65-69	Allan Christelow	ID	21.04.9	2012
2.5K Walk	M	70-74	Joe Garcia	ID	18.43.0	2004
2.5K Walk	M	75-79	Mark Sawyer	ID	19.13.8	2013
2.5K Walk	M	80-84	Mark Olson	ID	1:04.07.6	2011

5K Walk	F	50-54	Linda Buchli	ID	0.35.19	2009
5K Walk	F	55-59	Sandra Smith	ID	0.34.24	2008
5K Walk	F	60-64	Denise Burgoon	ID	37.10.2	2012
5K Walk	F	65-69	Gay Kidd	ID	0.38.35	2004
5K Walk	F	70-74	Gay Kidd	ID	0.39.37	2008

5K Walk	F	75-79	Delores Sample	ID	0.48.59	2006
5K Walk	F	80-84	Delores Sample	ID	0.48.03	2008
5K Walk	M	50-54	Richard Mangum	ID	0.33.56	2011
5K Walk	M	55-59	Richard Mangum	ID	0.34.02	2012
5K Walk	M	60-64	Dennis Armstrong	ID	0.34.39	2005
5K Walk	M	65-69	Mike Berberian	ID	28.13.7	2012
5K Walk	M	70-74	Doug Lislie	ID	28.58.8	2012
5K Walk	M	75-79	Robert Goettsch	ID	0.37.53	2007
5K Walk	M	80-84	Robert Goettsch	ID	0.33.45	2008
10K Walk	F	50-54	Diane Nelson	ID	01:17:0	2013
10K Walk	F	55-59	Meg Long	ID	01:08:2	2013
10K Walk	F	60-64	Holly Cree	ID	01:17:1	2013
10K Walk	F	65-69	Mary Gladwin	ID	01:36:3	2013
10K Walk	F	70-74	Barbara Bain	ID	01:36:3	2013
10K Walk	M	50-54	Chris Severson	ID	01:30.5	2008
10K Walk	M	55-59	Chris Davis	ID	01:19:2	2013
10K Walk	M	60-64	Paul DeLong	ID	01:04.3	2007
10K Walk	M	65-69	Paul DeLong	ID	01:06.4	2008
10K Walk	M	70-74	David Treasure	ID	01:30.5	2007
<b>FIELD</b>						
Pole Vault	F	60-64	Susan B. Hill	UT	3'0"	2012
Pole Vault	M	55-59	Don Perry	UT	6-06.00	2007
Pole Vault	M	60-64	Bruce Perkins	ID	9'	2010
Pole Vault	M	65-69	Mardon Connelly	NV	8'6"	2010
Pole Vault	M	70-74	Mardon Connelly	NV	8'0"	2011
Pole Vault	M	75-79	Ralph Reiche	UT	5'0"	2012
Hammer Throw	M	50-54	Chuck Ewing	ID	81'02".5	2008
Hammer Throw	M	55-59	James Vook	ID	84'1"	2012
Hammer Throw	M	60-64	Howie Kellogg	WA	114'04"	2007
Hammer Throw	M	65-69	J.C. Sanford	TX	81'02".5	2008
Hammer Throw	M	70-74	Murdo Campbell	MT	87'08"	2007
Hammer Throw	M	75-79	Leo Long	CA	34'10"	2007
Hammer Throw	M	80-84	Bill Platts	ID	63'3"	2012
Hammer Throw	M	85-89	John Jensen	ID	49'02"	2008
Discus	F	55-59	Janet Zahn	WY	49'11"	2009
Discus	F	60-64	Mona Marble	WY	27'0"	2012
Discus	F	65-69	Mary Morrison	TX	34'8"	2009
Discus	F	70-79	Kumi Horiuchi	Co	32'6.5"	2011
Discus	M	50-54	Robert Smith	UT	111'04"	2005
Discus	M	55-59	Marvin Orrock	UT	125'9"	2010
Discus	M	60-64	Marvin Orrock	UT	134' 10-3/4"	2013
Discus	M	65-69	Lonnie Harwood	WY	101'5"	2012
Discus	M	70-74	Mike Haigwood	NV	98'1"	2012

