

# Southeast Idaho Senior Games 2012 Records

New Records are Highlighted

Category	Event	Age	Sex	Name	ST	Time / Distance	Year
<b>Basketball</b>	<b>Free Throw</b>	50-54	M	Doug Milder	ID	22	2008
<b>2004 to Present</b>	<b>1 pt / Basket</b>	55-59	M	Doyle Stokes	ID	21	2008
	<b>25 shots max</b>	60-64	M	Delson Suppah, Sr.	ID	23	2009
		65-69	M	Tarrel Palmer	ID	24	2009
		70-74	M	Louie Osuna	ID	24	2008
		75-79	M	Charles T. Nyquest	MT	25	2009
<b>Basketball</b>	<b>Free Throw/3 Point</b>	50-54	M	Merle Smith	ID	38	2004
	<b>Combined</b>	55-59	M	Merle Smith	ID	39	2007
	<b>(max 43 pts)</b>	60-64	M	Roger Davis	ID	31	2004
		65-69	M	Tarrel Palmer	UT	36	2010
		70-74	M	Louie Osuna	ID	36	2007
		75-79	M	Louie Osuna	ID	31	2010
			M	Lynn Edlefsen	ID	31	2011
	<b>Hot Shot</b>	50-54	M	Merle Smith	ID	39	2004
		55-59	M	Marcus Darais	UT	39	2007
		60-64	M	Delson Suppah, Sr.	ID	46	2009
		65-69	M	Tarrel Palmer	UT	54	2009
		70-74	M	Gary Longmore	ID	41	2009
		75-79	M	Dale Perkins	UT	55	2009
<b>Basketball</b>	<b>3 Point</b>	50-54	M	Shane Wilker	ID	12	2008
		55-59	M	Doyle Stokes	ID	12	2008
		60-64	M	Ken Wright	ID	12	2008
		60-64	M	Delson Suppah, Sr.	ID	12	2009
		65-69	M	Roger Davis	ID	18	2008
		70-74	M	Louie Osuna	ID	15	2008
		75-79	M	Dale Perkins	ID	15	2008
<b>Bowling</b>	<b>Singles</b>	50-54	F	B J Phillips	ID	530	2008
<b>2003 to Present</b>		55-59	F	Susanna Ruby	MT	556	2012
		60-64	F	Fay Lloyd	ID	482	2008
		65-69	F	Lucille S. Crouson	ID	462	2007
		70-74	F	Sally Taniguchi	ID	518	2007
		75-79	F	Carol Phillips	ID	451	2009
		80-84	F	Carol Phillips	ID	477	2012
		50-54	M	Scott Bailey	ID	654	2008
		55-59	M	Neil Hansen	ID	571	2012
		60-64	M	Jim Watkins	MT	650	2008
		65-69	M	Jim Watkins	MT	629	2011
		70-74	M	Les Comer	MT	626	2011

# Southeast Idaho Senior Games 2012 Records

New Records are Highlighted

		75-79	M	Les Comer	MT	526	2012
		80-84	M	Norval Alleman Sr.	ID	584	2011
		85-89	M	Bud Carl Meier	MT	507	2009
<b>Bowling</b>	<b>Womens Doubles</b>	50-54	F	JoAnn Paddock		1045	2007
			F	Donnelly			
		55-59	F	Carol Mecham	ID	942	2008
				Fay Lloyd	ID		
		60-64	F	Lloyd / Meachan	ID	827	2012
		65-59	F	Kinselle/ F. George	WY	918	2011
		70-74	F	Reynolds/ Donnelly	MT	1031	2011
		75-79	F	Janell Baird	ID	886	2008
				Phyllis Baird	ID		
		80-84	W	Phillips/Hill	ID	883	2009
<b>Bowling</b>	<b>Men's Doubles</b>	50-54	M	Scott Bailey	ID	1162	2008
				Ed Bailey	ID		
		55-59	M	Hansen/Dayley	ID	1024	2012
		60-64	M	Les Comer	MT	1138	2008
				Jim Watkins	MT		
		70-74	M	Comer/Watkins	MT	1188	2009
		75-79	M	Meier/Comer	MT	1082	2012
		80-84	M	Myers/Alleman	ID	1077	2011
		85-89	M	Meier/Reeve	ID/MT	931	2009
<b>Bowling</b>	<b>Mixed Doubles</b>	50-54	F	Susanna Donnelly	ID	1120	2008
			M	Jim Watkins	MT		
		55-59	X	Donnelly / Watkins	MT	1159	2011
		60-64	F	JoAnn Paddock	MT	1060	2008
			M	Les Comer	MT		
		65-69	MX	Lucille Crouson	ID	871	2009
				James Crouson			
		70-74	X	Alleman/Baxter	ID	1086	2012
		75-79	MX	Opal Sherwood	ID	901	2008
				Max Sherwood	ID		
		80-84	MX	Janell Baird	ID	756	2004
				Clair Baird	ID		
<b>Cycling</b>	<b>Hill Climb</b>	50-54	F	Karen Dlouhy	CO	22:43	2007
<b>2006 to Present</b>		55-59	F	Pat Harris	ID	39:59	2012
		60-64	F	Jodi Cuccia	ID	26:14	2012
		70-74	F	Kotter, Bette	UT	32:54	2012
		80-84	F	Jody Olson	ID	43:51	2010
		50-54	M	Frank Matus	SK-Car	20:37	2007
		55-59	M	Kawamura, Dennis	ID	21:20	2012
		60-64	M	Peter Heppleston	LB-Ca	21:51	2007

