

Records 2016

EVENT	SEX	AGE	NAME	STATE	TIME/ SCORE DISTANCE	YEAR
ARCHERY Target						
Compound	F	50-54	Julie Bruderer	ID	285	2013
	F	55-59	Claudia Stoker	ID	195	2011
	F	60-64	Jeanne Beebe	ID	284	2006
	F	65-69	Jeanne Beebe	ID	268	2008
	F	85-89	Elisabeth Johnson	ID	219	2014
	M	50-54	Ken Quinn	ID	297	2013
	M	55-59	Doug Zeitterkopf	ID	296	2013
	M	60-64	Doug Zeitterkopf	ID	290	2015
	M	65-69	Ed Beebe	ID	282	2005
	M	70-74	Blair Peterson	ID	298	2016
	M	75-79	Arlin Lockwood	ID	222	2009
Traditional	F	50-54	Caralee Workman	ID	58	2015
	F	70-74	Kumi Horiuchi	CO	88	2011
	F	75-79	Alice Campbell	ID	41	2014
	M	55-59	George Logsdon	ID	268	2012
	M	60-64	George Logsdon	ID	259	2016
	M	65-69	Ernest Nafzger	ID	159	2011
	M	70-74	David Roberts	ID	255	2011
	M	75-79	David Roberts	ID	280	2012
	M	80-84	Steve Rowlands	ID	232	2012
ARCHERY 3-D						
	F	85-89	Elisabeth Johnson	ID	156	2014
Compound	M	50-54	Ray Bruderer	ID	189	2015
	M	60-64	James Dumont	ID	200	2015
Traditional	F	75-79	Alice Campbell	ID	48	2014
BASKETBALL						
Free Throw/3Pt.	F	70-74	Jacqueline Thomas	ID	8	2016
	M	50-54	Merle Smith	ID	38	2004
	M	55-59	Merle Smith	ID	39	2007
	M	60-64	Ken Wright	ID	54	2006
	M	65-69	Tarrel Palmer	UT	36	2010
	M	70-74	Tarrel Palmer	UT	37	2016
	M	75-79	Ralph Reiche	UT	33	2013
Hot Shot	M	50-54	Merle Smith	ID	39	2004
	M	55-59	Marcus Darais	UT	39	2007
	M	60-64	Al Reiner	ID	72	2006
	M	65-69	Tarrel Palmer	UT	54	2009
	M	70-74	Charles Nyquest	MT	81	2006
	M	75-79	Charles Nyquest	MT	36	2009
	M	75-79	Louie Osuna	ID	36	2011
	M	75-79	Ralph Reiche	ID	36	2014

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BOCCE BALL						
Singles	F	55-59	Olson, Dana	ID	13	2014
	F	65-69	Bieda, Sharon	ID	35	2014
	F	70-74	Lindley, Linda	ID	25	2014
	M	50-54	Steven Dahms	ID	13	2014
	M	65-69	Bieda, Robert	ID	23	2014
	M	75-79	Longmore, Gary	ID	23	2014
BOWLING						
Singles	F	50-54	BJ Phillips	ID	530	2008
	F	55-59	Susanna Ruby	MT	580	2013
	F	60-64	Cyndie Birch	WY	524	2014
	F	65-69	Gott, Wilma	ID	472	2013
	F	70-74	Sally Taniguchi	ID	518	2007
	F	75-79	Carol Phillips	ID	451	2009
	F	80-84	Carol Phillips	ID	477	2012
	F	90-94	Alldredge, Reta	ID	428	2013
	M	50-54	Scott Bailey	ID	654	2008
	M	55-59	Bill Miller	ID	655	2016
	M	60-64	Dan Weaver	MT	651	2015
	M	65-69	Gene Giesbrecht	ID	675	2014
	M	70-74	Dave Marine		627	2014
	M	75-79	Ken Curzon	ID	607	2015
	M	80-84	Norval Alleman Sr.	ID	584	2011
	M	85-80	Norval Alleman Sr.	ID	576	2016
	M	90-94	Meier, "Bud" Carl	MT	460	2010
Doubles	F	50+	Phillips/ Phillips	ID	1007	2008
	F	55+	Donnelly/ Paddock	MT	1045	2007
	F	60+	Paddock / Schaible	MT	993	2016
	F	65+	Barker/Gott	ID	978	2013
	F	70+	Reynolds/ Donnelly	MT	1031	2011
	F	75+	Baird/Hill	ID	886	2008
	F	80+	Hill/ Phillips	ID	883	2009
	M	50+	S. Bailey/ E. Bailey	ID	1102	2008
	M	55+	Hansen/Dayley	ID	1024	2012
	M	60+	Ahern / Watkins	MT	1144	2015
	M	65+	L. Comer/J. Watkins	MT	1188	2009
	M	70+	Watkins/Comer	MT	1151	2009
	M	75+	Meier/Comer	MT	1082	2012
	M	80+	Myers/ N. Alleman	ID	1077	2011
Mixed Doubles	X	50+	S. Donnelly/J. Watkins	MT	1120	2008
	X	55+	Donnelly / J. Watkins	MT	1159	2011
	X	60+	Schaible/ Ahern	MT	1165	2016
	X	65+	Wilcox/Giesbrecht	ID	1041	2016
	X	70+	Alleman/Baxter	ID	1086	2012

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	X	75+	Baxter/Alleman	ID	921	2016
	X	80+	C. Harris/ N. Alleman	ID	776	2015
BOWLING WII						
Singles	F	55-59	Darlene Brown	ID	471	2016
	F	65-69	Linda Crockford	ID	609	2016
	F	70-74	Shirley Davis	ID	730	2016
	F	75-79	Carol Barker	ID	471	2015
	F	80-84	Gayle Peck	ID	689	2014
	F	85-89	Lenore Peterson	ID	597	2016
	F	90-94	Doris Mart	ID	577	2016
	M	55-59	Doug Peterson	ID	559	2013
	M	60-64	Doug Peterson	ID	499	2015
	M	65-69	Paul Ray Wolfey	ID	592	2015
	M	70-74	Gooch, Dale	ID	685	2013
	M	75-79	David Davis	ID	495	2015
CYCLING						
5K TT	F	50-54	Karen Dlouhy	CO	7:23	2007
	F	55-59	Martha Iverson	CO	7:37	2008
	F	55-59	Chris Satterwhite	ID	7:37	2004
	F	60-64	Alice Pust	UT	7:32	2004
	F	65-69	Jodi Cuccia	ID	8:48	2016
	F	70-74	Jody Olson	ID	8:03	2004
	F	75-79	Jody Olson	ID	9:30	2007
	F	80-84	Jody Olson	ID	9:25	2010
	F	85-89	Jody Olson	ID	11:43	2016
	M	50-54	Azevedo, Gary	ID	6:24	2013
	M	55-59	Azevedo, Gary	ID	6:29	2016
	M	60-64	Bob Walker	ID	6:45	2016
	M	65-69	John Haney	UT	6:45	2010
	M	70-74	Stan Swallow	UT	7:25	2011
	M	75-79	Stan Swallow	UT	7:25	2016
	M	80-84	Roy Cushway	SK	9:16	2010
10K TT	F	50-54	Karen Dlougy	CO	15:33	2007
	F	55-59	Martha Iverson	CO	16:18	2008
	F	60-64	Monica Steidele	WY	17:37	2012
	F	65-69	Jodi Cuccia	ID	19:47	2016
	F	70-74	Kumi Horiuchi	CO	19:47	2011
	F	75-79	Lois Lindsay	ID	20:34	2011
	F	80-84	Jody Olson	ID	21:49	2010
	M	50-54	Gary Azevedo	ID	11:57	2011
	M	55-59	Bob Marcinko	ID	13:34	2011
	M	60-64	Jim Dlougy	CO	14:07	2007
	M	65-69	John Haney	UT	13:06	2011
	M	70-74	Tom Neary	ID	13:44	2011

