

Records 2017

EVENT	AGE	SEX	NAME	STATE	TIME/ SCORE DISTANCE	YEAR
ARCHERY Target						
Compound	50-54	F	Julie Bruderer	ID	285	2013
	55-59	F	Claudia Stoker	ID	195	2011
	60-64	F	Jeanne Beebe	ID	284	2006
	65-69	F	Jeanne Beebe	ID	268	2008
	85-89	F	Elisabeth Johnson	UT	235	2017
	50-54	M	Ken Quinn	ID	297	2013
	55-59	M	Doug Zeitterkopf	ID	296	2013
	60-64	M	Doug Zeitterkopf	ID	290	2015
	65-69	M	Ed Beebe	ID	282	2005
	70-74	M	Blair Peterson	ID	298	2016
	75-79	M	Arlin Lockwood	ID	222	2009
Traditional	50-54	F	Caralee Workman	ID	58	2015
	70-74	F	Kumi Horiuchi	CO	88	2011
	75-79	F	Alice Campbell	ID	41	2014
	55-59	M	George Logsdon	ID	268	2012
	60-64	M	George Logsdon	ID	265	2017
	65-69	M	Ernest Nafzger	ID	159	2011
	70-74	M	David Roberts	ID	255	2011
	75-79	M	David Roberts	ID	280	2012
	80-84	M	Steve Rowlands	ID	232	2012
ARCHERY 3-D						
	55-59	F	Caralee Workman	ID	89	2017
Compound	60-64	F	Brenda Lish	ID	170	2017
	75-79	F	Alice Campbell	ID	33	2017
	85-89	F	Elisabeth Johnson	ID	191	2017
	50-54	M	Ray Bruderer	ID	189	2015
	60-64	M	James Dumont	ID	228	2017
Traditional	75-79	F	Alice Campbell	ID	48	2014
	55-59	M	Ken Quinn	ID	183	2017
BASKETBALL						
Free Throw Shooting	60-64	F	Martha Nunez-Hagius	ID	11	2017
	70-74	F	Jacqualine Thomas	ID	5	2017
	50-54	M	Mark Mcbeth	ID	21	2017
	55-59	M	Bill Miller	ID	23	2017
	60-64	M	Nate Sorensen	ID	17	2017
	65-69	M	Bob Zentner	UT	21	2017
	70-74	M	Tarrel Palmer	UT	21	2017
	75-79	M	Darrel Short	ID	16	2017
	80-84	M	Ralph Reiche	ID	19	2017

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Free Throw/3Pt.	70-74	F	Jacqualine Thomas	ID	9	2017
	60-64	F	Martha Nunez-Hagius	ID	9	2017
	50-54	M	Merle Smith	ID	38	2004
	55-59	M	Merle Smith	ID	39	2007
	60-64	M	Ken Wright	ID	54	2006
	65-69	M	Tarrel Palmer	UT	36	2010
	70-74	M	Tarrel Palmer	UT	37	2016
	75-79	M	Ralph Reiche	UT	33	2013
	80-84	M	Gary Longmore	ID	24	2017
			Ralph Reiche	UT	24	2017
Hot Shot	60-64	F	Martha Nunez-Hagius	ID	24	2017
	50-54	M	Mark McBeth	ID	42	2017
	55-59	M	Marcus Darais	UT	39	2007
	60-64	M	Al Reiner	ID	72	2006
	65-69	M	Tarrel Palmer	UT	54	2009
	70-74	M	Charles Nyquest	MT	81	2006
	75-79	M	Charles Nyquest	MT	36	2009
	75-79	M	Louie Osuna	ID	36	2011
	75-79	M	Ralph Reiche	ID	36	2014
	80-84	M	Gary Longmore	ID	35	2017
BOCCE BALL						
Singles	55-59	F	Olson, Dana	ID	13	2014
	65-69	F	Bieda, Sharon	ID	35	2014
	70-74	F	Lindley, Linda	ID	25	2014
	50-54	M	Steven Dahms	ID	13	2014
	65-69	M	Bieda, Robert	ID	23	2014
	75-79	M	Longmore, Gary	ID	23	2014
BOWLING						
Singles	50-54	F	BJ Phillips	ID	530	2008
	55-59	F	Susanna Ruby	MT	580	2013
	60-64	F	Cyndie Birch	WY	524	2014
	65-69	F	Gott, Wilma	ID	472	2013
	70-74	F	Sally Taniguchi	ID	518	2007
	75-79	F	Carol Phillips	ID	451	2009
	80-84	F	Carol Phillips	ID	477	2012
	85-89	F	Carol Phillips	ID	369	2017
	90-94	F	Allredge, Reta	ID	428	2013
	50-54	M	Scott Bailey	ID	654	2008
	55-59	M	Bill Miller	ID	655	2016
	60-64	M	Dan Weaver	MT	651	2015
	65-69	M	Gene Giesbrecht	ID	675	2014
	70-74	M	Dave Marine		627	2014
	75-79	M	Ken Curzon	ID	607	2015

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	80-84	M	Norval Alleman Sr.	ID	584	2011
	85-80	M	Norval Alleman Sr.	ID	576	2016
	90-94	M	Meier, "Bud" Carl	MT	460	2010
Doubles	50+	F	Phillips/ Phillips	ID	1007	2008
	55+	F	Donnelly/ Paddock	MT	1045	2007
	60+	F	Paddock / Schaible	MT	993	2016
	65+	F	Barker/Gott	ID	978	2013
	70+	F	Reynolds/ Donnelly	MT	1031	2011
	75+	F	Baird/Hill	ID	886	2008
	80+	F	Hill/ Phillips	ID	883	2009
	50+	M	S. Bailey/ E. Bailey	ID	1102	2008
	55+	M	Hansen/Dayley	ID	1024	2012
	60+	M	Ahern / Watkins	MT	1144	2015
	65+	M	L. Comer/J. Watkins	MT	1188	2009
	70+	M	Watkins/Comer	MT	1151	2009
	75+	M	Meier/Comer	MT	1082	2012
	80+	M	Myers/ N. Alleman	ID	1077	2011
Mixed Doubles	50+	X	S. Donnelly/J. Watkins	MT	1120	2008
	55+	X	Donnelly / J. Watkins	MT	1159	2011
	60+	X	Schaible/ Ahern	MT	1165	2016
	65+	X	Wilcox/Giesbrecht	ID	1041	2016
	70+	X	Wilcox/Giesbrecht	ID	1117	2017
	75+	X	Baxter/Alleman	ID	921	2016
	80+	X	C. Harris/ N. Alleman	ID	776	2015
BOWLING WII						
Singles	55-59	F	Darlene Brown	ID	507	2017
	65-69	F	Linda Crockford	ID	609	2016
	70-74	F	Shirley Davis	ID	730	2016
	75-79	F	Shirley Davis	ID	667	2017
	80-84	F	Gayle Peck	ID	689	2014
	85-89	F	Lenore Peterson	ID	597	2016
	90-94	F	Doris Mart	ID	603	2017
	55-59	M	Doug Peterson	ID	559	2013
	60-64	M	Doug Peterson	ID	510	2017
	65-69	M	Paul Ray Wolfey	ID	592	2015
	70-74	M	Gooch, Dale	ID	685	2013
	75-79	M	David Davis	ID	633	2017
CYCLING						
5K TT	50-54	F	Karen Dlouhy	CO	7:23	2007
	55-59	F	Martha Iverson	CO	7:37	2008
	55-59	F	Chris Satterwhite	ID	7:37	2004
	60-64	F	Alice Pust	UT	7:32	2004
	65-69	F	Jodi Cuccia	ID	8:48	2016
	70-74	F	Jody Olson	ID	8:03	2004