# Southeast Idaho Senior Games 2012 Records

New Records are Highlighted

		65-69	M	John Haney	UT	21:17	2010
		70-74	M	Swallow, Stan	UT	23:52	2012
		75-79	M	Walt Axthelm	ID	26:37	2008
		80-84	M	Roy Cushway	SK-Car	32:53	2007
		85-89	M	Roy Cushway	SK	38:59	2011
<b>Cycling</b>	<b>5K Time Trail</b>	50-54	F	Russell, Patty	ID	8:12	2012
<b>2008 to Present</b>		55-59	F	Martha Iverson	CO	7:37	2008
<b>Arimo Course</b>		60-64	F	Jodi Cuccia	ID	8:14	2010
		65-69	F	Alice Pust	UT	10:10	2009
		70-74	F	Kumi Horiuchi	CO	9:51	2009
		75-79	F	Jody Olson	ID	9:52	2009
		80-84	F	Jody Olson	ID	9:25	2010
		50-54	M	Gary Azevedo	ID	6:27	2010
		55-59	M	Bob Walker	ID	6:26	2010
		60-64	M	Richard Bagienski	CO	7:16	2008
		65-69	M	John Haney	UT	6:45	2010
		70-74	M	Stan Swallow	Ut.	7:25	2011
		75-79	M	Larry Slotta	WY	8:08	2009
		80-84	M	Roy Cushway	SK-Car	9:16	2010
<b>Cycling</b>	<b>10 K Time Trial</b>	50-54	F	Russell, Patty	ID	16:39	2012
		55-59	F	Martha Iverson	CO	16:18	2008
		60-64	F	Steidele, Monica	WY	17:37	2012
		65-69	F	Alice Pust	UT	22:32	2009
		70-74	F	Kumi Horiuchi	CO	19:47	2011
		75-79	F	Lois Lindsay	ID	20:34	2011
		80-84	F	Jody Olson	ID	21:49	2010
		50-54	M	Gary Azevedo	ID	11:57	2011
		55-59	M	Bob Marcinko	ID	13:34	2011
		60-64	M	John Haney	UT	14:54	2009
		65-69	M	John Haney	UT	13:06	2011
		70-74	M	Tom Neary	ID	13:44	2011
		75-79	M	Siegfried Schnelle	NV	14:17	2011
		80-84	M	Hopkins, Mark	WY	19:46	2012
		85-89	M	Roy Cushway	SK	18:38	2011
<b>Cycling</b>	<b>20 K Road Race</b>	50-54	F	Russell, Patty	ID	49:38	2012
		55-59	F	Martha Iverson	CO	37:33	2008
		60-64	F	Cuccia, Jodi	ID	43:22	2012
		65-69	F	Alice Pust	UT	53:00	2009
		70-74	F	Kotter, Bette	UT	49:55	2012
		75-79	F	Jody Olson	ID	53:00	2009
		80-84	F	Jody Olson	ID	49:00	2010
		50-54	M	Jonas Neeser	ID	32:15	2010

# Southeast Idaho Senior Games 2012 Records

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		55-59	M	Bob Walker	ID	31:59	2010
		60-64	M	John Haney	UT	33:29	2009
		65-69	M	John Haney	UT	32:05	2010
		70-74	M	Swallow, Stan	UT	36:34	2012
		75-79	M	Walt Axthelm	CO	37:39	2008
		80-84	M	Roy Cushway	SK-Car	44:10	2008
<b>Cycling</b>	<b>40 K Road Race</b>	50-54	F	Russell, Patty	ID	1:12:40	2012
		55-59	F	Monica Steidele	WY	1:31:20	2010
		60-64	F	Cuccia, Jodi	ID	1:20:40	2012
		50-54	M	Gary Azevedo	ID	1:07:26	2012
		55-59	M	Kawamura, Dennis	ID	1:04:52	2012
		60-64	M	Bob Nelson	ID	1:09:30	2008
		65-69	M	Hatt, David	UT	1:09:20	2012
		70-74	M	Swallow, Stan	UT	1:04:53	2012
		75-79	M	Paganini, Robert	CA	1:09:20	2012
		80-84	M	Hopkins, Mark	WY	1:35:51	2012
<b>Cycling</b>	<b>5K Time Trial</b>	50-54	F	Karen Dlouhy	CO	7:23	2007
<b>2003 to 2007</b>		55-59	F	Christine Satterwhite	ID	7:37	2004
<b>S 5th Course</b>		60-64	F	Alice Pust	UT	7:32	2004
		65-69	F	Alice Pust	UT	8:54	2007
		70-74	F	Jody Olson	ID	8:03	2004
		75-79	F	Jody Olson	ID	9:30	2007
		50-54	M	Bob Walker	ID	6:20	2005
		55-59	M	Dean Wilkie	ID	6:40	2004
		60-64	M	Stan Swallow	UT	6:17	2004
		65-69	M	Stan Swallow	UT	7:03	2005
		70-74	M	Walt Axthelm	ID	6:59	2007
		75-79	M	Mark Olson	ID	7:33	2004
		80-84	M	Roy Cushway	SK-Car	8:59	2007
<b>Cycling</b>	<b>10 K Time Trial</b>	50-54	F	Karen Dlougy	CO	15:33	2007
		55-59	F	Robin Nicholson	ID	26:30	2003
		60-64	F	Alice Pust	UT	19:06	2004
		65-69	F	Alice Pust	UT	22:39	2007
		70-74	F	Seccombe, Gwen	CO	20:41	2006
		75-79	F	Jody Olson	ID	21:43	2007
		50-54	M	Frank Matus	SK-Car	13:44	2007
		55-59	M	Bob Marcinko	ID	14:48	2007
		60-64	M	Jim Dlougy	CO	14:07	2007
		65-69	M	Swallow, Stan	UT	16:04	2007
		70-74	M	Walt Axthelm	CO	15:04	2007
		75-79	M	Mark Hopkins	WY	17:28	2007
		80-84	M	Roy Cushway	SK-Car	19:57	2007