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	M	75-79	Siegfried Schnelle	NV	14:17	2011
	M	80-84	Mark Hopkins	WY	19:46	2012
	M	85-89	Roy Cushway	SK	18:38	2011
20K RR	F	50-54	Karen Dlough	CO	33:10	2007
	F	55-59	Martha Iverson	CO	37:33	2008
	F	60-64	Alice Pust	UT	40:54	2004
	F	65-69	Jodi Cuccia	ID	40:46	2016
	F	70-74	Jody Olson	ID	44:14	2003
	F	75-79	Jody Olson	ID	48:33	2006
	F	80-84	Jody Olson	ID	49:00	2010
	M	50-54	Azevedo, Gary	ID	31:03	2013
	M	55-59	Robert Walker	ID	31:59	2010
	M	60-64	Alan Crockett	ID	32:11	2006
	M	65-69	John Haney	UT	31:25	2013
	M	70-74	Larry Peterson	UT	32:34	2016
	M	75-79	Paganini, Robert	CA	34:25	2013
	M	80-84	Roy Cushway	SK	40:10	2007
40K RR	F	50-54	Karen Dlougy	CO	1:07:15	2007
	F	55-59	Marilyn Speim	ID	1:10:41	2005
	F	60-64	Jodi Cuccia	ID	1:19:04	2010
	F	65-69	Jodi Cuccia	ID	1:19:25	2016
	F	70-74	Gwen Seccombe	CO	1:32:29	2006
	F	75-79	Jody Olson	ID	1:38:02	2006
	F	80-84	Jody Olson	ID	1:53:56	2010
	M	50-54	Joe Morrell	ID	1:00:52	2016
	M	55-59	Gary Azevedo	ID	1:00:52	2016
	M	60-64	Bob Marcinko	ID	1:02:53	2016
	M	65-69	John Haney	UT	1:05:32	2014
	M	70-74	Larry Peterson	UT	1:00:52	2016
	M	75-79	Stan Swallow	UT	1:06:06	2016
	M	80-84	Roy Cushway	SK	1:19:06	2007
Hill Climb	F	50-54	Karen Dlougy	CO	22:43	2007
	F	55-59	Draper, LaNett	UT	28:20	2014
	F	60-64	Jodi Cuccia	ID	21:36	2012
	F	65-69	Jodi Cuccia	ID	27:13	2016
	F	70-74	Kumi Horiuchi	CO	35:10	2011
	F	80-84	Jody Olson	ID	43:51	2010
	M	50-54	Tony Chesrow	ID	20:29	2016
	M	55-59	Gary Azevedo	ID	21:00	2016
	M	60-64	Peter Heppleston	ALB	21:51	2007
	M	65-69	John Haney	UT	21:17	2010
	M	70-74	Larry Peterson	UT	20:27	2016
	M	75-79	Stan Swallow	UT	26:25	2015
	M	80-84	Roy Cushway	SK	32:53	2007
	M	85-89	Roy Cushway	SK	38:59	2011

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Cycling Tandem						
Tandem 5K TT	M	65-69	Vitale/Howe	ID	8:14	2013
	X	55-59	Draper/Daper	UT	7:31	2013
	X	60-64	Kidd/Kidd	ID	6:54	2004
	X	65-69	Kidd/Kidd	ID	7:58	2007
	X	75-79	Kidd/Kidd	ID	7:44	2010
Tandem 10K TT	X	60-64	Kidd/Kidd	ID	18:23	2004
	X	65-69	Kidd/Kidd	ID	18:06	2007
	X	70-74	Kidd/Kidd	ID	19:21	2005
	X	75-79	Kidd/Kidd	ID	20:54	2010
Tandem 20K RR	M	55-59	Howe/Vitale	ID	35:44	2004
	M	65-69	Howe/Vitale	ID	38:21	2007
	X	55-59	Draper/Draper	UT	36:13	2013
	X	60-64	Swallow/Swallow	UT	34:27	2004
	X	65-69	Swallow/Swallow	UT	34:45	2005
	X	70-74	Kidd/Kidd	ID	40:22	2005
	X	75-79	Kidd/Kidd	ID	45:33	2010
Tandem 40K RR	M	55-59	Howe/Vitalie	ID	1:16:52	2007
	M	60-64	Howe/Vitalie	ID	1:24:28	2012
	X	50-54	Staley/Staley	ID	1:09:10	2005
	X	55-59	Boland/Boland	ID	1:27:24	2012
	X	60-64	Kidd/ Kidd	ID	1:12:38	2003
	X	65-69	Swallow/Swallow	UT	1:08:33	2005
	X	70-74	Kidd/ Kidd	ID	1:40:15	2010
Tandem Hill Climb	X	55-59	Boland/Boland	ID	40.38	2012
DISC GOLF						
9 Holes	F	55-59	Marlene Lyksett	ID	30	2011
	F	65-69	Judy Lang	SK	61	2008
	F	70-74	Linda lindley	ID	53	2015
	M	50-54	William Miller	ID	24	2011
	M	55-59	William Miller	ID	25	2014
	M	60-64	Jon Lyksett	ID	32	2011
	M	65-69	Paul Allen	ID	30	2016
	M	70-74	Gary Longmore	ID	40	2011
	M	75-79	Gary Longmore	ID	44	2014
	M	80-84	Roy Cushway	SK	41	2009
	M	85-89	Roy Cushway	SK	52	2011
FUN RUN/WALK						
2.5K Walk	F	50-54	Caralee Workman	ID	19:14	2016
	F	55-59	Doris Cogdill	ID	17:50	2009
	F	60-64	Doris Cogdill	ID	15:23	2016
	F	65-69	Cherie Turpin	ID	15:50	2016
	F	70-74	Barbara Kaupp	ID	22:06	2016
	F	75-79	Helen Beitia	ID	35:42	2016
	F	80-84	Kimi Tominaga	ID	22:05	2008