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	75-79	F	Jody Olson	ID	9:30	2007
	80-84	F	Jody Olson	ID	9:25	2010
	85-89	F	Jody Olson	ID	11:43	2016
	50-54	M	Azevedo, Gary	ID	6:24	2013
	55-59	M	Azevedo, Gary	ID	6:29	2016
	60-64	M	Ravell Call	UT	6:44	2017
	65-69	M	John Haney	UT	6:45	2010
	70-74	M	Larry Peterson	UT	6:45	2017
	75-79	M	Stan Swallow	UT	7:25	2016
	80-84	M	Roy Cushway	SK	9:16	2010
10K TT	50-54	F	Karen Dlougy	CO	15:33	2007
	55-59	F	Martha Iverson	CO	16:18	2008
	60-64	F	Monica Steidele	WY	17:37	2012
	65-69	F	Jodi Cuccia	ID	19:47	2016
	70-74	F	Kumi Horiuchi	CO	19:47	2011
	75-79	F	Lois Lindsay	ID	20:34	2011
	80-84	F	Jody Olson	ID	21:49	2010
	50-54	M	Gary Azevedo	ID	11:57	2011
	55-59	M	Bob Marcinko	ID	13:34	2011
	60-64	M	Jim Dlougy	CO	14:07	2007
	65-69	M	John Haney	UT	13:06	2011
	70-74	M	Tom Neary	ID	13:44	2011
	75-79	M	Siegfried Schnelle	NV	14:17	2011
	80-84	M	Mark Hopkins	WY	19:46	2012
	85-89	M	Roy Cushway	SK	18:38	2011
20K RR	50-54	F	Karen Dlough	CO	33:10	2007
	55-59	F	Cathleen Wilde	UT	36:28	2017
	60-64	F	Lanett Draper	UT	40:13	2017
	65-69	F	Jodi Cuccia	ID	40:46	2016
	70-74	F	Jody Olson	ID	44:14	2003
	75-79	F	Jody Olson	ID	48:33	2006
	80-84	F	Jody Olson	ID	49:00	2010
	50-54	M	Azevedo, Gary	ID	31:03	2013
	55-59	M	Robert Walker	ID	31:59	2010
	60-64	M	Alan Crockett	ID	32:11	2006
	65-69	M	John Haney	UT	31:25	2013
	70-74	M	Larry Peterson	UT	32:34	2016
	75-79	M	Stan Swallow	UT	33:50	2017
	80-84	M	Roy Cushway	SK	40:10	2007
40K RR	50-54	F	Karen Dlougy	CO	1:07:15	2007
	55-59	F	Cathleen Wilde	UT	1:09:56	2017
	60-64	F	Jodi Cuccia	ID	1:19:04	2010
	65-69	F	Jodi Cuccia	ID	1:19:25	2016
	70-74	F	Gwen Seccombe	CO	1:32:29	2006
	75-79	F	Jody Olson	ID	1:38:02	2006

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	80-84	F	Jody Olson	ID	1:53:56	2010
	50-54	M	Joe Morrell	ID	1:00:52	2016
	55-59	M	Gary Azevedo	ID	1:00:52	2016
	60-64	M	Bob Marcinko	ID	1:02:53	2016
	65-69	M	John Haney	UT	1:05:32	2014
	70-74	M	Larry Peterson	UT	1:00:52	2016
	75-79	M	Stan Swallow	UT	1:05:10	2017
	80-84	M	Roy Cushway	SK	1:19:06	2007
Hill Climb	50-54	F	Karen Dlougy	CO	22:43	2007
	55-59	F	Cathleen Wilde	UT	25:02	2017
	60-64	F	Jodi Cuccia	ID	21:36	2012
	65-69	F	Jodi Cuccia	ID	27:13	2016
	70-74	F	Kumi Horiuchi	CO	35:10	2011
	80-84	F	Jody Olson	ID	43:51	2010
	50-54	M	Tony Chesrow	ID	20:29	2016
	55-59	M	Gary Azevedo	ID	21:00	2016
	60-64	M	Peter Heppleston	ALB	21:51	2007
	65-69	M	John Haney	UT	21:17	2010
	70-74	M	Larry Peterson	UT	20:27	2016
	75-79	M	Stan Swallow	UT	26:08	2017
	80-84	M	Roy Cushway	SK	32:53	2007
	85-89	M	Roy Cushway	SK	38:59	2011
Cycling Tandem						
Tandem 5K TT	65-69	M	Vitale/Howe	ID	8:14	2013
	55-59	X	Draper/Daper	UT	7:31	2013
	60-64	X	Kidd/Kidd	ID	6:54	2004
	65-69	X	Kidd/Kidd	ID	7:58	2007
	75-79	X	Kidd/Kidd	ID	7:44	2010
Tandem 10K TT	60-64	X	Kidd/Kidd	ID	18:23	2004
	65-69	X	Kidd/Kidd	ID	18:06	2007
	70-74	X	Kidd/Kidd	ID	19:21	2005
	75-79	X	Kidd/Kidd	ID	20:54	2010
Tandem 20K RR	55-59	M	Howe/Vitale	ID	35:44	2004
	65-69	M	Howe/Vitale	ID	38:21	2007
	55-59	X	Draper/Draper	UT	36:13	2013
	60-64	X	Swallow/Swallow	UT	34:27	2004
	65-69	X	Swallow/Swallow	UT	34:45	2005
	70-74	X	Kidd/Kidd	ID	40:22	2005
	75-79	X	Kidd/Kidd	ID	45:33	2010
Tandem 40K RR	55-59	M	Howe/Vitalie	ID	1:16:52	2007
	60-64	M	Howe/Vitalie	ID	1:24:28	2012
	50-54	X	Staley/Staley	ID	1:09:10	2005
	55-59	X	Boland/Boland	ID	1:27:24	2012
	60-64	X	Kidd/ Kidd	ID	1:12:38	2003
	65-69	X	Swallow/Swallow	UT	1:08:33	2005
	70-74	X	Kidd/ Kidd	ID	1:40:15	2010