# Southeast Idaho Senior Games 2012 Records

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<b>Cycling</b>	<b>20 K Road Race</b>	50-54	F	Karen Dlouhy	CO	33:10	2007
		55-59	F	Christine Satterwhite	ID	38:06	2004
		60-64	F	Alice Pust	UT	40:54	2004
		65-69	F	Alice Pust	UT	50:44	2007
		70-74	F	Jody Olson	ID	44:14	2003
		75-79	F	Olson, Jody	ID	48:33	2006
		50-54	M	Marcinko, Bob	ID	31:55	2006
		55-59	M	Bob Marcinko	ID	32:27	2007
		60-64	M	Crockett, Alan	ID	32:11	2006
		65-69	M	Stan Swallow	UT	32:27	2007
		70-74	M	David Deichman	ID	32:59	2007
		75-79	M	Mark Hopkins	WY	40:12	2007
		80-84	M	Roy Cushway	SK-Car	40:10	2007
<b>Cycling</b>	<b>40 K Road Race</b>	50-54	F	Karen Dlouhy	CO	1:07:15	2007
		55-59	F	Marilyn Spelrn	ID	1:10:41	2005
		60-64	F	Alice Pust	UT	1:23:59	2005
		70-74	F	Seccombe, Gwen	CO	1:32:29	2006
		75-79	F	Olson, Jody	ID	1:38:02	2006
		50-54	M	Bob Walker	ID	1:04:21	2005
		55-59	M	Bob Nelson	ID	1:04:38	2004
		60-64	M	Crockett, Alan	ID	1:06:34	2006
		65-69	M	Swallow, Stan	UT	1:06:07	2006
		70-74	M	David Deichman	ID	1:06:46	2007
		75-79	M	Harry Meridith	SK-Car	1:23:17	2007
		80-84	M	Roy Cushway	SK-Car	1:19:06	2007
<b>Disc Golf</b>	<b>Singles</b>	55-59	F	Marlene Lyksett	ID	30	2011
<b>2008 to Present</b>		65-69	F	Judy Lang	SK-Car	61	2008
		70-74	F	Judy Lang	SK-Car	59	2009
		50-54	M	Gary Azevedo	ID	36	2011
		60-64	M	Jon Lyksett	ID	32	2011
		70-74	M	Mark Price	UT	42	2008
		75-79	M	Mark Hopkins	WY	46	2009
		80-84	M	Roy Cushway	SL Car	41	2009
		85-89	M	Roy Cushway	SK	52	2011
<b>Fun Run</b>	<b>2.5 K Walk</b>	50-54	F	Davis, Donna	ID	15:37	2012
<b>Bonneville Park</b>		55-59	F	Keith, Marlene	ID	30:58	2012
<b>2012 to Present</b>		60-64	F	Romreill, Dorothy	ID	16:03	2012
		65-69	F	Kraus, Joan	ID	24:56	2012
		55-59	M	Braun, David	ID	29:17	2012
		65-69	M	Christelow, Allen	ID	21:04	2012
		70-74	M	Vaughn, Michael	ID	18:44	2012

# Southeast Idaho Senior Games 2012 Records

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		80-84	M	Mark Olson	ID	1:04:07	2012
	<b>5 K Walk</b>	65-69	F	Sondra Dunkle	ID	1:53.16	2012
		65-69	M	Mike Berberian	ID	28:13	2012
		70-74	M	Leslie Doug	ID	34:59	2012
	<b>5 K Run</b>	50-54	F	Overocker, Madalena	ID	26:43	2012
		55-59	F	Mickelsen, Cindy	ID	36:01	2012
		60-64	F	Smith,Sandra	ID	28:53	2012
		50-54	M	Wills, Angier	ID	21:13	2012
		55-59	M	Bailey, Fred	ID	29:54	2012
		60-64	M	Jones, Robert	ID	20:48	2012
		65-69	M	Crockett,Alan	ID	21:43	2012
		70-74	M	Anderson, Andy	ID	33:59	2012
	<b>10 K Walk</b>	65-69	M	Delong, Paul	ID	1:07:40	2012
<b>Fun Run</b>	<b>2.5 K Walk</b>	50-54	F	Beverly Sion	ID	22:24	2007
<i>OK Ward Park</i>		55-59	F	Margaret Jacob	ID	19:48	2009
<b>2003 to 2011</b>		60-64	F	Sondra Dunkle	ID	21:28	2010
		65-69	F	Cindy Bunde	ID	21:30	2010
		70-74	F	Kimi Tominaga	ID	22:12	2007
		75-79	F	Kimi Tominga	ID	22:05	2008
		50-54	M	Ron Endo	ID	22:25	2007
		55-59	M	Doug Alley	ID	19:36	2009
		60-64	M	Allen Christelow	ID	22:04	2010
		70-74	M	Joe Garcia	ID	18:43	2004
<b>Fun Run</b>	<b>5 K Run</b>	50-54	F	Worthington, Marita	ID	23:40	2006
		55-59	F	Sandra Smith	ID	27:17	2010
		60-64	F	Susan Swetnam	ID	29:22	2010
		65-69	F	Leslie Doug	ID	27:48	2010
		50-54	M	Scott Bailey	ID	18:48	2010
		55-59	M	Bob Jenks	ID	22:18	2009
		60-64	M	Redge Balls	ID	23:41	2010
		65-69	M	Gordon Dixon	ID	24:23	2008
		70-74	M	Clinton Baxter	UT	29:11	2004
<b>Fun Run</b>	<b>5 K Walk</b>	50-54	F	Linda Buchli	ID	35:19	2009
		55-59	F	Sandra Smith	ID	34:24	2008
		60-64	F	Karen Price	ID	38:14	2003
		65-69	F	Gay Kidd	ID	38:35	2004
		70-74	F	Gay Kidd	ID	39:37	2008
		75-79	F	Delores Sample	ID	48:56	2006
		80-84	F	Delores Sample	ID	48:03	2008
		50-54	M	Kevin Wakeman	ID	39:35	2007
		55-59	M	Don Babcock	ID	37:13	2005
		60-64	M	Dennis Armstrong	ID	34:39	2005