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	F	85-89	Marjorie Holsapfel	ID	33:42	2013
	F	90-94	Marie Hill	ID	54:32	2016
	M	50-54	Steven Dahms	ID	15:10	2013
	M	55-59	Robert Ward	ID	20:42	2013
	M	60-64	Doug Alley	ID	19:36	2009
	M	65-69	Allan Christelow	ID	21:04	2012
	M	70-74	Joe Garcia	ID	18:43	2004
	M	75-79	Mark Sawyer	ID	19:13	2013
	M	80-84	Theron Pollard	ID	29:49	2016
5K Walk	F	50-54	Kellie Watne	ID	29:35	2016
	F	55-59	Sandra Smith	ID	34:24	2008
	F	60-64	Denise Burgoon	ID	37:10	2012
	F	65-69	Gay Kidd	ID	38:35	2004
	F	70-74	Gay Kidd	ID	39:37	2008
	F	75-79	Delores Sample	ID	48:59	2006
	F	80-84	Judy Carrol	ID	29:36	2016
	M	50-54	Stephen Dahms	ID	32:16	2014
	M	55-59	Richard Mangum	ID	34:02	2012
	M	60-64	Dennis Armstrong	ID	34:39	2005
	M	65-69	Mike Berberian	ID	28:13	2012
	M	70-74	Doug Lislie	ID	28:58	2012
	M	75-79	Robert Goettsch	ID	37:53	2007
	M	80-84	Robert Goettsch	ID	33:45	2008
5K Run	F	50-54	Josie Magee	ID	23:16	2016
	F	55-59	Julie Saiz	ID	26:30	2016
	F	60-64	Sandra Smith	ID	28:11	2013
	F	65-69	Sandra Smith	ID	29:35	2016
	F	70-74	Lou Baxter	UT	27:59	2008
	M	50-54	Scott Bailey	ID	19:18	2009
	M	55-59	Mike Mitchell	ID	19:44	2016
	M	60-64	Robert Jones	ID	20:48	2012
	M	65-69	Alan Crockett	ID	21:43	2012
	M	70-74	Alan Crockett	ID	22:36	2014
	M	75-79	Don Huston	UT	40:35	2006
10K Walk	F	50-54	Diane Nelson	ID	1:17:00	2013
	F	55-59	Meg Long	ID	1:08:20	2013
	F	60-64	Beth Serr	ID	1:03:57	2016
	F	65-69	Holly Cree	ID	1:17:18	2015
	F	70-74	Barbara Bain	ID	1:36:30	2013
	M	50-54	Steven Dahms	ID	1:05:19	2015
	M	55-59	Chris Davis	ID	1:17:03	2015
	M	60-64	Paul DeLong	ID	1:04:00	2007
	M	65-69	Paul DeLong	ID	1:06:40	2008
	M	70-74	Paul DeLong	ID	1:07:07	2015
10K Run	F	50-54	Diane Nelson	ID	42:30	2012

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	F	55-59	Marita Worthington	ID	47:16	2011
	F	60-64	Lyla Wolfenberger	ID	1:06:00	2008
	F	65-69	Lyla Wolfenberger	ID	1:25:22	2016
	M	50-54	Steven Wheeler	ID	38:44	2007
	M	55-59	Mike Berberian	ID	38:28	2005
	M	60-64	Mike Berberian	ID	40:25	2009
	M	65-69	Lowell Hawkes	ID	44:59	2009
	M	70-74	Bob Swanson	ID	53:33	2016
GOLF						
9 Hole	F	80-84	NOAKES, Sandra	ID	56	2016
	M	70-74	BIEDA, Bob	ID	47	2016
	M	80-84	WAFORD, Gordon	ID	60	2016
18 Holes	F	55-59	Kathleen Killian	ID	94	2014
	F	60-64	Sandy Snyder	ID	89	2008
	F	65-69	Marjean Waford	ID	101	2015
	F	70-74	Patty Fridel	ID	99	2009
	F	75-79	Donna Hillard	ID	102	2016
	F	80-84	Diane Hopla	ID	105	2016
	F	85-89	Florence Menousek	ID	129	2011
	F	90-94	Francis Threlkeld	ID	115	2015
	F	96-99	Francis Threlkeld	ID	120	2016
	M	50-54	Ron Malooly	ID	75	2008
	M	55-59	Junior Wayas	ID	71	2014
	M	60-64	Stephen Portela	ID	76	2010
	M	65-69	Gary North	ID	73	2010
	M	70-74	Randy Spencer	ID	74	2015
	M	75-79	Ron Hosking	ID	81	2009
	M	80-84	Allen Jackson	ID	96	2012
	M	80-84	Richard Anderson	ID	96	2015
	M	85-89	George Oyama	ID	101	2012
MINATURE GOLF						
Singles	F	55-59	Dana Olson	ID	44	2015
	F	60-64	Dana Olson	ID	52	2016
	F	65-69	Marjean Waford	ID	49	2016
	F	70-74	Kathy Steinmetz	ID	49	2015
	F	75-79	Dot Thompson	ID	47	2016
	F	80-84	Dorothy Dickerson	ID	51	2014
	F	85-89	Gayle Peck	ID	52	2015
	M	50-54	Steven Dahms	ID	50	2016
	M	55-59	Doug Milder	ID	45	2016
	M	60-64	Vook, Jin	ID	47	2015
	M	65-69	Jones, John	ID	50	2014
	M	75-79	Bob Crockford	ID	52	2016

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SWIMMING						
25 Yd Backstroke	F	60-64	Norrie Garner	ID	23.07	2004
	F	65-69	Norrie Garner	ID	23.44	2005
	F	70-74	Ardith McLeod	MT	25.33	2009
	F	75-79	Ardith McLeod	MT	26.29	2011
	F	80-84	Jacque Hampstein	AZ	41.29	2005
	M	50-54	Stephen Dahms	ID	20.92	2014
	M	55-59	Kevin Sullivan	UT	19.84	2015
	M	60-64	Bud Sadler	ID	18.00	2016
	M	65-69	Jim Green	WY	16.19	2008
	M	70-74	Larry Larson	UT	19.25	2006
	M	75-79	Larry Larson	UT	20.03	2009
	M	80-84	Clint Baxter	UT	24.25	2014
25 Yd Breaststroke	F	55-59	Marjie Kline	ID	25.05	2014
	F	60-64	Ruthann Hubbard	ID	27.19	2008
	F	65-69	Norie Garner	ID	30.12	2008
	F	70-74	Ardith McLeod	MT	25.01	2009
	F	75-79	Ardeth McLeod	AZ	28.16	2011
	F	80-84	Jody Olson	ID	48.50	2010
	M	50-54	Eric Johnson	UT	19.31	2012
	M	55-59	Chris Mart	UT	20.30	2010
	M	60-64	Bud Sadler	ID	17.19	2016
	M	65-69	Curtis Hale	UT	19.94	2016
	M	70-74	Clinton Baxter	UT	22.58	2006
	M	75-79	Richard Knight	MT	20.40	2010
	M	80-84	Clinton Baxter	UT	24.43	2013
25 Yd Butterfly	F	55-59	Gloria Lambertz	MT	20.43	2011
	F	70-74	Ardeth McLeod	MT	2:26.03	2009
	F	75-79	Ardeth McLeod	AZ	26.25	2011
	F	80-84	Jody Olson	ID	43.06	2010
	M	50-54	Bud Sadler	ID	14.42	2016
	M	55-59	Kevin Sullivan	UT	17.53	2015
	M	60-64	Kelsey Williams	UT	15.36	2008
	M	65-69	Jim Demet	UT	22.09	2005
	M	70-74	Bufe Morrison	TX	35.33	2009
	M	75-79	Jim Demet	UT	23.03	2012
	M	80-84	Jim Demet	UT	29.01	2015
25 Yd Freestyle	F	50-54	Wendy Baron	ID	14.41	2016
	F	55-59	Margie Kline	ID	15.03	2009
	F	60-64	Angela Luckey	ID	18.05	2004
	F	65-69	Angela Luckey	ID	19.00	2011
	F	70-74	Angela Luckey	ID	19.77	2015
	F	75-79	Ardeth McLeod	AZ	20.22	2011
	F	80-84	Jody Olson	ID	31.09	2010
	M	50-54	Gary Azevedo	ID	14.04	2009