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Tandem Hill Climb	55-59	X	Boland/Boland	ID	40.38	2012
DISC GOLF						
9 Holes	55-59	F	Marlene Lyksett	ID	30	2011
	65-69	F	Judy Lang	SK	61	2008
	70-74	F	Linda lindley	ID	53	2015
	50-54	M	William Miller	ID	24	2011
	55-59	M	William Miller	ID	25	2014
	60-64	M	Jon Lyksett	ID	32	2011
	65-69	M	Paul Allen	ID	30	2016
	70-74	M	Gary Longmore	ID	40	2011
	75-79	M	Gary Longmore	ID	44	2014
	80-84	M	Roy Cushway	SK	41	2009
	85-89	M	Roy Cushway	SK	52	2011
FUN RUN/WALK						
2.5K Walk	50-54	F	Caralee Workman	ID	19:14	2016
	55-59	F	Doris Cogdill	ID	17:50	2009
	60-64	F	Doris Cogdill	ID	15:23	2016
	65-69	F	Cherie Turpin	ID	15:50	2016
	70-74	F	Sharon Bieda	ID	19:27	2017
	75-79	F	Helen Beitia	ID	35:42	2016
	80-84	F	Kimi Tominaga	ID	22:05	2008
	85-89	F	Marjorie Holsapfel	ID	33:42	2013
	90-94	F	Marie Hill	ID	54:32	2016
	50-54	M	Steven Dahms	ID	15:10	2013
	55-59	M	Robert Ward	ID	20:42	2013
	60-64	M	Doug Alley	ID	19:36	2009
	65-69	M	Allan Christelow	ID	21:04	2012
	70-74	M	Joe Garcia	ID	18:43	2004
	75-79	M	Mark Sawyer	ID	19:13	2013
	80-84	M	Theron Pollard	ID	29:49	2016
5K Walk	50-54	F	Kellie Watne	ID	29:35	2016
	55-59	F	Sandra Smith	ID	34:24	2008
	60-64	F	Denise Burgoon	ID	37:10	2012
	65-69	F	Gay Kidd	ID	38:35	2004
	70-74	F	Janet Faith	ID	38:42	2017
	75-79	F	Delores Sample	ID	48:59	2006
	80-84	F	Judy Carrol	ID	29:36	2016
	50-54	M	Stephen Dahms	ID	32:16	2014
	55-59	M	Richard Mangum	ID	34:02	2012
	60-64	M	Dennis Armstrong	ID	34:39	2005
	65-69	M	Mike Berberian	ID	28:13	2012
	70-74	M	Doug Lislie	ID	28:58	2012
	75-79	M	Robert Goettsch	ID	37:53	2007
	80-84	M	Robert Goettsch	ID	33:45	2008

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5K Run	50-54	F	Josie Magee	ID	23:16	2016
	55-59	F	Julie Saiz	ID	26:30	2016
	60-64	F	Sandra Smith	ID	28:11	2013
	65-69	F	Sandra Smith	ID	29:35	2016
	70-74	F	Lou Baxter	UT	27:59	2008
	50-54	M	Scott Bailey	ID	19:18	2009
	55-59	M	Gary Azevedo	ID	19:25	2017
	60-64	M	Robert Jones	ID	20:48	2012
	65-69	M	Alan Crockett	ID	21:43	2012
	70-74	M	Alan Crockett	ID	22:36	2014
	75-79	M	Don Huston	UT	40:35	2006
10K Walk	50-54	F	Diane Nelson	ID	1:17:00	2013
	55-59	F	Meg Long	ID	1:08:20	2013
	60-64	F	Beth Serr	ID	1:03:57	2016
	65-69	F	Holly Cree	ID	1:17:18	2015
	70-74	F	Barbara Bain	ID	1:36:30	2013
	50-54	M	Steven Dahms	ID	1:05:19	2015
	55-59	M	Chris Davis	ID	1:17:03	2015
	60-64	M	Paul DeLong	ID	1:04:00	2007
	65-69	M	Paul DeLong	ID	1:06:40	2008
	70-74	M	Paul DeLong	ID	1:07:07	2015
10K Run	50-54	F	Diane Nelson	ID	42:30	2012
	55-59	F	Marita Worthington	ID	47:16	2011
	60-64	F	Lyla Wolfenberger	ID	1:06:00	2008
	65-69	F	Lyla Wolfenberger	ID	1:25:22	2016
	50-54	M	Steven Wheeler	ID	38:44	2007
	55-59	M	Mike Berberian	ID	38:28	2005
	60-64	M	Mike Berberian	ID	40:25	2009
	65-69	M	Lowell Hawkes	ID	44:59	2009
	70-74	M	Bob Swanson	ID	53:33	2016
GOLF						
9 Hole	80-84	F	NOAKES, Sandra	ID	56	2016
	60-64	M	Michael Ellsworth	ID	50	2017
	65-69	M	Keith Ellsworth	ID	60	2017
	70-74	M	BIEDA, Bob	ID	47	2016
	80-84	M	WAFORD, Gordon	ID	60	2016
18 Holes	55-59	F	Kathleen Killian	ID	94	2014
	60-64	F	Sandy Snyder	ID	89	2008
	65-69	F	Dorothy Romriell	ID	100	2017
	70-74	F	Patty Fridel	ID	99	2009
	75-79	F	Donna Hillard	ID	92	2017
	80-84	F	Sondra Hinkley	ID	97	2017
	85-89	F	Florence Menousek	ID	129	2011
	90-94	F	Francis Threlkeld	ID	115	2015

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	96-99	F	Francis Threlkeld	ID	120	2016
	50-54	M	Ron Malooly	ID	75	2008
	55-59	M	Junior Wayas	ID	71	2014
	60-64	M	Stephen Portela	ID	76	2010
	65-69	M	Gary North	ID	73	2010
	70-74	M	Randy Spencer	ID	74	2015
			James Buffaloe	ID	74	2017
	75-79	M	Lute Armstrong	ID	76	2017
	80-84	M	Allen Jackson	ID	96	2012
	80-84	M	Richard Anderson	ID	96	2015
	85-89	M	George Oyama	ID	101	2012
MINIATURE GOLF						
Singles	55-59	F	Dana Olson	ID	44	2015
	60-64	F	Dana Olson	ID	52	2016
	65-69	F	Marjean Waford	ID	49	2016
	70-74	F	Kathy Steinmetz	ID	49	2015
	75-79	F	Dot Thompson	ID	47	2016
	80-84	F	Dorothy Dickerson	ID	51	2014
	85-89	F	Gayle Peck	ID	52	2015
	50-54	M	Steven Dahms	ID	50	2016
	55-59	M	Doug Milder	ID	45	2016
	60-64	M	Vook, Jin	ID	43	2017
	65-69	M	Jerry Tolley	ID	42	2017
	70-74	M	John Jones	ID	59	2017
	75-79	M	Russ Miller	ID	47	2017
	90-94	M	George Oyama	ID	45	2017
SWIMMING						
25 Yd Backstroke	60-64	F	Norrie Garner	ID	23.07	2004
	65-69	F	Norrie Garner	ID	23.44	2005
	70-74	F	Ardith McLeod	MT	25.33	2009
	75-79	F	Ardith McLeod	MT	26.29	2011
	80-84	F	Jacquie Hampstein	AZ	41.29	2005
	95-99	F	Charlotte Sanddal	MT	46.41	2017
	50-54	M	David Gibbon	UT	19.16	2017
	55-59	M	Kevin Sullivan	UT	19.84	2015
	60-64	M	Bud Sadler	ID	18.00	2016
	65-69	M	Jim Green	WY	16.19	2008
	70-74	M	Larry Larson	UT	19.25	2006
	75-79	M	Larry Larson	UT	20.03	2009
	80-84	M	Clint Baxter	UT	24.25	2014
25 Yd Breaststroke	55-59	F	Marjie Kline	ID	25.05	2014
	60-64	F	Ruthann Hubbard	ID	27.19	2008
	65-69	F	Norie Garner	ID	30.12	2008