# Southeast Idaho Senior Games 2012 Records

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		65-69	M	David Knickerbocker	KS	32:34	2010
		70-74	M	Joe Garcia	ID	46:28	2005
		75-79	M	Robert Goettsch	ID	37:53	2007
		80-84	M	Robert Goeettsch	ID	35:55	2008
<b>Fun Run</b>	<b>10 K Run</b>	50-54	F	Madalena Overocker	ID	52:37	2011
		55-59	F	Marita Worthington	ID	47:16	2011
		60-64	F	Holly Cree	ID	57:48	2010
		65-69	F	Shari Newsome	ID	1:01:27	2010
		50-54	M	Dan Grimes	ID	38:32	2009
		55-59	M	Mike Berberian	ID	38:28	2005
		60-64	M	Mike Berberian	ID	39:54	2007
		65-69	M	Lowell Hawkes	ID	44:59	2009
<b>Fun Run</b>	<b>10 K Walk</b>	50-54	F	Margarita Moody	ID	42:27	2007
		55-59	F	Jody O'Donnell	ID	46:22	2008
		60-64	F	Judy Thomas	ID	1:07:47	2007
		65-69	F	Betty Stewart	ID	1:09:31	2007
		50-54	M	Chris Severson	ID	50:37	2008
		55-59	M	Empey, David	ID	56:30	2006
		60-64	M	Paul DeLong	ID	43:06	2007
		65-69	M	Paul DeLong	ID	34:35	2008
		70-74	M	Dave Treasure	ID	1:00:51	2007
<b>Golf</b>	<b>18 Hole</b>	50-54	F	King, Tracey	ID	103	2012
<b>2004 to Present</b>		55-59	F	Shawna Nelson	ID	89	2004
		60-64	F	Strachan, Kathy	ID	93	2012
		65-69	F	Sandy Snyder	ID	89	2008
		70-74	F	Hillard, Donna	ID	112	2012
		75-79	F	A J Ardelis	UT	107	2010
		80-84	F	Deloris Geslin	ID	107	2008
		85-89	F	Florence Menousek	ID	129	2011
		50-54	M	Ron Malooly	ID	75	2008
		55-59	M	Ron Malooly	ID	76	2009
		55-59	M	Stephen Portela	ID	76	2010
		60-64	M	Portela, Stephen	ID	78	2012
		65-69	M	Gary North	ID	73	2010
		70-74	M	Keith Martindale	ID	80	2010
			M	Ron Schburt	AZ	80	2011
		75-79	M	Cliff Sato	ID	84	2009
		80-84	M	Jackson, Allen	ID	96	2012
		85-89	M	Oyama, George	ID	101	2012
<b>Swimming</b>	<b>25 Yd Backstroke</b>	60-64	F	Norie Garner	ID	22.67	2004
<b>2003 to Present</b>		65-69	F	Norie Garner	ID	23.44	2005



# Southeast Idaho Senior Games 2012 Records

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		70-74	F	Ardeth McLeod	MT	25.33	2009
		75-79	F	Ardith McLeod	MT	26.29	2011
		80-84	F	Jacque Hampston	AZ	41.29	2005
		50-54	M	Azevedo, Gary	ID	21.00	2012
		55-59	M	Chris Mart	UT	22.06	2010
		60-64	M	Mike Dismer	ID	21.43	2004
		65-69	M	Jim Green	WY	16.19	2008
		70-74	M	Larsen, Larry	UT	19.25	2006
		75-79	M	Larry Larson	UT	19.63	2009
		80-84	M	Lupercio Rangel	MT	34.07	2008
<b>Swimming</b>	<b>25 Yd Breaststroke</b>	55-59	F	Margie Kline	ID	19.98	2010
		60-64	F	Stephanie Gill	ID	27.18	2008
		65-69	F	Norie Garner	ID	30.12	2008
		70-74	F	Ardeth McLeod	MT	25.01	2009
		75-79	F	Ardeth McLeod	MT	28.16	2011
		80-84	F	Jody Olson	ID	43.50	2010
		50-54	M	Johnson, Eric	UT	19.31	2012
		55-59	M	Chris Mart	UT	20.72	2010
		60-64	M	Bruce Potter	ID	24.36	2009
		65-69	M	Bufe Morrison	TX	32.76	2007
		70-74	M	Clint Baxter	UT	22.58	2006
		75-79	M	Richard Knight	MT	20.40	2010
		80-84	M	Lupercio Rangel	MT	24.97	2009
<b>Swimming</b>	<b>25 Yd Butterfly</b>	55-59	F	Gloria Lambertz	MT	20.43	2011
		70-74	F	Ardeth McLeod	MT	26.03	2009
		75-79	F	Ardeth McLeod	AZ	25.85	2011
		80-84	F	Jody Olson	ID	43.06	2010
		50-54	M	John Fitzpatrick	ID	15.66	2010
		55-59	M	Chris Mart	UT	18.70	2010
		60-64	M	Kelsey Williams	UT	14.96	2008
		65-69	M	Bufe Morrison	TX	32.84	2007
		70-74	M	Jim DeMet	UT	22.09	2005
		75-79	M	DeMet, Jim	UT	23.03	2012
<b>Swimming</b>	<b>25 Yd Freestyle</b>	50-54	F	Kinnaman, Laureen	ID	14.57	2012
		55-59	F	Margie Kline	ID	14.47	2010
		60-64	F	Angela Luckey	ID	17.65	2004
		65-69	F	Angela Luckey	ID	18.60	2011
		70-74	F	Ardeth McLeod	MT	20.40	2009
		75-79	F	Ardeth McLeod	AZ	20.22	2011
		80-84	F	Jody Olson	ID	31.99	2010
		50-54	M	Gary Azevedo	ID	13.64	2009
		55-59	M	Chris Mart	UT	15.18	2011
		60-64	M	Kelsey Williams	UT	13.91	2008