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	M	55-59	Gary Azevedo	ID	14.38	2015
	M	60-64	Bud Sadler	UT	12.03	2016
	M	65-69	Jim Green	WY	14.06	2008
	M	70-74	Clint Baxter	UT	17.03	2007
	M	75-79	Larry Larson	UT	16.09	2011
	M	80-84	Clinton Baxter	UT	17.88	2013
	M	85-89	Ivan Haskell	ID	2:52.09	2010
25 Yd Elementary Back	F	65-69	Jane Gibson	ID	32.03	2016
	F	70-74	Lou Baxter	UT	38.28	2014
	F	75-79	Jody Olson	ID	37.05	2006
	F	80-84	Jody Olson	ID	52.44	2010
	M	50-54	Eric Johnson	UT	22.40	2012
	M	55-59	Eric Johnson	ID	25.00	2016
	M	60-64	Curtis Hale	UT	23.33	2015
	M	65-69	Curtis Hale	UT	23.78	2016
	M	70-74	Clinton Baxter	UT	29.51	2005
	M	75-79	Richard Knight	MT	20.56	2010
	M	80-84	Clinton Baxter	UT	28.73	2013
25 Yd Sidestroke	F	55-59	RuthAnn Hubbard	ID	26.37	2010
	F	60-64	Sandra Roberts	ID	29.58	2008
	F	65-69	Lou Baxter	UT	25.17	2006
	F	70-74	Lou Baxter	UT	26.34	2014
	F	75-79	Jody Olson	ID	35.22	2006
	F	80-84	Jody Olson	ID	39.28	2010
	M	50-54	Gary Azevedo	ID	18.00	2010
	M	55-59	Gary Azevedo	ID	19.37	2015
	M	60-64	Curtis Hale	UT	19.78	2013
	M	65-69	Curtis Hale	UT	20.12	2016
	M	70-74	Clinton Baxter	UT	21.45	2007
	M	75-79	Larry Larson	UT	22.33	2009
	M	80-84	Clinton Baxter	UT	20.53	2013
50 Yd Backstroke	F	50-54	Wendy Baron	ID	47.76	2015
	F	55-59	Gloria Lambertz	MT	47.28	2011
	F	60-64	Norrie Garner	ID	54.13	2004
	F	65-69	Norrie Garner	ID	55.06	2008
	F	70-74	Ardeth McLeod	MT	1:00.37	2009
	F	75-79	Ardeth McLeod	AZ	1:04.40	2011
	F	80-84	Flora Wong	MT	1:09.31	2012
	M	50-54	Brent Faure	ID	34.56	2011
	M	55-59	Jim Green	WY	36.55	2003
	M	60-64	Bud Sadler	UT	37.75	2016
	M	65-69	Jim Green	WY	36.35	2008
	M	70-74	Larry Larson	UT	43.20	2006
	M	75-79	Larry Larson	UT	44.15	2009
	M	80-84	Clinton Baxter	UT	1:02.00	2013

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Records 2016

50 Yd Breaststroke	F	50-54	Laureen Kinnaman	ID	41.37	2012
	F	55-59	RuthAnn Hubbard	ID	55.08	2009
	F	60-64	Ruthann Hubbard	ID	58.72	2014
	F	65-69	Norie Garner	ID	1:02.31	2005
	F	70-74	Ardeth McLeod	MT	52.48	2009
	F	75-79	Ardeth McLeod	AZ	1:01.53	2011
	F	80-84	Charlotte Sanddal	MT	1:29.45	2005
	M	50-54	Stephen Obert	ID	40.35	2011
	M	55-59	Eric Johnson	UT	45.07	2016
	M	60-64	Richard F. Goers	UT	37.04	2004
	M	65-69	Curtis Hale	UT	44.40	2016
	M	70-74	Clint Baxter	UT	49.47	2007
	M	75-79	Richard Knight	MT	49.33	2010
	M	80-84	Clinton Baxter	UT	55.46	2013
50 Yd Butterfly	F	60-64	Janet Getting	ID	36.22	2009
	F	65-69	Martaret Collins	MT	1:09.08	2011
	F	70-74	Ardeth McLeod	MT	36.22	2009
	F	75-79	Ardeth McLeod	AZ	1:00.59	2011
	F	80-84	Charlotte Sanddal	MT	1:22.02	2006
	F	85-89	Charlotte Sanddal	MT	1:24.16	2011
	F	90-94	Charlotte Sanddal	MT	1:41.09	2015
	M	50-54	John Fitzpatrick	ID	37.10	2012
	M	55-59	Jim Green	WY	36.33	2003
	M	60-64	Kelsey Williams	UT	34.06	2008
	M	70-74	Jim DeMet	UT	57.09	2004
	M	75-79	Richard Kaiser	ID	57.43	2012
	M	80-84	Al Maguire	ID	1:04.40	2007
50 Yd Freestyle	F	50-54	Laureen Kinnaman	ID	32.18	2012
	F	55-59	Margie Kline	ID	33.53	2009
	F	60-64	Norie Garner	ID	44.50	2004
	F	65-69	Norie Garner	ID	47.21	2005
	F	70-74	Angela Luckey	ID	47.15	2015
	F	75-79	Ardeth McLeod	AZ	54.09	2011
	F	80-84	Flora Wang	MT	59.22	2012
	F	85-89	Charlotte Sanddal	MT	1:26.22	2007
	M	50-54	Brent Faure	ID	29.27	2011
	M	55-59	Jim Green	WY	31.01	2003
	M	60-64	Bud Sadler	UT	28.03	2016
	M	65-69	Howard Bethel	MT	34.32	2003
	M	70-74	Clint Baxter	UT	38.21	2007
	M	75-79	Richard Knight	MT	35.56	2010
	M	80-84	Clint Baxter	UT	41.70	2013
	M	85-89	Ivan Haskell	ID	4:36.05	2010
50 Yd Elementary Back	F	55-59	Marjean Waford	ID	1:29.20	2009
	F	60-64	Sandra Roberts	ID	1:10.03	2009