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	70-74	F	Ardith McLeod	MT	25.01	2009
	75-79	F	Ardeth McLeod	AZ	28.16	2011
	80-84	F	Jody Olson	ID	48.50	2010
	50-54	M	Eric Johnson	UT	19.31	2012
	55-59	M	Chris Mart	UT	20.30	2010
	60-64	M	Bud Sadler	ID	17.19	2016
	65-69	M	Curtis Hale	UT	19.94	2016
	70-74	M	Clinton Baxter	UT	22.58	2006
	75-79	M	Richard Knight	MT	20.40	2010
	80-84	M	Clinton Baxter	UT	24.43	2013
25 Yd Butterfly	55-59	F	Gloria Lambertz	MT	20.43	2011
	70-74	F	Ardeth McLeod	MT	2:26.03	2009
	75-79	F	Ardeth McLeod	AZ	26.25	2011
	80-84	F	Jody Olson	ID	43.06	2010
	50-54	M	Bud Sadler	ID	14.42	2016
	55-59	M	Kevin Sullivan	UT	17.53	2015
	60-64	M	Kelsey Williams	UT	15.36	2008
	65-69	M	Jim Demet	UT	22.09	2005
	70-74	M	Bufe Morrison	TX	35.33	2009
	75-79	M	Jim Demet	UT	23.03	2012
	80-84	M	Jim Demet	UT	29.01	2015
25 Yd Freestyle	50-54	F	Wendy Baron	ID	14.41	2016
	55-59	F	Margie Kline	ID	15.03	2009
	60-64	F	Angela Luckey	ID	18.05	2004
	65-69	F	Angela Luckey	ID	19.00	2011
	70-74	F	Angela Luckey	ID	19.77	2015
	75-79	F	Ardeth McLeod	AZ	20.22	2011
	80-84	F	Jody Olson	ID	31.09	2010
	95-99	F	Charlotte Sanddal	MT	39.09	2017
	50-54	M	David Gibbon	UT	12.26	2017
	55-59	M	Gary Azevedo	ID	14.38	2015
	60-64	M	Bud Sadler	UT	12.03	2016
	65-69	M	Jim Green	WY	14.06	2008
	70-74	M	Clint Baxter	UT	17.03	2007
	75-79	M	Larry Larson	UT	16.09	2011
	80-84	M	Clinton Baxter	UT	17.88	2013
	85-89	M	Ivan Haskell	ID	2:52.09	2010
25 Yd Elementary Back	65-69	F	Jane Gibson	ID	32.03	2016
	70-74	F	Lou Baxter	UT	38.28	2014
	75-79	F	Jody Olson	ID	37.05	2006
	80-84	F	Jody Olson	ID	52.44	2010
	95-99	F	Charlotte Sanddal	MT	47.76	2017
	50-54	M	Eric Johnson	UT	22.40	2012
	55-59	M	Eric Johnson	ID	24.04	2017
	60-64	M	Curtis Hale	UT	23.33	2015

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	65-69	M	Curtis Hale	UT	23.78	2016
	70-74	M	Clinton Baxter	UT	29.51	2005
	75-79	M	Richard Knight	MT	20.56	2010
	80-84	M	Clinton Baxter	UT	28.73	2013
25 Yd Sidestroke	55-59	F	RuthAnn Hubbard	ID	26.37	2010
	60-64	F	Sandra Roberts	ID	29.58	2008
	65-69	F	Lou Baxter	UT	25.17	2006
	70-74	F	Lou Baxter	UT	26.34	2014
	75-79	F	Jody Olson	ID	35.22	2006
	80-84	F	Jody Olson	ID	39.28	2010
	95-99	F	Charlotte Sanddal	MT	49.22	2017
	50-54	M	Gary Azevedo	ID	18.00	2010
	55-59	M	Gary Azevedo	ID	19.37	2015
	60-64	M	Curtis Hale	UT	19.78	2013
	65-69	M	Curtis Hale	UT	20.12	2016
	70-74	M	Clinton Baxter	UT	21.45	2007
	75-79	M	Larry Larson	UT	22.33	2009
	80-84	M	Clinton Baxter	UT	20.53	2013
50 Yd Backstroke	50-54	F	Wendy Baron	ID	47.76	2015
	55-59	F	Gloria Lambertz	MT	47.28	2011
	60-64	F	Norrie Garner	ID	54.13	2004
	65-69	F	Norrie Garner	ID	55.06	2008
	70-74	F	Ardeth McLeod	MT	1:00.37	2009
	75-79	F	Ardeth McLeod	AZ	1:04.40	2011
	80-84	F	Flora Wong	MT	1:09.31	2012
	95-99	F	Charlotte Sanddal	MT	1:32.37	2017
	50-54	M	Brent Faure	ID	34.56	2011
	55-59	M	Jim Green	WY	36.55	2003
	60-64	M	Bud Sadler	UT	37.75	2016
	65-69	M	Jim Green	WY	36.35	2008
	70-74	M	Larry Larson	UT	43.20	2006
	75-79	M	Larry Larson	UT	44.15	2009
	80-84	M	Richard Kaiser	CA	56.16	2017
50 Yd Breaststroke	50-54	F	Laureen Kinnaman	ID	41.37	2012
	55-59	F	RuthAnn Hubbard	ID	55.08	2009
	60-64	F	Ruthann Hubbard	ID	58.72	2014
	65-69	F	Norie Garner	ID	1:02.31	2005
	70-74	F	Ardeth McLeod	MT	52.48	2009
	75-79	F	Ardeth McLeod	AZ	1:01.53	2011
	80-84	F	Charlotte Sanddal	MT	1:29.45	2005
	50-54	M	Stephen Obert	ID	40.35	2011
	55-59	M	Eric Johnson	UT	45.07	2016
	60-64	M	Richard F. Goers	UT	37.04	2004
	65-69	M	Curtis Hale	UT	44.40	2016
	70-74	M	Clint Baxter	UT	49.47	2007

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	75-79	M	Richard Knight	MT	49.33	2010
	80-84	M	Clinton Baxter	UT	55.46	2013
50 Yd Butterfly	60-64	F	Janet Getting	ID	36.22	2009
	65-69	F	Martaret Collins	MT	1:09.08	2011
	70-74	F	Ardeth McLeod	MT	36.22	2009
	75-79	F	Ardeth McLeod	AZ	1:00.59	2011
	80-84	F	Charlotte Sanddal	MT	1:22.02	2006
	85-89	F	Charlotte Sanddal	MT	1:24.16	2011
	90-94	F	Charlotte Sanddal	MT	1:41.09	2015
	50-54	M	John Fitzpatrick	ID	37.10	2012
	55-59	M	Jim Green	WY	36.33	2003
	60-64	M	Kelsey Williams	UT	34.06	2008
	65-69	M	Curtis Hale	UT	52.63	2017
	70-74	M	Jim DeMet	UT	57.09	2004
	75-79	M	Richard Kaiser	ID	57.43	2012
	80-84	M	Al Maguire	ID	1:04.40	2007
50 Yd Freestyle	50-54	F	Laureen Kinnaman	ID	32.18	2012
	55-59	F	Margie Kline	ID	33.53	2009
	60-64	F	Norie Garner	ID	44.50	2004
	65-69	F	Norie Garner	ID	47.21	2005
	70-74	F	Angela Luckey	ID	47.15	2015
	75-79	F	Ardeth McLeod	AZ	54.09	2011
	80-84	F	Flora Wang	MT	59.22	2012
	85-89	F	Charlotte Sanddal	MT	1:26.22	2007
	50-54	M	Brent Faure	ID	29.27	2011
	55-59	M	Jim Green	WY	31.01	2003
	60-64	M	Bud Sadler	UT	28.03	2016
	65-69	M	Howard Bethel	MT	34.32	2003
	70-74	M	Clint Baxter	UT	38.21	2007
	75-79	M	Richard Knight	MT	35.56	2010
	80-84	M	Clint Baxter	UT	41.70	2013
	85-89	M	Ivan Haskell	ID	4:36.05	2010
50 Yd Elementary Back	55-59	F	Marjean Waford	ID	1:29.20	2009
	60-64	F	Sandra Roberts	ID	1:10.03	2009
	65-69	F	Jane Gibson	ID	1:13.60	2016
	70-74	F	Jody Olson	ID	1:26.00	2006
	75-79	F	Jody Olson	ID	2:12.33	2007
	80-84	F	Jody Olson	ID	2:00.12	2010
	50-54	M	Ron Endo	ID	45.29	2007
	55-59	M	Chris Mart	UT	51.19	2014
	60-64	M	Curtis Hale	UT	49.00	2015
	65-69	M	Curtis Hale	UT	48.41	2016
	70-74	M	Clinton Baxter	UT	57.26	2006
	75-79	M	Richard Knight	UT	46.01	2010
	80-84	M	Clinton Baxter	UT	1:00.77	2014