# Southeast Idaho Senior Games 2012 Records

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		65-69	M	Jim Green	WY	14.06	2008
		70-74	M	Clinton Baxter	UT	16.73	2007
		75-79	M	Richard Knight	MT	15.85	2010
		80-84	M	Lupercio Rangel	MT	24.09	2009
		85-89	M	Ivan Haskell	ID	2:52.09	2010
<b>Swimming</b>	<b>25 Elementary</b>	70-74	F	Joy Burke	ID	48.41	2009
	<b>Backstroke</b>	75-79	F	Olson, Jody	ID	36.65	2006
		80-84	F	Jody Olson	ID	52.84	2010
		50-54	M	Johnson, Eric	UT	22.40	2012
		55-59	M	Mart, Chris	UT	25.59	2012
		60-64	M	Bruce Potter	ID	27.30	2009
		65-69	M	Dalebout, David	UT	42.21	2006
		70-74	M	Clint Baxter	UT	26.64	2006
		75-79	M	Richard Knight	MT	20.56	2010
		80-84	M	Ivan Haskell	ID	1:15.96	2004
<b>Swimming</b>	<b>25 Yd Sidestroke</b>	55-59	F	RuthAnn Hubbard	ID	25.97	2010
		60-64	F	Sandra Roberts	ID	29.58	2008
		65-69	F	Baxter, Lou	UT	25.17	2006
		70-74	F	Jody Olson	ID	35.80	2004
		75-79	F	Jody Olson	ID	34.82	2006
		80-84	F	Jody Olson	ID	38.88	2010
		50-54	M	Gary Azevedo	ID	18.00	2010
		55-59	M	Bruce Potter	ID	22.15	2005
		60-64	M	Bruce Potter	ID	22.00	2009
		65-69	M	Bufe Morrison	TX	25.50	2008
		70-74	M	Clinton Baxter	UT	21.43	2007
		75-79	M	Larry Larson	UT	22.33	2009
<b>Swimming</b>	<b>50 Yd Backstroke</b>	55-59	F	Gloria Lambertz	MT	47.28	2011
		60-64	F	Norie Garner	ID	53.73	2004
		65-69	F	Norie Garner	ID	55.06	2008
		70-74	F	Ardeth McLeod	MT	59.97	2009
		75-79	F	Ardeth McLeod	AZ	1:04.40	2011
		80-84	F	Flora Wong	MT	1:09.31	2012
		50-54	M	Brent Faure	ID	34.56	2011
		55-59	M	Jim Green	WY	36.55	2003
		60-64	M	Richard Goers	UT	48.13	2004
		65-69	M	Jim Green	WY	35.95	2008
		70-74	M	Larson, Larry	UT	42.80	2006
		75-79	M	Larry Larson	UT	44.15	2009
		80-84	M	Ivan Haskell	ID	1:35.50	2003
<b>Swimming</b>	<b>50 Yd Breaststroke</b>	50-54	F	Kinnaman, Laureen	ID	41.37	2012
		55-59	F	RuthAnn Hubbard	ID	55.80	2009
		60-64	F	Janet Gettling	ID	39.89	2009

# Southeast Idaho Senior Games 2012 Records

New Records are Highlighted

		65-69	F	Norie Garner	ID	1:02.31	2005
		70-74	F	Jody Olson	ID	1:23.05	2004
		75-79	F	Ardeth McLeod	AZ	1:01.53	2011
		80-84	F	Char Sanddal	MT	1:29.45	2005
		50-54	M	Stephen Obert	ID	40.35	2011
		55-59	M	Chris Mart	UT	47.71	2012
		60-64	M	Richard Goers	UT	37.04	2004
		65-69	M	David Dalebout	UT	1:54.59	2004
		70-74	M	Baxter, Clinton	UT	49.80	2006
		75-79	M	Richard Knight	MT	44.83	2010
		80-84	M	Al Maguire	ID	1:06.52	2009
<b>Swimming</b>	<b>50 Yd Butterfly</b>	60-64	F	Janet Gettling	ID	36.22	2009
		65-69	F	Martaret Collins	MT	1:09.08	2011
		70-74	F	Ardeth McLeod	MT	55.82	2003
		75-79	F	Ardeth McLeod	AZ	1:00.59	2011
		80-84	F	Sanddal, Charlotte	MT	1:22.09	2006
		85-89	F	Charlotte Sanddal	MT	1:24.16	2011
		50-54	M	Fitzpatrick, John	ID	37.10	2012
		55-59	M	Jim Green	WY	35.93	2003
		60-64	M	Kelsey Williams	TX	34.06	2008
		70-74	M	Jim Demet	UT	57.09	2004
		75-79	M	Kaiser, Richard	ID	57.43	2012
		80-84	M	Al Maguire	ID	1:09.40	2007
<b>Swimming</b>	<b>50 Yd Freestyle</b>	50-54	F	Kinnaman, Laureen	ID	32.18	2012
		55-59	F	Margie Kline	ID	33.52	2009
		60-64	F	Norie Garner	ID	44.50	2004
		65-69	F	Norie Garner	ID	47.21	2005
		70-74	F	Ardeth McLeod	MT	50.03	2009
		75-79	F	Ardeth McLeod	AZ	54.09	2011
		80-84	F	Flora Wong	MT	59.22	2012
		85-89	F	Charlotte Sanddal	MT	1:16.22	2007
		50-54	M	Brent Faure	ID	28.87	2011
		55-59	M	Jim Green	WY	30.61	2003
		60-64	M	Kelsey Williams	UT	31.80	2008
		65-69	M	Harold Bethel	MT	34.32	2003
		70-74	M	Clint Baxter	UT	37.81	2007
		75-79	M	Richard Knight	MT	35.56	2010
		80-84	M	Lupercio Rangel	MT	1:04.68	2009
		85-89	M	Ivan Haskell	ID	4:36.50	2010
<b>Swimming</b>	<b>50 Yd Elementary</b>	55-59	F	Marjean Waford	ID	1:28.83	2009
	<b>Back</b>	60-64	F	Sandra Roberts	ID	1:10.26	2009
		70-74	F	Jody Olson	ID	1:49.58	2004
		75-79	F	Jody Olson	ID	1:26.00	2006