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Records 2016

	F	65-69	Jane Gibson	ID	1:13.60	2016
	F	70-74	Jody Olson	ID	1:26.00	2006
	F	75-79	Jody Olson	ID	2:12.33	2007
	F	80-84	Jody Olson	ID	2:00.12	2010
	M	50-54	Ron Endo	ID	45.29	2007
	M	55-59	Chris Mart	UT	51.19	2014
	M	60-64	Curtis Hale	UT	49.00	2015
	M	65-69	Curtis Hale	UT	48.41	2016
	M	70-74	Clinton Baxter	UT	57.26	2006
	M	75-79	Richard Knight	UT	46.01	2010
	M	80-84	Clinton Baxter	UT	1:00.77	2014
50 Yd Sidestroke	F	55-59	RuthAnn Hubbard	ID	1:05.07	2009
	F	60-64	Donna Rogers	ID	1:03.06	2005
	F	65-69	Lou Baxter	UT	1:01.06	2008
	F	70-74	Jody Olson	ID	1:18.29	2004
	F	75-79	Ruth Harrop	ID	1:49.14	2005
	F	80-84	Jody Olson	ID	1:19.35	2010
	M	50-54	Ron Endo	ID	39.43	2007
	M	55-59	Gary Azevedo	ID	44.13	2015
	M	60-64	Curtis Hale	UT	45.03	2015
	M	65-69	Curtis Hale	UT	44.50	2016
	M	70-74	Clinton Baxter	UT	49.57	2007
	M	75-79	Larry Larson	UT	49.19	2008
	M	80-84	Clinton Baxter	UT	56.94	2013
100 Yd Backstroke	F	55-59	Gloria Lambertz	MT	1:47.51	2011
	F	65-69	Margaret Collins	MT	2:22.19	2011
	F	75-79	Flora Wong	MT	2:20.07	2005
	F	80-84	Flora Wong	MT	2:38.28	2011
	F	85-89	Charoltte Sanddal	MT	3:02.10	2011
	M	50-54	Brent Faure	ID	1:14.20	2011
	M	55-59	Jim Green	WY	1:28.18	2003
	M	60-64	Bud Sadler	UT	1:25.06	2016
	M	65-69	Bufe Morrison	TX	2:32.08	2007
	M	70-74	Clint Baxter	UT	2:03.31	2005
	M	75-79	Richard Kaiser	ID	1:48.16	2012
	M	80-84	Richard Kaiser	ID	2:11.53	2016
100 Yd Breaststroke	F	50-54	Dana Olson	ID	2:15.13	2010
	F	55-59	RuthAnn Hubbard	ID	2:05.15	2010
	F	60-64	Janet Getting	ID	1:28.03	2009
	F	65-69	Norie Garner	ID	2:22.04	2008
	F	70-74	Sondra Schuist	ID	2:26.56	2008
	F	75-79	Ardeth McLeod	AZ	2:26.28	2014
	F	80-84	Charlotte Sanddal	MT	3:30.61	2005
	F	85-89	Charlotte Sanddal	MT	3:15.08	2009
	F	90-94	Charlotte Sanddal	MT	3:57.18	2012

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Records 2016

	M	50-54	Chris Mart	UT	2:29.60	2009
	M	55-59	Kevin Sullivan	UT	1:55.52	2015
	M	60-64	Richard F. Goers	UT	1:28.92	2004
	M	65-69	Curtis Hale	UT	1:47.78	2016
	M	70-74	Clinton Baxter	UT	1:58.87	2004
	M	75-79	Richard Knight	MT	1:43.03	2010
	M	80-84	Clinton Baxter	UT	2:10.32	2015
100 Yd Butterfly						
	F	55-59	Robin Piet	ID	1:42.75	2012
	F	65-69	Lou Baxter	UT	2:46.04	2007
	F	70-74	Jody Olson	ID	2:53.00	2003
	F	75-79	Jody Olson	ID	3:09.06	2005
	M	50-54	Chris Mart	UT	1:47.05	2009
	M	55-59	Gary Azevedo	ID	1:45.98	2014
	M	75-79	Al Maguire	ID	2:20.10	2006
	M	80-84	Al Maguire	ID	2:32.50	2007
100 Yd Freestyle						
	F	50-54	Laureen Kinnaman	ID	1:11.56	2012
	F	55-59	Margie Kline	ID	1:13.05	2009
	F	60-64	Janet Getting	ID	1:13.04	2009
	F	65-69	Norrie Garner	ID	1:57.18	2008
	F	70-74	Ardeth McLeod	MT	2:01.00	2009
	F	75-79	Flora Wong	MT	2:02.26	2005
	F	80-84	Flora Wong	MT	2:17.07	2011
	F	85-89	Charlotte Sanddal	MT	2:36.09	2009
	F	90-94	Charlotte Sanddal	MT	2:49.34	2012
	M	50-54	Brent Faure	ID	1:07.26	2011
	M	55-59	Gary Azevedo	ID	1:14.95	2015
	M	60-64	Bud Sadler	UT	1:02.25	2016
	M	65-69	Jim Green	WY	1:13.21	2008
	M	70-74	David Fortsch	ID	1:24.13	2007
	M	75-79	Larry Larson	UT	1:29.47	2008
	M	80-84	Clinton Baxter	UT	1:44.13	2015
200 Yd Backstroke						
	F	60-64	Margaret Collins	MT	5:00.22	2008
	F	75-79	Flora Wong	MT	4:56.38	2005
	F	80-84	Flora Wong	MT	5:43.82	2012
	F	85-89	Charlotte Sanddal	MT	6:28.13	2011
	F	90-94	Charlotte Sanddal	MT	6:16.34	2012
	M	50-54	Brent Faure	ID	2:44.02	2011
	M	55-59	Jim Green	WY	3:11.23	2003
	M	60-64	Mark Schanfein	ID	3:51.53	2013
	M	65-69	Jim Green	WY	3:10.15	2008
	M	70-74	Larry Larson	UT	3:48.18	2006
	M	75-79	Donald Roberts	ID	4:09.00	2009
	M	80-84	Clinton Baxter	UT	4:29.00	2015
200 Yd Breaststroke						
	F	60-64	Janet Getting	ID	3:23.03	2009
	F	65-69	Lou Baxter	UT	5:00.24	2008