Discus	M	75-79	Bill Platts	ID	94'09"	2007
Discus	M	80-84	Bill Platts	ID	87'7"	2012
Discus	M	85-89	John Jensen	ID	59'0"	2009
Discus	M	90-94	John Jensen	ID	50'7"	2013
High Jump	F	50-54	Caralee Workman	ID	3'4"	2013
High Jump	F	60-64	Susan B Hill	UT	3'4"	2012
High Jump	M	50-54	Rob Schenk	UT	5'8"	2006
High Jump	M	55-59	Marvin Orrock	UT	5'2"	2011
High Jump	M	60-64	Marvin Orrock	UT	4'9"	2013
High Jump	M	65-69	John Gustafson	UT	4'07"	2008
High Jump	M	70-74	John Gustafson	UT	4'6"	2012
High Jump	M	75-79	Ralph Reiche	UT	4'0"	2012
High Jump	M	80-84	Clinton Baxter	UT	3'8"	2013
Javelin	F	50-54	Christie Johnson	UT	50'9"	
Javelin	F	55-59	Sally Mart	UT	62'5"	2009
Javelin	F	60-64	Christie Johnson	UT	64'6"	2011
Javelin	F	65-69	Christie Johnson	UT	66'4"	2012
Javelin	F	70-74	Kumi Horiuchi	CO	32'3.5"	2011
Javelin	M	50-54	Jerry Ropelato	UT	118'4"	2008
Javelin	M	55-59	Terry Kerr	ID	104'2"	2008
Javelin	M	60-64	Bruce Jones	MT	112'4"	2007
Javelin	M	65-69	Dennis Rider	NV	121'5"	2009
Javelin	M	70-74	Malcolm Russell	ID	122'2"	2008
Javelin	M	75-79	Bill Platts	ID	124'6"	2007
Javelin	M	80-84	Bill Platts	ID	106'7"	2012
Javelin	M	85-89	John Jensen	ID	45'7"	2010
Javelin	M	90-94	John Jensen	ID	37'2"	2013
Softball Throw	F	50-54	Caralee Workman	ID	111'0"	2013
Softball Throw	F	55-59	Christie Johnson	UT	114'00"	2005
Softball Throw	F	60-64	Christie Johnson	UT	110'11"	2007
Softball Throw	F	65-69	Mary Morrison	TX	61'8"	2008
Softball Throw	F	70-74	Carol Phillips	ID	75'5"	2006
Softball Throw	F	75-79	Carol Phillips	ID	65'10"	2010
Softball Throw	F	80-84	Carol Phillips	ID	53'4"	2013
Softball Throw	M	50-54	Robert Smith	UT	203'3"	2005
Softball Throw	M	55-59	James Vook	ID	196'5"	2012
Softball Throw	M	60-64	Jerry Sepich	ID	190'3"	2010
Softball Throw	M	65-69	Kenneth Nelson	UT	180'4"	2012
Softball Throw	M	70-74	Malcolm Russell	ID	180'5"	2008
Softball Throw	M	75-79	Bill Platts	ID	130'5"	2005
Softball Throw	M	80-84	Bill Platts	ID	118'10"	2012
Softball Throw	M	85-89	John Jensen	ID	76'8"	2008
Softball Throw	M	90-94	John Jensen	ID	53'3"	2013

Stand.Long Jump	F	50-54	Susan Sanford	TX	4'8 1/2"	2008
Stand.Long Jump	F	55-59	Mona Marble	WY	4'9"	2011
Stand.Long Jump	F	60-64	Mona Marble	WY	4.6"	2012
Stand.Long JumpF	F	70-75	Kumi Horiuchi	CO	4' 4.5"	2011
Stand.Long Jump	M	50-54	Jerry Ropelato	UT	8'5 1/2"	2010
Stand.Long Jump	M	55-59	Marvin Orrock	UT	8'4"	2010
Stand.Long Jump	M	60-64	Marvin Orrock	UT	8' 1"	2013
Stand.Long Jump	M	65-69	Doug Spainhower	UT	7'11"	2004
Stand.Long Jump	M	70-74	John Gustafson	UT	7'5"	2012
Stand.Long Jump	M	75-79	Ralph Reiche	UT	6'6 1/2"	2012
Stand.Long Jump	M	80-84	James Moorhead	ID	5' 7.25"	2008
Long Jump	F	50-54	Caralee Workman	IF	8'8"	2013
Long Jump	F	55-59	Mona Marble	WY	5'7"	2011
Long Jump	F	60-64	Mona Marble	WY	5'0"	2012
Long Jump	M	50-54	Don Perry	UT	15'3"	2005
Long Jump	M	55-59	Dale Madsen	ID	16'2"	2006
Long Jump	M	60-64	John Galazin	ID	14'1"	2004
Long Jump	M	65-69	Doug Spainhower	UT	14'7"	2004
Long Jump	M	70-74	John Gustafson	UT	13'9"	2010
Long Jump	M	75-79	Gordon Scheffner	UT	10'2 1/2"	2008
Long Jump	M	80-84	Frank Condie	UT	8'5 1/2"	2008
Shot Put	F	50-54	Micquelene Alvarez	ID	24'10"	2013
Shot Put	F	55-59	Janet Zahn	WY	17'11 3/4"	2010
Shot Put	F	60-64	Susan B. Hill	Ut	21'2"	2012
Shot Put	F	65-69	Rita Plank	NV	17'6"	2004
Shot Put	F	70-74	Kumi Horiuchi	CO	13'9.5"	2011
Shot Put	F	75-79	Jody Olson	ID	13'5"	2007
Shot Put	M	50-54	Jerry Ropelato	UT	37'5"	2008
Shot Put	M	55-59	Marvin Orrock	UT	40'10 3/4"	2010
Shot Put	M	60-64	Bruce Jones	MT	40'77/5"	2007
Shot Put	M	65-69	Lonnie Haewood	WY	34' 4 1/2"	2012
Shot Put	M	70-74	William Head	ID	33'2"	2012
Shot Put	M	75-79	Armand Zahn	WY	29'7"	2012
Shot Put	M	80-84	Bill Platts	ID	32' 5 1/2"	2012
Shot Put	M	85-89	John Jensen	ID	22'00"	2008
Shot Put	M	90-94	John Jensen	ID	19'2"	2013
Football Throw	F	50-54	Micquelene Alvarez	ID	76'0"	2013
Football Throw	F	55-59	Christie Johnston	UT	75'2"	2006
Football Throw	F	60-64	Christie Johnston	UT	74'1"	2011
Football Throw	F	65-69	Christie Johnston	UT	74' 8 1/2"	2012
Football Throw	F	70-74	Carol Phillips	ID	48'8"	2006
Football Throw	F	75-79	Carol Phillips	ID	43'10"	2009
Football Throw	F	80-84	Carol Phillips	ID	35' 8"	2013