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50 Yd Sidestroke	55-59	F	RuthAnn Hubbard	ID	1:05.07	2009
	60-64	F	Donna Rogers	ID	1:03.06	2005
	65-69	F	Lou Baxter	UT	1:01.06	2008
	70-74	F	Jody Olson	ID	1:18.29	2004
	75-79	F	Ruth Harrop	ID	1:49.14	2005
	80-84	F	Jody Olson	ID	1:19.35	2010
	95-99	F	Charlotte Sanddal	MT	1:54.31	2017
	50-54	M	Ron Endo	ID	39.43	2007
	55-59	M	Gary Azevedo	ID	44.13	2015
	60-64	M	Curtis Hale	UT	45.03	2015
	65-69	M	Curtis Hale	UT	44.50	2016
	70-74	M	Clinton Baxter	UT	49.57	2007
	75-79	M	Larry Larson	UT	49.19	2008
	80-84	M	Clinton Baxter	UT	56.94	2013
100 Yd Backstroke	55-59	F	Gloria Lambertz	MT	1:47.51	2011
	65-69	F	Margaret Collins	MT	2:22.19	2011
	75-79	F	Flora Wong	MT	2:20.07	2005
	80-84	F	Flora Wong	MT	2:38.28	2011
	85-89	F	Charoltte Sanddal	MT	3:02.10	2011
	50-54	M	Brent Faure	ID	1:14.20	2011
	55-59	M	Jim Green	WY	1:28.18	2003
	60-64	M	Bud Sadler	UT	1:25.06	2016
	65-69	M	Bufe Morrison	TX	2:32.08	2007
	70-74	M	Clint Baxter	UT	2:03.31	2005
	75-79	M	Richard Kaiser	ID	1:48.16	2012
	80-84	M	Richard Kaiser	ID	2:11.53	2016
100 Yd Breaststroke	50-54	F	Dana Olson	ID	2:15.13	2010
	55-59	F	RuthAnn Hubbard	ID	2:05.15	2010
	60-64	F	Janet Getting	ID	1:28.03	2009
	65-69	F	Norie Garner	ID	2:22.04	2008
	70-74	F	Sondra Schuist	ID	2:26.56	2008
	75-79	F	Ardeth McLeod	AZ	2:26.28	2014
	80-84	F	Charlotte Sanddal	MT	3:30.61	2005
	85-89	F	Charlotte Sanddal	MT	3:15.08	2009
	90-94	F	Charlotte Sanddal	MT	3:57.18	2012
	95-99	F	Charlotte Sanddal	MT	4:22.75	2017
	50-54	M	Chris Mart	UT	2:29.60	2009
	55-59	M	Kevin Sullivan	UT	1:55.52	2015
	60-64	M	Richard F. Goers	UT	1:28.92	2004
	65-69	M	Curtis Hale	UT	1:45.84	2017
	70-74	M	Clinton Baxter	UT	1:58.87	2004
	75-79	M	Richard Knight	MT	1:43.03	2010
	80-84	M	Clinton Baxter	UT	2:10.32	2015
100 Yd Butterfly	55-59	F	Robin Piet	ID	1:42.75	2012
	65-69	F	Lou Baxter	UT	2:46.04	2007

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	70-74	F	Jody Olson	ID	2:53.00	2003
	75-79	F	Jody Olson	ID	3:09.06	2005
	50-54	M	Chris Mart	UT	1:47.05	2009
	55-59	M	Gary Azevedo	ID	1:45.98	2014
	65-69	M	Curtis Hale	UT	1:56.25	2017
	75-79	M	Al Maguire	ID	2:20.10	2006
	80-84	M	Al Maguire	ID	2:32.50	2007
100 Yd Freestyle	50-54	F	Laureen Kinnaman	ID	1:11.56	2012
	55-59	F	Margie Kline	ID	1:13.05	2009
	60-64	F	Janet Getting	ID	1:13.04	2009
	65-69	F	Norrie Garner	ID	1:57.18	2008
	70-74	F	Ardeth McLeod	MT	2:01.00	2009
	75-79	F	Flora Wong	MT	2:02.26	2005
	80-84	F	Flora Wong	MT	2:17.07	2011
	85-89	F	Charlotte Sanddal	MT	2:36.09	2009
	90-94	F	Charlotte Sanddal	MT	2:49.34	2012
	95-99	F	Charlotte Sanddal	MT	3:02.23	2017
	50-54	M	Brent Faure	ID	1:07.26	2011
	55-59	M	Gary Azevedo	ID	1:14.42	2017
	60-64	M	Bud Sadler	UT	1:02.25	2016
	65-69	M	Jim Green	WY	1:13.21	2008
	70-74	M	David Fortsch	ID	1:24.13	2007
	75-79	M	Larry Larson	UT	1:29.47	2008
	80-84	M	Clinton Baxter	UT	1:44.13	2015
200 Yd Backstroke	60-64	F	Margaret Collins	MT	5:00.22	2008
	75-79	F	Flora Wong	MT	4:56.38	2005
	80-84	F	Flora Wong	MT	5:43.82	2012
	85-89	F	Charlotte Sanddal	MT	6:28.13	2011
	90-94	F	Charlotte Sanddal	MT	6:16.34	2012
	95-99	F	Charlotte Sanddal	MT	7:26.16	2017
	50-54	M	Brent Faure	ID	2:44.02	2011
	55-59	M	Jim Green	WY	3:11.23	2003
	60-64	M	Mark Schanfein	ID	3:51.53	2013
	65-69	M	Jim Green	WY	3:10.15	2008
	70-74	M	Larry Larson	UT	3:48.18	2006
	75-79	M	Donald Roberts	ID	4:09.00	2009
	80-84	M	Clinton Baxter	UT	4:29.00	2015
200 Yd Breaststroke	60-64	F	Janet Getting	ID	3:23.03	2009
	65-69	F	Lou Baxter	UT	5:00.24	2008
	75-79	F	Lou Baxter	UT	7:05.03	2016
	80-84	F	Charlotte Sandall	MT	7:11.63	2005
	85-89	F	Charlotte Sandall	MT	7:39.30	2008
	90-94	F	Charlotte Sandall	MT	8:10.37	2012
	50-54	M	Stephen Obert	ID	3:16.20	2009
	55-59	M	Gary Azevedo	UT	4:19.46	2014