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Records 2016

	F	75-79	Lou Baxter	UT	7:05.03	2016
	F	80-84	Charlotte Sandall	MT	7:11.63	2005
	F	85-89	Charlotte Sandall	MT	7:39.30	2008
	F	90-94	Charlotte Sandall	MT	8:10.37	2012
	M	50-54	Stephen Obert	ID	3:16.20	2009
	M	55-59	Gary Azevedo	UT	4:19.46	2014
	M	60-64	Bud Sadler	UT	3:08.10	2016
	M	65-69	Curtis Hale	UT	3:55.85	2016
	M	70-74	Clinton Baxter	UT	4:04.68	2007
	M	75-79	Richard Knight	MT	3:48.47	2010
	M	80-84	Clinton Baxter	UT	4:36.99	2013
200 Yd Freestyle	F	50-54	Wendy Baron	ID	2:55.53	2016
	F	55-59	Gloria Lambertz	MT	3:08.07	2011
	F	60-64	Angela Luckey	ID	3:58.24	2004
	F	70-74	Jody Olson	ID	4:23.04	2003
	F	75-79	Flora Wong	MT	4:19.19	2005
	F	80-84	Charlotte Sanddal	MT	4:47.32	2006
	F	85-89	Charlotte Sanddal	MT	5:37.44	2008
	F	90-94	Charlotte Sanddal	MT	5:46.83	2012
	M	50-54	Gary Azevedo	ID	2:29.45	2010
	M	55-59	Jim Green	WY	2:42.09	2003
	M	60-64	Curtis Hale	ID	3:01.12	2015
	M	65-69	David Fortsch	ID	3:00.59	3003
	M	70-74	David Fortsch	ID	3:00.31	2004
	M	75-79	Jim DeMet	UT	3:56.08	2010
	M	80-84	Clinton Baxter	UT	3:54.66	2013
500 Yd Freestyle	F	50-54	Wendy Baron	ID	8:07.62	2016
	F	55-59	Robin Piet	ID	7:56.02	2009
	F	60-64	Olive Bulkey	UT	10:34.72	2012
	F	65-69	Lou Baxter	UT	10:48.00	2008
	F	75-79	Flora Wong	MT	11:29.16	2005
	F	80-84	Flora Wong	MT	12:39.14	2011
	F	85-89	Charlotte Sanddal	MT	15:02.06	2008
	M	50-54	Brent Faure	ID	6:45.11	2011
	M	55-59	Gary Azevedo	ID	7:32.68	2014
	M	60-64	Curtis Hale	ID	8:30.63	2014
	M	65-69	David Fortsch	ID	7:59.28	2003
	M	70-74	David Fortsch	ID	7:58.05	2004
	M	75-79	Richard Kaiser	ID	10:18.97	2013
	M	80-84	Jim Demet	UT	12:20.28	2015
800 Yd Freestyle	F	50-54	Wendy Baron	ID	12:58.16	2015
	F	55-59	Robin Piet	ID	13:26.62	2012
	F	60-64	Olive Bulkey	UT	17:25.69	2012
	F	80-85	Jody Olson	ID	24:53.53	2012
	F	85-89	Charlotte Sanddal	MT	26:43.77	2011

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Records 2016

	F	90-94	Charlotte Sanddal	MT	24:55.31	2015
	M	50-54	Brent Faure	ID	11:04.47	2011
	M	55-59	Gary Azevedo	ID	11:49.60	2014
	M	60-64	Curtis Hale	UT	14:13.36	2014
	M	65-69	Curtis Hale	UT	14:38.25	2016
	M	75-79	Richard Kaiser	ID	17:27.52	2013
	M	80-84	Jim Demet	UT	19:48.58	2015
1650 Yd Freestyle						
	F	50-54	Wendy Baron	ID	27:14.00	2015
	F	55-59	Robin Piet	ID	26:50.04	2009
	F	60-64	Olive Bulkley	UT	35:40.11	2012
	F	65-69	Lou Baxter	UT	34:58.00	2006
	F	75-79	Lou Baxter	UT	38:05.00	2015
	F	90-94	Charlotte Sanddal	MT	1:00:36.00	2016
	M	50-54	Brent Faure	ID	23:45.47	2011
	M	55-59	Gary Azevedo	ID	26:11.49	2014
	M	60-64	Curtis Hale	UT	30:10.00	2015
	M	65-69	Curtis Hale	UT	30:02.00	2016
	M	70-74	David Fortsch	ID	27:19.33	2004
	M	75-79	Richard Kaiser	ID	33:56.00	2012
100 Yd Individual Medley						
	F	50-54	Laureen Kinnaman	ID	1:25.53	2012
	F	55-59	Gloria Lambertz	MT	1:46.29	2011
	F	60-64	Janet Gettling	ID	1:23.56	2009
	F	65-69	Lou Baxter	UT	2:12.39	2008
	F	70-74	Ardeth McLeod	MT	2:04.05	2009
	F	75-79	Ardeth McLeod	AZ	2:11.21	2011
	F	80-84	Flora Wong	MT	3:07.85	2012
	F	85-89	Charlotte Sanddal	MT	3:04.41	2008
	F	90-94	Charlotte Sanddal	MT	3:15.41	2012
	M	50-54	John Fitzpatrick	ID	1:28.09	2012
	M	55-59	Jim Green	WY	1:31.30	2003
	M	60-64	Bud Sadler	UT	1:17.75	2016
	M	65-69	Curtis Hale	UT	1:40.81	2016
	M	70-74	Craig Walker	ID	2:47.71	2013
	M	75-79	Richard Kaiser	ID	1:55.81	2012
	M	80-84	Al Maguire	ID	2:19.09	2007
200 Yd Individual Medley						
	F	55-59	Robin Piet	ID	3:24.00	2009
	F	60-64	Janet Getting	ID	3:06.02	2009
	F	65-69	Lou Baxter	UT	4:48.33	2006
	F	70-74	Jody Olson	ID	5:19.19	2003
	F	75-79	Ardeth McLeod	AZ	4:44.19	2011
	F	80-84	Flora Wong	MT	6:42.91	2012
	F	85-89	Charlotte Sanddal	MT	6:59.04	2011
	F	90-94	Charlotte Sanddal	MT	6:38.37	2012
	M	50-54	Chris Mart	UT	4:09.24	2008
	M	55-59	Gary Azevedo	ID	3:31.18	2014

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Records 2016

	M	70-74	Craig Walker	ID	6:28.73	2013
	M	75-79	Al Maguire	ID	4:57.20	2006
TRACK and FIELD						
Discus	F	55-59	Caralee Workman	ID	53' 1.5"	2014
	F	60-64	Yvonne Kirkpatrick	ID	69' 10"	2016
	F	65-69	Christie Johnston	UT	37' 8"	2016
	F	70-79	Kumi Horiuchi	CO	32' 6.5"	2011
	M	50-54	Robert Smith	UT	111' 4"	2005
	M	55-59	Marvin Orrock	UT	125' 9"	2010
	M	60-64	Marvin Orrock	UT	138' 7"	2014
	M	65-69	Lonnie Harwood	WY	101' 5"	2012
	M	70-74	Mike Haigwood	NV	98' 1"	2012
	M	75-79	Bill Platts	ID	94' 9"	2007
	M	80-84	Bill Platts	ID	87' 7"	2012
	M	85-89	John Jensen	ID	59' 0"	2009
	M	90-94	John Jensen	ID	50' 7"	2013
Football Throw	F	50-54	Micquelene Alvarez	ID	76' 0"	2013
	F	55-59	Christie Johnston	UT	75' 2"	2006
	F	60-64	Christie Johnston	UT	74' 1"	2011
	F	65-69	Christie Johnston	UT	74' 8.5"	2012
	F	70-74	Carol Phillips	ID	48' 8"	2006
	F	75-79	Carol Phillips	ID	43' 10"	2009
	F	80-84	Carol Phillips	ID	35' 8"	2013
	M	50-54	Jerry Ropelato	UT	144' 5"	2010
	M	55-59	Jerry Ropelato	UT	127' 0"	2014
	M	60-64	Jack Way	ID	135' 8.5"	2014
	M	65-69	Jack Way	ID	135' 10"	2016
	M	70-74	Malcolm Russell	ID	123' 10"	2007
	M	75-79	Bill Platts	ID	106' 1"	2005
	M	80-84	Bill Platts	ID	81' 4"	2012
	M	85-89	John Jensen	ID	49' 4"	2010
Hammer Throw	F	60-64	Yvonne Kirkpatrick	ID	77' 3"	2016
	M	50-54	Jeff Johnson	UT	90' 2"	2016
	M	55-59	James Vook	ID	84' 1"	2012
	M	60-64	Howie Kellogg	WA	114' 4"	2007
	M	65-69	J.C. Sanford	TX	81' 2.5"	2008
	M	70-74	Murdo Campbell	MT	87' 8"	2007
	M	75-79	Leo Long	CA	34' 10"	2007
	M	80-84	Bill Platts	ID	63' 3"	2012
	M	85-89	John Jensen	ID	49' 2"	2008
Javelin	F	50-54	Caralee Workman	ID	56' 4"	2014
	F	55-59	Sally Mart	UT	62' 5"	2009
	F	60-64	Christie Johnston	UT	64' 6"	2011
	F	65-69	Christie Johnston	UT	66' 4"	2012