# Southeast Idaho Senior Games 2012 Records

New Records are Highlighted

		80-84	F	Jody Olson	ID	2:00.12	2010
		50-54	M	Ron Endo	ID	45.29	2007
		55-59	M	Chris Mart	UT	55.85	2010
		60-64	M	Bruce Potter	ID	1:09.48	2009
		65-69	M	Dalebout, David	UT	1:36.92	2006
		70-74	M	Baxter, Clinton	UT	56.86	2006
		75-79	M	Richard Knight	MT	46.01	2010
		80-84	M	Ivan Haskell	ID	2:26.09	2004
<b>Swimming</b>	<b>50 Yd Sidestroke</b>	55-59	F	RuthAnn Hubbard	ID	1:05.23	2010
		60-64	F	Donna Rogers	ID	1:03.06	2005
		65-69	F	Lou Baxter	UT	1:00.66	2008
		70-74	F	Jody Olson	ID	1:18.69	2004
		75-79	F	Ruth Harrop	ID	1:48.74	2005
		80-84	F	Jody Olson	ID	1:18.95	2010
		50-54	M	Ron Endo	ID	39:43	2007
		55-59	M	Bruce Potter	ID	49.19	2008
		60-64	M	Bruce Potter	ID	50.89	2008
		65-69	M	Bufe Morrison	TX	1:00.61	2008
		70-74	M	Clinton Baxter	UT	49:57	2007
		75-79	M	Larry Larson	UT	48.79	2008
<b>Swimming</b>	<b>100 Yd Backstroke</b>	55-59	F	Gloria Lambertz	MT	1:47.51	2011
		60-64	F	Margaret Collins	MT	2:13.00	2008
		65-69	F	Margaret Collins	MT	2:22.19	2011
		75-79	F	Flora Wong	MT	2:19.67	2005
		80-84	F	Flora Wong	MT	2:38.28	2011
		85-89	F	Charlotte Sanddal	MT	3:01.70	2011
		50-54	M	Brent Faure	ID	1:14.20	2011
		55-59	M	Jim Green	WY	1:27.78	2003
		60-64	M	Schanfein, Mark	ID	1:50.06	2012
		65-69	M	Bufe Morrison	TX	2:31.68	2007
		70-74	M	Clinton Baxter	UT	2:02.91	2005
		75-79	M	Kaiser, Richard	ID	1:48.16	2012
<b>Swimming</b>	<b>100 Yd Breaststroke</b>	50-54	F	Dana Olson	ID	2:14.73	2010
		55-59	F	Ruthann Hubbard	ID	2:05.15	2010
		60-64	F	Janet Gettling	ID	1:28.29	2009
		65-69	F	Norie Garner	ID	2:22.04	2008
		70-74	F	Sondra Schwulst	ID	2:26.56	2008
		75-79	F	Olson, Jody	ID	3:36.91	2006
		80-84	F	Char Sanddal	MT	3:30.61	2005
		85-89	F	Char Sanddal	MT	3:15.78	2009
		90-94	F	Sanddal, Charlotte	MT	3:57.18	2012
		50-54	M	Chris Mart	UT	2:20.60	2009
		55-59	M	Chris Mart	UT	2:11.69	2010