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	60-64	M	Bud Sadler	UT	3:08.10	2016
	65-69	M	Curtis Hale	UT	3:55.85	2016
	70-74	M	Clinton Baxter	UT	4:04.68	2007
	75-79	M	Richard Knight	MT	3:48.47	2010
	80-84	M	Clinton Baxter	UT	4:36.99	2013
200 Yd Freestyle	50-54	F	Wendy Baron	ID	2:52.16	2017
	55-59	F	Gloria Lambertz	MT	3:08.07	2011
	60-64	F	Angela Luckey	ID	3:58.24	2004
	70-74	F	Jody Olson	ID	4:23.04	2003
	75-79	F	Flora Wong	MT	4:19.19	2005
	80-84	F	Charlotte Sanddal	MT	4:47.32	2006
	85-89	F	Charlotte Sanddal	MT	5:37.44	2008
	90-94	F	Charlotte Sanddal	MT	5:46.83	2012
	50-54	M	Gary Azevedo	ID	2:29.45	2010
	55-59	M	Jim Green	WY	2:42.09	2003
	60-64	M	Curtis Hale	ID	3:01.12	2015
	65-69	M	David Fortsch	ID	3:00.59	3003
	70-74	M	David Fortsch	ID	3:00.31	2004
	75-79	M	Jim DeMet	UT	3:56.08	2010
	80-84	M	Clinton Baxter	UT	3:54.66	2013
500 Yd Freestyle	50-54	F	Wendy Baron	ID	7:39.12	2017
	55-59	F	Robin Piet	ID	7:56.02	2009
	60-64	F	Olive Bulkey	UT	10:34.72	2012
	65-69	F	Lou Baxter	UT	10:48.00	2008
	75-79	F	Flora Wong	MT	11:29.16	2005
	80-84	F	Flora Wong	MT	12:39.14	2011
	85-89	F	Charlotte Sanddal	MT	15:02.06	2008
	50-54	M	Brent Faure	ID	6:45.11	2011
	55-59	M	Gary Azevedo	ID	7:32.68	2014
	60-64	M	Curtis Hale	ID	8:30.63	2014
	65-69	M	David Fortsch	ID	7:59.28	2003
	70-74	M	David Fortsch	ID	7:58.05	2004
	75-79	M	Richard Kaiser	ID	10:18.97	2013
	80-84	M	Jim Demet	UT	12:20.28	2015
800 Yd Freestyle	50-54	F	Wendy Baron	ID	12:58.16	2015
	55-59	F	Robin Piet	ID	13:26.62	2012
	60-64	F	Olive Bulkley	UT	17:25.69	2012
	75-79	F	Lou Baxter	UT	19:40.47	2017
	80-85	F	Jody Olson	ID	24:53.53	2012
	85-89	F	Charlotte Sanddal	MT	26:43.77	2011
	90-94	F	Charlotte Sanddal	MT	24:55.31	2015
	50-54	M	Brent Faure	ID	11:04.47	2011
	55-59	M	Gary Azevedo	ID	11:49.60	2014
	60-64	M	Curtis Hale	UT	14:13.36	2014
	65-69	M	Curtis Hale	UT	14:38.25	2016

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	75-79	M	Richard Kaiser	ID	17:27.52	2013
	80-84	M	Jim Demet	UT	19:48.58	2015
1650 Yd Freestyle	50-54	F	Wendy Baron	ID	27:14.00	2015
	55-59	F	Robin Piet	ID	26:50.04	2009
	60-64	F	Olive Bulkley	UT	35:40.11	2012
	65-69	F	Lou Baxter	UT	34:58.00	2006
	75-79	F	Lou Baxter	UT	38:05.00	2015
	90-94	F	Charlotte Sanddal	MT	1:00.36.00	2016
	50-54	M	Brent Faure	ID	23:45.47	2011
	55-59	M	Gary Azevedo	ID	26:11.49	2014
	60-64	M	Curtis Hale	UT	30:10.00	2015
	65-69	M	Curtis Hale	UT	30:02.00	2016
	70-74	M	David Fortsch	ID	27:19.33	2004
	75-79	M	Richard Kaiser	ID	33:56.00	2012
	80-84	M	Richard Kaiser	CA	42:24.60	2017
100 Yd Individual Medley	50-54	F	Laureen Kinnaman	ID	1:25.53	2012
	55-59	F	Gloria Lambertz	MT	1:46.29	2011
	60-64	F	Janet Gettling	ID	1:23.56	2009
	65-69	F	Lou Baxter	UT	2:12.39	2008
	70-74	F	Ardeth McLeod	MT	2:04.05	2009
	75-79	F	Ardeth McLeod	AZ	2:11.21	2011
	80-84	F	Flora Wong	MT	3:07.85	2012
	85-89	F	Charlotte Sanddal	MT	3:04.41	2008
	90-94	F	Charlotte Sanddal	MT	3:15.41	2012
	50-54	M	John Fitzpatrick	ID	1:28.09	2012
	55-59	M	Jim Green	WY	1:31.30	2003
	60-64	M	Bud Sadler	UT	1:17.75	2016
	65-69	M	Curtis Hale	UT	1:40.81	2016
	70-74	M	Craig Walker	ID	2:47.71	2013
	75-79	M	Richard Kaiser	ID	1:55.81	2012
	80-84	M	Al Maguire	ID	2:19.09	2007
200 Yd Individual Medley	55-59	F	Robin Piet	ID	3:24.00	2009
	60-64	F	Janet Getting	ID	3:06.02	2009
	65-69	F	Lou Baxter	UT	4:48.33	2006
	70-74	F	Jody Olson	ID	5:19.19	2003
	75-79	F	Ardeth McLeod	AZ	4:44.19	2011
	80-84	F	Flora Wong	MT	6:42.91	2012
	85-89	F	Charlotte Sanddal	MT	6:59.04	2011
	90-94	F	Charlotte Sanddal	MT	6:38.37	2012
	50-54	M	Chris Mart	UT	4:09.24	2008
	55-59	M	Gary Azevedo	ID	3:31.18	2014
	65-69	M	Curtis Hale	UT	3:40.91	2017
	70-74	M	Craig Walker	ID	6:28.73	2013
	75-79	M	Al Maguire	ID	4:57.20	2006