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Records 2016

	F	70-74	Kumi Horiuchi	CO	32' 3.5"	2011
	M	50-54	Jerry Ropelato	UT	118' 4"	2008
	M	55-59	Eric Johnson	UT	105' 0"	2016
	M	60-64	Jack Way	ID	124' 7"	2014
	M	65-69	Dennis Rider	NV	121' 5"	2009
	M	70-74	Malcolm Russell	ID	122' 2"	2008
	M	75-79	Bill Platts	ID	124' 6"	2007
	M	80-84	Bill Platts	ID	106' 7"	2012
	M	85-89	John Jensen	ID	45' 7"	2010
	M	90-94	John Jensen	ID	37' 2"	2013
Pole Vault	F	60-64	Susan B. Hill	UT	3' 0"	2012
	M	55-59	Don Perry	UT	6' 6"	2007
	M	60-64	Bruce Perkins	ID	9' 0"	2010
	M	65-69	Mardon Connelly	NV	8' 6"	2010
	M	70-74	Mardon Connelly	NV	8' 0"	2011
	M	75-79	Mardon Connelly	NV	8' 0"	2016
Shot Put	F	50-54	Caralee Workman	ID	25' 2"	2014
	F	55-59	Janet Zahn	WY	17' 11"	2010
	F	60-64	Yvonne Kirkpatrick	ID	26' 6"	2016
	F	65-69	Susan Hill	FL	19' 10"	2016
	F	70-74	Kumi Horiuchi	CO	13' 9"	2011
	F	75-79	Jody Olson	ID	13' 5"	2007
	M	50-54	Jerry Ropelato	UT	37' 5"	2008
	M	55-59	Marvin Orrock	UT	40' 10"	2010
	M	60-64	Bruce Jones	MT	40' 77"	2007
	M	65-69	Lonnie Haewood	WY	34' 4"	2012
	M	70-74	William Head	ID	33' 2"	2012
	M	75-79	Will Godfrey	ID	31' 0"	2014
	M	80-84	Bill Platts	ID	32' 5"	2012
	M	85-89	John Jensen	ID	22' 0"	2008
	M	90-94	John Jensen	ID	19' 2"	2013
Softball Throw	F	50-54	Caralee Workman	ID	111' 0"	2013
	F	55-59	Christie Johnson	UT	114' 0"	2005
	F	60-64	Christie Johnson	UT	110' 11"	2007
	F	65-69	Christie Johnson	UT	94' 0"	2014
	F	70-74	Carol Phillips	ID	75' 5"	2006
	F	75-79	Carol Phillips	ID	65' 10"	2010
	F	80-84	Carol Phillips	ID	64' 1"	2016
	M	50-54	David Gibbon	UT	257' 7"	2016
	M	55-59	Nathan Sorensen	UT	205' 0"	2014
	M	60-64	Jerry Sepich	ID	190' 3"	2010
	M	65-69	Kenneth Nelson	UT	180' 4"	2012
	M	70-74	Malcolm Russell	ID	180' 5"	2008
	M	75-79	Dan Pope	UT	138' 8"	2016
	M	80-84	Bill Platts	ID	118' 10"	2012

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	M	85-89	John Jensen	ID	76' 8"	2008
	M	90-94	John Jensen	ID	53' 3"	2013
High Jump	F	50-54	Caralee Workman	ID	3' 4"	2013
	F	60-64	Susan B Hill	UT	3' 4"	2012
	F	65-69	Susan B Hill	UT	3' 4"	2016
	M	50-54	Rob Schenk	UT	5' 8"	2006
	M	55-59	Marvin Orrock	UT	5' 2"	2011
	M	60-64	Marvin Orrock	UT	5' 0"	2014
	M	65-69	Doug Spainhower	UT	4' 10"	2004
	M	70-74	John Gustafson	UT	4' 6"	2012
	M	75-79	Ralph Reiche	UT	4' 0"	2012
	M	75-79	John Gustafson	UT	4' 0"	2015
	M	80-84	Clinton Baxter	UT	3' 8"	2013
Long Jump	F	50-54	Caralee Workman	ID	8' 8"	2013
	F	55-59	Mona Marble	WY	5' 7"	2011
	F	60-64	Mona Marble	WY	5' 0"	2012
	F	65-69	Susan Hill	FL	7' 0"	2016
	M	50-54	Don Perry	UT	15' 3"	2005
	M	55-59	Dale Madsen	ID	16' 2"	2006
	M	60-64	John Galazin	ID	14' 1"	2004
	M	65-69	Doug Spainhower	UT	14' 7"	2004
	M	70-74	John Gustafson	UT	13' 9"	2010
	M	75-79	John Gustafson	UT	12' 1"	2015
	M	80-84	Gordan Scheffner	UT	9' 6"	2014
Standing Long Jump	F	50-54	Caralee Workman	ID	4' 11 1/2"	2015
	F	55-59	Mona Marble	WY	4' 9"	2011
	F	60-64	Mona Marble	WY	4. 6"	2012
	F	70-75	Kumi Horiuchi	CO	4' 4.5"	2011
	M	50-54	Jerry Ropelato	UT	8' 5.5"	2010
	M	55-59	Marvin Orrock	UT	8' 4"	2010
	M	60-64	Marvin Orrock	UT	8' 1"	2013
	M	65-69	Doug Spainhower	UT	7' 11"	2004
	M	70-74	John Gustafson	UT	7' 5"	2012
	M	75-79	John Gustafson	ID	7' 0"	2015
	M	80-84	James Moorhead	ID	5' 7.25"	2008
Triple Jump	F	50-54	Susan Sanford	TX	13' 6"	2006
	M	50-54	Daniel Scamehorn	NE	33' 1"	2010
	M	55-59	Don Perry	UT	31' 5"	2009
	M	60-64	John Galazin	ID	31' 6"	2006
	M	65-69	John Gustafson	UT	28' 5.5"	2008
	M	70-74	John Gustafson	UT	29' 15"	2010
	M	75-79	John Gustafson	UT	27' 5"	2015
	M	80-84	Frank Condie	UT	18' 7"	2008
50 M Dash	F	50-54	Micquelene Alvarez	ID	9.85	2013