# Southeast Idaho Senior Games 2012 Records

New Records are Highlighted

		60-64	M	Richard Goers	UT	1:28.92	2004
		70-74	M	Clinton Baxter	UT	1:58.87	2004
		75-79	M	Richard Knight	MT	1:42.63	2010
		80-84	M	Al Maguire	ID	2:11.00	2007
<b>Swimming</b>	<b>100 Yd Butterfly</b>	<b>55-59</b>	<b>F</b>	<b>Robin Piet</b>	<b>ID</b>	<b>1:42.75</b>	<b>2012</b>
		65-69	F	Lou Baxter	UT	2:46.39	2007
		70-74	F	Jody Olson	ID	2:53.06	2003
		75-79	F	Jody Olson	ID	3:09.64	2005
		50-54	M	Chris Mart	UT	1:48.75	2008
		<b>55-59</b>	<b>M</b>	<b>Chris Mart</b>	<b>UT</b>	<b>1:50.81</b>	<b>2012</b>
		75-79	M	Al Maguire	ID	2:19.69	2006
		80-84	M	Al Maguire	ID	2:32.50	2007
<b>Swimming</b>	<b>100 Yd Freestyle</b>	<b>50-54</b>	<b>F</b>	<b>Kinnaman, Laureen</b>	<b>ID</b>	<b>1:11.56</b>	<b>2012</b>
		55-59	F	Margie Kline	ID	1:13.47	2009
		60-64	F	Janet Gettling	ID	1:13.42	2009
		65-69	F	Norie Garner	ID	1:56.78	2008
		70-74	F	Ardeth McLeod	MT	2:00.98	2009
		75-79	F	Flora Wong	MT	2:01.86	2005
		80-84	F	Flora Wong	MT	2:17.07	2011
		85-89	F	Charlotte Sanddal	MT	2:36.88	2009
		<b>90-94</b>	<b>F</b>	<b>Sanddal, Charlotte</b>	<b>MT</b>	<b>2:49.34</b>	<b>2012</b>
		50-54	M	Brent Faure	ID	1:07.26	2011
		55-59	M	Jim Green	WY	1:16.78	2003
		60-64	M	Richard Goers	UT	1:21.85	2004
		65-69	M	Jim Green	WY	1:12.81	2008
		70-74	M	David Fortsch	ID	1:24.13	2007
		75-79	M	Larry Larson	UT	1:29.47	2008
<b>Swimming</b>	<b>100 Yd Individual</b>	<b>50-54</b>	<b>F</b>	<b>Kinnaman, Laureen</b>	<b>ID</b>	<b>1:25.53</b>	<b>2012</b>
	<b>Medley</b>	55-59	F	Robin Piet	ID	1:36.00	2009
		60-64	F	Janet Gettling	ID	1:23.56	2009
		65-69	F	Lou Baxter	UT	2:11.99	2008
		70-74	F	Ardeth McLeod	MT	2:04.48	2009
		75-79	F	Ardeth McLeod	AZ	2:10.81	2011
		<b>80-84</b>	<b>F</b>	<b>Wong, Flora</b>	<b>MT</b>	<b>3:07.85</b>	<b>2012</b>
		85-89	F	Charlotte Sanddal	MT	3:04.41	2008
		<b>90-94</b>	<b>F</b>	<b>Sandall, Charlotte</b>	<b>MT</b>	<b>3:15.41</b>	<b>2012</b>
		<b>50-54</b>	<b>M</b>	<b>Fitzpatrick, John</b>	<b>ID</b>	<b>1:28.09</b>	<b>2012</b>
		55-59	M	Jim Green	WY	1:30.90	2003
		60-64	M	Richard Goers	UT	2:24.19	2004
		70-74	M	Clinton Baxter	UT	2:02.84	2005
		<b>75-79</b>	<b>M</b>	<b>Kaiser, Richard</b>	<b>ID</b>	<b>1:55.81</b>	<b>2012</b>
		80-84	M	Al Maguire	ID	2:19.09	2007
<b>Swimming</b>	<b>200 Yd Backstroke</b>	60-64	F	Margaret Collins	MT	5:00.22	2008

# Southeast Idaho Senior Games 2012 Records

New Records are Highlighted

		75-79	F	Flora Wong	MT	4:56.38	2005
		80-84	F	Flora Wong	MT	5:43.82	2012
		85-89	F	Charlotte Sanddal	MT	6:28.13	2011
		90-94	F	Sanddal, Charlotte	MT	6:16.34	2012
		50-54	M	Brent Faure	ID	2:43.62	2011
		55-59	M	Jim Green	WY	3:11.23	2003
		65-69	M	Jim Green	WY	3:10.15	2008
		70-74	M	Larson, Larry	UT	3:48.18	2006
		75-79	M	Donald Roberts	ID	4:09.00	2009
<b>Swimming</b>	<b>200 Yd Breaststroke</b>	60-64	F	Janet Gettling	ID	3:23.26	2009
		65-69	F	Lou Baxter	UT	5:00.24	2008
		75-79	F	Ruth Harrop	ID	8:59.47	2005
		80-84	F	Char Sanddal	MT	7:11.63	2005
		85-89	F	Charlotte Sanddal	MT	7:39.30	2008
		90-94	F	Sanddal, Charlotte	MT	8:10.37	2012
		50-54	M	Stephen Obert	ID	3:16.25	2009
		55-59	M	Chris Mart	UT	4:57.19	2012
		60-64	M	Richard Goers	UT	3:27.72	2004
		70-74	M	Clinton Baxter	UT	4:04.68	2007
		75-79	M	Richard Knight	MT	3:48.47	2010
		80-84	M	Al Maguire	ID	4:48.78	2007
<b>Swimming</b>	<b>200 Yd Freestyle</b>	50-54	F	Fitzpatrick, Dawn	ID	4:19.81	2012
		55-59	F	Gloria Lambertz	MT	3:08.07	2011
		60-64	F	Buckley, Olive	UT	3:58.44	2012
		70-74	F	Jody Olson	ID	4:22.64	2003
		75-79	F	Flora Wong	MT	4:19.10	2005
		80-84	F	Charlotte Sanddal	MT	4:47.32	2006
		85-89	F	Charlotte Sanddal	MT	5:37.44	2008
		50-54	M	Gary Azevedo	ID	2:29.45	2010
		55-59	M	Jim Green	ID	2:42.09	2003
		60-64	M	Schanfein, Mark	ID	3:12.85	2012
		65-69	M	David Fortsch	ID	3:00.58	2003
		70-74	M	David Fortsch	ID	2:59.91	2004
		75-79	M	Jim DeMet	UT	3:56.80	2010
<b>Swimming</b>	<b>200 Yd Individual</b>	55-59	F	Robin Piet	ID	3:24.03	2009
	<b>Medley</b>	60-64	F	Janet Gettling	ID	3:06.21	2009
		65-69	F	Baxter, Lou	UT	4:48.33	2006
		70-74	F	Jody Olson	ID	5:19.19	2003
		75-79	F	Ardeth McLeod	AZ	4:44.19	2011
		80-84	F	Wong, Flora	MT	6:42.91	2012
		85-89	F	Charlotte Sanddal	MT	6:59.04	2011
		90-94	F	Sanddal, Charlotte	MT	6:38.37	2012
		50-54	M	Chris Mart	UT	4:08.84	2008