Football Throw	M	50-54	Jerry Ropelato	UT	144'5"	2010
Football Throw	M	55-59	Marvin Orrock	UT	125'11"	2010
Football Throw	M	60-64	Jack Way	ID	128'10"	2013
Football Throw	M	65-69	Armand Zahn	WY	114'10"	2003
Football Throw	M	70-74	Malcolm Russell	ID	123'10"	2007
Football Throw	M	75-79	Bill Platts	ID	106'1"	2005
Football Throw	M	80-84	Bill Platts	ID	81'4"	2012
Football Throw	M	85-89	John Jensen	ID	49'4"	2010

Triple Jump	F	50-54	Susan Sanford	TX	13'6"	2006
Triple Jump	M	50-54	Daniel Scamehorn	NE	33'1"	2010
Triple Jump	M	55-59	Don Perry	UT	31'5"	2009
Triple Jump	M	60-64	John Galazin	ID	31'6"	2006
Triple Jump	M	65-69	John Gustafson	UT	28'5 1/2"	2008
Triple Jump	M	70-74	John Gustafson	UT	29'15"	2010
Triple Jump	M	75-79	Doug Spainhower	UT	26'11"	2009
Triple Jump	M	80-84	Frank Condie	UT	18'7"	2008

## TRIATHLON

Solo	F	50-54	Kris Walker	ID	1:07.29.05	2012
Solo	F	55-59	Loretta Eldredge	ID	01:36.2	2011
Solo	F	60-64	Cynthia Hayes	AZ	01:12.3	2006
Solo	F	65-69	Sandra Roberts	ID	01:38.5	2009
Solo	F	70-74	Jody Olson	ID	01:32.0	2003
Solo	F	80-84	Jody Olson	ID	2:02.11.57	2012
Solo	M	50-54	Dean Rose	ID	01:04.2	2008
Solo	M	55-59	Marcus Hamilton	ID	01:10.5	2006
Solo	M	60-64	Kevin J Nielsen	ID	01:13.1	2007
Solo	M	65-69	Phil Cherry	UT	01:23.5	2004
Solo	M	70-74	Don Huston	UT	01:21.2	2006
Solo	M	75-79	Clint Baxter	UT	01:30.4	2008

Relay	F	190-209	Wheatly K./J.Olson	ID	01:27.5	2007
Relay	M	150-169	Berberian/Walker/Bodily	ID	00:54.5	2008
Relay	M	210-219	M.Berberian/ M. Olson/M. Olson	ID	01:10.4	2008
Mixed Relay	X	150-169	Conley/Conley	ID	01:30.4	2008
Mixed Relay	X	210-219	Baxter/Baxter	UT	01:23.1	2006
Mixed Relay	X	220+	Olson/ Olson	ID	01:22.3	2006

Olympic Tri	F	50-54	Debbie Newhouse	ID	03:17.0	2012
Olympic Tri	M	50-54	Roy Gomes	HI	03:09.3	2011
Olympic Tri	M	60-64	Andy Newman	ID	03:02.4	2012
Olympic Relay	F	150-169	Reiland/Mladenka/Ramrell	ID	02:53.4	2012
Olympic Relay Mixed	X	150-169	Fitzpatrick/Newhouse/Kinnaman	ID	02:37:0	2012





