Highlighted in Yellow - New Record 2016

Records 2016

	F	55-59	Mona Marble	WY	12.09	2011
	F	60-64	Brenda Lish	ID	9.33	2016
	F	65-69	Lane Marie Long	ID	12.59	2010
	F	70-74	Jody Olson	ID	14.22	2006
	F	75-79	Carol Phillips	ID	16.14	2009
	F	80-84	Carol Phillips	ID	18.34	2012
	M	50-54	David Gibbon	UT	6.56	2016
	M	55-59	Marvin Orrock	UT	6.46	2011
	M	60-64	Ken Wright	ID	7.09	2009
	M	65-69	Glynn Osborne	HI	6.79	2016
	M	70-74	Eric Hill	FL	7.02	2016
	M	75-79	John Gustafson	UT	7.96	2016
	M	80-84	Claude Long	ID	8.45	2010
	M	85-89	Howard Walling	ID	10.26	2016
100 M Dash						
	F	50-54	Caralee Workman	ID	19.17	2013
	F	60-64	Brenda Lish	ID	16.68	2016
	F	65-69	Susan Hill	FL	17.58	2016
	F	70-74	Kumi Horiuchi	CO	13.27	2011
	F	75-79	Jody Olson	ID	28.16	2005
	M	50-54	Robert Cole	ID	12.05	2015
	M	55-59	Ivan Moody	ID	12.87	2013
	M	60-64	John Galazin	ID	13.35	2006
	M	65-69	Glynn Osborne	HI	13.49	2016
	M	70-74	John Gustafson	UT	13.20	2010
	M	75-79	Bill Platts	ID	15.17	2005
	M	80-84	Bill Platts	ID	15.91	2012
	M	85-89	Howard Walling	ID	20.75	2016
200 M Dash						
	F	50-54	Caralee Workman	ID	48.93	2015
	F	60-64	Brenda Lish	ID	36.70	2016
	F	70-74	Jody Olson	ID	59.15	2003
	F	75-79	Jody Olson	ID	1:00.10	2005
	M	50-54	Troy Rezendes	ID	27.62	2012
	M	55-59	Marlow Goble	UT	27.55	2006
	M	60-64	John Galazin	ID	27.05	2006
	M	65-69	Darwin Pugmire	ID	31.01	2010
	M	70-74	John Gustafson	UT	29.32	2010
	M	75-79	Bill Platts	ID	31.17	2005
	M	80-84	Gordon Scheffner	UT	38.80	2013
400 M Run						
	F	50-54	Lynn Oliver	ID	2:13.07	2009
	F	60-64	Brenda Lish	ID	1:39.00	2016
	F	65-69	Mary Morrison	TX	2:12.09	2009
	F	70-74	Jody Olson	ID	2:07.04	2003
	F	75-79	Jody Olson	ID	2:28.40	2005
	M	50-54	Wayne Lott	ID	1:03.87	2015
	M	55-59	Richard Jolley	ID	1:05.99	2013

Highlighted in Yellow - New Record 2016

Records 2016

	M	60-64	John Galazin	ID	1:02.01	2006
	M	65-69	Darwin Pugmire	ID	1:09.25	2010
	M	70-74	John Gustafson	UT	1:07.00	2010
	M	75-79	John Gustafson	UT	1:17.00	2016
	M	80-84	Clint Baxter	UT	2:10.00	2014
400 M Race Walk	F	55-59	Janet Zahn	WY	3:15.00	2010
	F	60-64	Sondra Dunkle	ID	2:57.00	2010
	F	65-69	Dorothy Huston	UT	2:40.00	2005
	F	90-94	Marie Hill	ID	3:46.00	2016
	M	50-54	Eric Johnson	UT	1:40.00	2014
	M	55-59	Eric Johnson	UT	1:45.00	2016
	M	60-64	J.C. Sanford	TX	2:21.09	2006
	M	65-69	J.C. Sanford	TX	2:12.06	2008
	M	70-74	Paul DeLong	ID	2:11.00	2014
	M	75-79	Louie Osuna	ID	2:24.27	2011
	M	80-84	Bill Platts	ID	2:46.02	2012
800 M Run	F	50-54	Caralee Workman	ID	5:26.00	2013
	F	55-59	Cindy Albers	ID	4:29.00	2009
	F	60-64	Susan Hill	UT	4:20.10	2012
	F	65-69	Susan Hill	FL	4:01.00	2016
	F	70-74	Jody Olson	ID	4:51.28	2003
	F	75-79	Jody Olson	ID	5:05.08	2005
	M	50-54	Scott Bailey	ID	2:20.20	2010
	M	55-59	Robert Jones	ID	2:24.00	2014
	M	60-64	John Galazin	ID	2:42.19	2004
	M	65-69	John Haney	UT	2:27.00	2011
	M	70-74	John Gustafson	UT	2:51.40	2010
	M	75-79	John Gustafson	UT	3:11.08	2015
800 M Estimated Walk	F	50-54	Susan Sanford	TX	22.00	2006
	F	60-64	Victoria Brunette	ID	2.00	2015
	F	65-69	Mary Morrison	TX	5.00	2009
	F	70-74	Jody Olson	ID	27.00	2004
	M	50-54	Stephen Dahms	ID	1.23	2015
	M	55-59	Eric Johnson	UT	1.11	2015
	M	60-64	J.C. Sanford	TX	12.00	2006
	M	70-74	Michael Vaughn	ID	1.20	2012
	M	75-79	Louie Osuna	ID	11.00	2010
1500 M Run	F	60-64	Susan B Hill	UT	8:31.05	2012
	F	65-69	Lou Baxter	UT	9:01.00	2006
	F	70-74	Jody Olson	ID	9:14.00	2003
	F	75-79	Jody Olson	ID	10:30.50	2005
	M	50-54	Scott Bailey	ID	5:14.16	2010
	M	55-59	Clyde Gooddrich	ID	5:15.00	2013
	M	60-64	Clyde Gooddrich	ID	5:28.00	2016
	M	65-69	Doug Leslie	ID	7:34.00	2010

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Records 2016

	M	70-74	John Gustafson	UT	6:31.00	2010
	M	75-79	Dale Perkins	UT	6:10.00	2010
1500 M Race Walk	F	50-54	Susan Sanford	TX	14:26.00	2006
	F	60-64	Lynn Mertz	SD	10:39.00	2008
	F	65-69	Mary Morrison	TX	10:44.00	2008
	F	70-74	Donna Boe	ID	11:31.00	2005
	F	90-94	Marie Hill	ID	15:08.00	2016
	M	50-54	Eric Johnson	UT	7:58.10	2012
	M	55-59	Eric Johnson	UT	8:23.00	2015
	M	60-64	Paul Delong	ID	9:54.00	2005
	M	65-69	Paul Delong	ID	9:34.00	2011
	M	70-74	Paul Delong	ID	9:36.00	2014
	M	75-79	Preston Bell	ID	11:19.00	2005

Highlighted in Yellow - New Record 2016