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TRACK and FIELD						
Discus	55-59	F	Caralee Workman	ID	53' 1.5"	2014
	60-64	F	Yvonne Kirkpatrick	ID	69' 10"	2016
	65-69	F	Christie Johnston	UT	37' 8"	2016
	70-79	F	Kumi Horiuchi	CO	32' 6.5"	2011
	50-54	M	Robert Smith	UT	111' 4"	2005
	55-59	M	Marvin Orrock	UT	125' 9"	2010
	60-64	M	Marvin Orrock	UT	138' 7"	2014
	65-69	M	Eric Bjarnson	UT	112' 4"	2017
	70-74	M	Mike Haigwood	NV	98' 1"	2012
	75-79	M	Bill Platts	ID	94' 9"	2007
	80-84	M	Bill Platts	ID	87' 7"	2012
	85-89	M	John Jensen	ID	59' 0"	2009
	90-94	M	John Jensen	ID	50' 7"	2013
Football Throw	50-54	F	Micquelene Alvarez	ID	76' 0"	2013
	55-59	F	Christie Johnston	UT	75' 2"	2006
	60-64	F	Christie Johnston	UT	74' 1"	2011
	65-69	F	Christie Johnston	UT	74' 8.5"	2012
	70-74	F	Carol Phillips	ID	48' 8"	2006
	75-79	F	Carol Phillips	ID	43' 10"	2009
	80-84	F	Carol Phillips	ID	35' 8"	2013
	85-89	F	Carol Phillips	ID	32' 0"	2017
	50-54	M	Jerry Ropelato	UT	144' 5"	2010
	55-59	M	Aaron Weber	ID	128' 6"	2017
	60-64	M	Jack Way	ID	135' 8.5"	2014
	65-69	M	Jack Way	ID	135' 10"	2016
	70-74	M	Malcolm Russell	ID	123' 10"	2007
75-79	M	Bill Platts	ID	106' 1"	2005	
80-84	M	Bill Platts	ID	81' 4"	2012	
85-89	M	John Jensen	ID	49' 4"	2010	
Hammer Throw	60-64	F	Yvonne Kirkpatrick	ID	82' 3.5"	2017
	50-54	M	Jeff Johnson	UT	90' 2"	2016
	55-59	M	James Vook	ID	84' 1"	2012
	60-64	M	Howie Kellogg	WA	114' 4"	2007
	65-69	M	J.C. Sanford	TX	81' 2.5"	2008
	70-74	M	Murdo Campbell	MT	87' 8"	2007
	75-79	M	Dean Dopp	ID	58' 7"	2017
	80-84	M	Bill Platts	ID	63' 3"	2012
85-89	M	John Jensen	ID	49' 2"	2008	
Javelin	50-54	F	Caralee Workman	ID	56' 4"	2014
	55-59	F	Sally Mart	UT	62' 5"	2009
	60-64	F	Christie Johnston	UT	64' 6"	2011
	65-69	F	Christie Johnston	UT	66' 4"	2012
	70-74	F	Kumi Horiuchi	CO	32' 3.5"	2011
	50-54	M	Jerry Ropelato	UT	118' 4"	2008

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	55-59	M	Aaron Weber	ID	106' 1"	2017
	60-64	M	Jack Way	ID	124' 7"	2014
	65-69	M	Dennis Rider	NV	121' 5"	2009
	70-74	M	Malcolm Russell	ID	122' 2"	2008
	75-79	M	Bill Platts	ID	124' 6"	2007
	80-84	M	Bill Platts	ID	106' 7"	2012
	85-89	M	John Jensen	ID	45' 7"	2010
	90-94	M	John Jensen	ID	37' 2"	2013
Pole Vault	60-64	F	Susan B. Hill	UT	3' 0"	2012
	55-59	M	Don Perry	UT	6' 6"	2007
	60-64	M	Bruce Perkins	ID	9' 0"	2010
	65-69	M	Mardon Connelly	NV	8' 6"	2010
	70-74	M	Mardon Connelly	NV	8' 0"	2011
	75-79	M	Mardon Connelly	NV	8' 0"	2016
	80-84	M	Ralph Reiche	UT	4' 3"	2017
Shot Put	50-54	F	Caralee Workman	ID	25' 2"	2014
	55-59	F	Janet Zahn	WY	17' 11"	2010
	60-64	F	Yvonne Kirkpatrick	ID	26' 6"	2016
	65-69	F	Susan Hill	FL	19' 10"	2016
	70-74	F	Kumi Horiuchi	CO	13' 9"	2011
	75-79	F	Jody Olson	ID	13' 5"	2007
	50-54	M	Jerry Ropelato	UT	37' 5"	2008
	55-59	M	Marvin Orrock	UT	40' 10"	2010
	60-64	M	Bruce Jones	MT	40' 77"	2007
	65-69	M	Ronald Long	ID	35' 0"	2017
	70-74	M	William Head	ID	33' 2"	2012
	75-79	M	Will Godfrey	ID	31' 0"	2014
	80-84	M	Bill Platts	ID	32' 5"	2012
	85-89	M	John Jensen	ID	22' 0"	2008
	90-94	M	John Jensen	ID	19' 2"	2013
Softball Throw	50-54	F	Caralee Workman	ID	111' 0"	2013
	55-59	F	Christie Johnson	UT	114' 0"	2005
	60-64	F	Christie Johnston	UT	110' 11"	2007
	65-69	F	Christie Johnston	UT	94' 0"	2014
	70-74	F	Carol Phillips	ID	75' 5"	2006
	75-79	F	Carol Phillips	ID	65' 10"	2010
	80-84	F	Carol Phillips	ID	64' 1"	2016
	85-89	F	Carol Phillips	ID	48' 0"	2017
	50-54	M	David Gibbon	UT	257' 7"	2016
	55-59	M	Nathan Sorensen	UT	205' 0"	2014
	60-64	M	Jerry Sepich	ID	190' 3"	2010
	65-69	M	Kenneth Nelson	UT	180' 4"	2012
	70-74	M	Malcolm Russell	ID	180' 5"	2008
	75-79	M	Dan Pope	UT	138' 8"	2016
	80-84	M	Bill Platts	ID	118' 10"	2012

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	85-89	M	John Jensen	ID	76' 8"	2008
	90-94	M	John Jensen	ID	53' 3"	2013
High Jump	50-54	F	Caralee Workman	ID	3' 4"	2013
	60-64	F	Susan B Hill	UT	3' 4"	2012
	65-69	F	Susan B Hill	UT	3' 4"	2016
	50-54	M	Rob Schenk	UT	5' 8"	2006
	55-59	M	Marvin Orrock	UT	5' 2"	2011
	60-64	M	Marvin Orrock	UT	5' 0"	2014
	65-69	M	Doug Spainhower	UT	4' 10"	2004
	70-74	M	John Gustafson	UT	4' 6"	2012
	75-79	M	Ralph Reiche	UT	4' 0"	2012
	75-79	M	John Gustafson	UT	4' 0"	2015
	80-84	M	Clinton Baxter	UT	3' 8"	2013
Long Jump	50-54	F	Caralee Workman	ID	8' 8"	2013
	55-59	F	Mona Marble	WY	5' 7"	2011
	60-64	F	Mona Marble	WY	5' 0"	2012
	65-69	F	Susan Hill	FL	7' 0"	2016
	50-54	M	David Gibbon	UT	16' 3"	2017
	55-59	M	Dale Madsen	ID	16' 2"	2006
	60-64	M	John Galazin	ID	14' 1"	2004
	65-69	M	Doug Spainhower	UT	14' 7"	2004
	70-74	M	John Gustafson	UT	13' 9"	2010
	75-79	M	John Gustafson	UT	12' 1"	2015
	80-84	M	Gordan Scheffner	UT	9' 6"	2014
Standing Long Jump	50-54	F	Caralee Workman	ID	4' 11 1/2"	2015
	55-59	F	Mona Marble	WY	4' 9"	2011
	60-64	F	Yvonne Kirkpatrick	ID	5' 8"	2017
	70-75	F	Kumi Horiuchi	CO	4' 4.5"	2011
	50-54	M	Jerry Ropelato	UT	8' 5.5"	2010
	55-59	M	Marvin Orrock	UT	8' 4"	2010
	60-64	M	Marvin Orrock	UT	8' 1"	2013
	65-69	M	Doug Spainhower	UT	7' 11"	2004
	70-74	M	John Gustafson	UT	7' 5"	2012
	75-79	M	John Gustafson	ID	7' 0"	2015
	80-84	M	Ralph Reiche	UT	5'10.5"	2017
Triple Jump	50-54	F	Susan Sanford	TX	13' 6"	2006
	60-64	F	Yvonne Kirkpatrick	ID	16' 9"	2017
	50-54	M	Daniel Scamehorn	NE	33' 1"	2010
	55-59	M	Don Perry	UT	31' 5"	2009
	60-64	M	John Galazin	ID	31' 6"	2006
	65-69	M	John Gustafson	UT	28' 5.5"	2008
	70-74	M	John Gustafson	UT	29' 15"	2010
	75-79	M	John Gustafson	UT	27' 5"	2015
	80-84	M	Frank Condie	UT	18' 7"	2008

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50 M Dash	50-54	F	Micquelene Alvarez	ID	9.85	2013
	55-59	F	Mona Marble	WY	12.09	2011
	60-64	F	Brenda Lish	ID	9.33	2016
	65-69	F	Lane Marie Long	ID	12.59	2010
	70-74	F	Jody Olson	ID	14.22	2006
	75-79	F	Carol Phillips	ID	16.14	2009
	80-84	F	Carol Phillips	ID	18.34	2012
	85-89	F	Carol Phillips	ID	18.82	2017
	50-54	M	David Gibbon	UT	6.56	2016
	55-59	M	Marvin Orrock	UT	6.46	2011
	60-64	M	Ken Wright	ID	7.09	2009
	65-69	M	Glynn Osborne	HI	6.79	2016
	70-74	M	Eric Hill	FL	7.02	2016
	75-79	M	John Gustafson	UT	7.96	2016
	80-84	M	Claude Long	ID	8.45	2010
	85-89	M	Howard Walling	ID	10.26	2016
100 M Dash	50-54	F	Caralee Workman	ID	19.17	2013
	60-64	F	Brenda Lish	ID	16.68	2016
	65-69	F	Susan Hill	FL	17.58	2016
	70-74	F	Kumi Horiuchi	CO	13.27	2011
	75-79	F	Jody Olson	ID	28.16	2005
	50-54	M	Robert Cole	ID	12.05	2015
	55-59	M	Ivan Moody	ID	12.87	2013
	60-64	M	John Galazin	ID	13.35	2006
	65-69	M	Glynn Osborne	HI	13.49	2016
	70-74	M	John Gustafson	UT	13.20	2010
	75-79	M	Bill Platts	ID	15.17	2005
	80-84	M	Bill Platts	ID	15.91	2012
	85-89	M	Howard Walling	ID	20.75	2016
200 M Dash	50-54	F	Caralee Workman	ID	48.93	2015
	60-64	F	Brenda Lish	ID	36.70	2016
	70-74	F	Jody Olson	ID	59.15	2003
	75-79	F	Jody Olson	ID	1:00.10	2005
	50-54	M	David Gibbon	UT	25:01	2017
	55-59	M	Marlow Goble	UT	27.55	2006
	60-64	M	John Galazin	ID	27.05	2006
	65-69	M	Darwin Pugmire	ID	31.01	2010
	70-74	M	John Gustafson	UT	29.32	2010
	75-79	M	Bill Platts	ID	31.17	2005
	80-84	M	Gordon Scheffner	UT	38.80	2013
400 M Run	50-54	F	Lynn Oliver	ID	2:13.07	2009
	60-64	F	Brenda Lish	ID	1:39.00	2016
	65-69	F	Mary Morrison	TX	2:12.09	2009
	70-74	F	Jody Olson	ID	2:07.04	2003
	75-79	F	Jody Olson	ID	2:28.40	2005

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	50-54	M	Wayne Lott	ID	1:00.00	2014
	55-59	M	Richard Jolley	ID	1:05.99	2013
	60-64	M	John Galazin	ID	1:02.01	2006
	65-69	M	Darwin Pugmire	ID	1:09.25	2010
	70-74	M	John Gustafson	UT	1:07.00	2010
	75-79	M	John Gustafson	UT	1:17.00	2016
	80-84	M	Clint Baxter	UT	2:10.00	2014
400 M Race Walk	55-59	F	Janet Zahn	WY	3:15.00	2010
	60-64	F	Sondra Dunkle	ID	2:57.00	2010
	65-69	F	Dorothy Huston	UT	2:40.00	2005
	70-74	F	Janet Faith	ID	2:39.44	2017
	90-94	F	Marie Hill	ID	3:46.00	2016
	50-54	M	Eric Johnson	UT	1:40.00	2014
	55-59	M	Eric Johnson	UT	1:40.72	2017
	60-64	M	J.C. Sanford	TX	2:21.09	2006
	65-69	M	J.C. Sanford	TX	2:12.06	2008
	70-74	M	Paul DeLong	ID	2:11.00	2014
	75-79	M	Louie Osuna	ID	2:24.27	2011
	80-84	M	Bill Platts	ID	2:46.02	2012
800 M Run	50-54	F	Caralee Workman	ID	5:26.00	2013
	55-59	F	Cindy Albers	ID	4:29.00	2009
	60-64	F	Susan Hill	UT	4:20.10	2012
	65-69	F	Susan Hill	FL	4:01.00	2016
	70-74	F	Jody Olson	ID	4:51.28	2003
	75-79	F	Jody Olson	ID	5:05.08	2005
	50-54	M	Scott Bailey	ID	2:20.20	2010
	55-59	M	Robert Jones	ID	2:24.00	2014
	60-64	M	John Galazin	ID	2:42.19	2004
	65-69	M	John Haney	UT	2:27.00	2011
	70-74	M	John Gustafson	UT	2:51.40	2010
	75-79	M	John Gustafson	UT	3:11.08	2015
800 M Estimated Walk	50-54	F	Susan Sanford	TX	22.00	2006
	60-64	F	Victoria Brunette	ID	2.00	2015
	65-69	F	Mary Morrison	TX	5.00	2009
	70-74	F	Jody Olson	ID	27.00	2004
	50-54	M	Stephen Dahms	ID	1.23	2015
	55-59	M	Eric Johnson	UT	.22	2017
	60-64	M	J.C. Sanford	TX	12.00	2006
	70-74	M	Michael Vaughn	ID	1.20	2012
	75-79	M	Louie Osuna	ID	11.00	2010
1500 M Run	60-64	F	Susan B Hill	UT	8:31.05	2012
	65-69	F	Lou Baxter	UT	9:01.00	2006
	70-74	F	Jody Olson	ID	9:14.00	2003
	75-79	F	Jody Olson	ID	10:30.50	2005
	50-54	M	Scott Bailey	ID	5:14.16	2010

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	55-59	M	Clyde Goodrich	ID	5:15.00	2013
	60-64	M	Clyde Goodrich	ID	5:28.00	2016
	65-69	M	Doug Leslie	ID	7:34.00	2010
	70-74	M	John Gustafson	UT	6:31.00	2010
	75-79	M	Dale Perkins	UT	6:10.00	2010
1500 M Race Walk	50-54	F	Susan Sanford	TX	14:26.00	2006
	60-64	F	Lynn Mertz	SD	10:39.00	2008
	65-69	F	Mary Morrison	TX	10:44.00	2008
	70-74	F	Janet Faith	ID	11:28.59	2017
	90-94	F	Marie Hill	ID	15:08.00	2016
	50-54	M	Eric Johnson	UT	7:58.10	2012
	55-59	M	Eric Johnson	UT	8:15.99	2017
	60-64	M	Paul Delong	ID	9:54.00	2005
	65-69	M	Paul Delong	ID	9:34.00	2011
	70-74	M	Paul Delong	ID	9:36.00	2014
	75-79	M	Preston Bell	ID	11:19.00	2005

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