# Southeast Idaho Senior Games 2012 Records

New Records are Highlighted

		55-59	M	Mart, Chris	UT	3:52.53	2012
		75-79	M	Maguire, Al	UT	4:56.80	2006
<b>Swimming</b>	<b>500 Yd Freestyle</b>	55-59	F	Robin Piet	ID	7:56.23	2009
		60-64	F	Buckley, Olive	ID	10:34.72	2012
		65-69	F	Lou Baxter	UT	10:48.00	2008
		75-79	F	Flora Wong	MT	11:29.16	2005
		80-84	F	Flora Wong	MT	12:39.14	2011
		85-89	F	Char Sanddal	MT	15:01.66	2008
		50-54	M	Brent Faure	ID	6:45.11	2011
		55-59	M	Jim Green	WY	8:26.52	2003
		60-64	M	Lee, Michael	ID	8:46.85	2012
		65-69	M	David Fortsch	ID	7:59.28	2003
		70-74	M	David Fortsch	ID	7:57.65	2004
		75-79	M	Jim Demet	UT	10:43.60	2010
<b>Swimming</b>	<b>800 Yd Freestyle</b>	55-59	F	Piet, Robin	ID	13:26.62	2012
		60-64	F	Bulkley, Olive	UT	17:25.69	2012
		80-84	F	Olson, Jody	ID	24:53.53	2012
		85-89	F	Charlotte Sanddal	MT	24:32.00	2009
		90-94	F	Sanddal, Charlotte	MT	26:33.62	2012
		50-54	M	Brent Faure	ID	11:04.47	2011
		55-59	M	Chris Mart	UT	15:34.60	2010
		60-64	M	Lee, Michael	ID	14:21.10	2012
		75-79	M	Jim DeMet	UT	18:16.38	2009
<b>Swimming</b>	<b>1650 Yd Freestyle</b>	50-54	F	Jan Harwood	ID	33:14	2004
		55-59	F	Robin Piet	ID	26:50	2009
		60-64	F	Bulkley, Olive	UT	35:40	2012
		65-69	F	Lou Baxter	UT	34:58	2007
		75-79	F	Ruth Harrop	ID	1:06:58	2005
		50-54	M	Brent Faure	ID	23:45	2011
		55-59	M	Chris Mart	UT	31:14	2010
		60-64	M	Richard Goers	UT	31:09	2004
		65-69	M	Greg Anderson	Id	45:48	2011
		70-74	M	David Fortsch	ID	27:18	2004
		75-79	M	Kaiser, Richard	ID	33:56	2012
<b>Track and Field</b>	<b>50 M Dash</b>	50-54	F	BJ Phillips	ID	13.50	2008
<b>2003 to Present</b>		55-59	F	Mona Marble	WY	11.69	2011
		60-64	F	Ferry, Patricia	ID	9.27	2006
		65-69	F	Mary Morrison	TX	12.10	2008
		75-79	F	Olson, Jody	ID	13.82	2006
		80-84	F	Joyce Marler	ID	17.10	2007
		50-54	M	Rezendes,Troy	ID	6.76	2012
		55-59	M	Marvin Orrock	UT	6.46	2011

# Southeast Idaho Senior Games 2012 Records

New Records are Highlighted

		60-64	M	Galazin, John	ID	6.96	2006
		65-69	M	Darrin Pugmire	ID	7.06	2009
		70-74	M	John Gustafson	UT	7.14	2010
		75-79	M	Gordon Scheffner	UT	8.22	2009
		80-84	M	Claude Long	ID	8.45	2010
		85-89	M	Ivan Haskell	ID	39.24	2010
<b>Track and Field</b>	<b>100 M Dash</b>	60-64	F	Ferry, Patricia	ID	18.74	2006
		65-69	F	Mary Morrison	TX	22.60	2007
		70-74	F	Jody Olsom	ID	19.10	2003
		75-79	F	Jody Olson	ID	28.16	2005
		50-54	M	Ivan Moody	ID	12.97	2010
			M	Rezendes, Troy	ID	12.97	2012
		55-59	M	Goble, Marlouwe	UT	12.82	2006
		60-64	M	Galazin, John	ID	12.95	2006
		65-69	M	John Gustafson	UT	13.90	2008
		70-74	M	John Gustafson	UT	13.20	2010
		75-79	M	Bill Platts	ID	14.77	2005
		80-84	M	Platts, Bill	ID	15.91	2012
<b>Track and Field</b>	<b>200 M Run</b>	60-64	F	Patricia Ferry	ID	42.70	2007
		65-69	F	Mary Morrison	TX	49.60	2007
		70-74	F	Jody Olson	ID	58.75	2003
		75-79	F	Jody Olson	ID	59.70	2005
		50-54	M	Scott Bailey	ID	20.60	2009
		55-59	M	Goble, Marlowe	UT	27.55	2006
		60-64	M	Galazin, John	ID	26.65	2006
		65-69	M	John Gustafson	UT	28.60	2008
		70-74	M	John Gustafson	UT	28.92	2010
		75-79	M	Bill Platts	ID	30.77	2005
		80-84	M	Howard Walling	ID	38:97	2011
<b>Track and Field</b>	<b>400 M Run</b>	50-54	F	Lynn Oliver	ID	2:13.68	2009
		60-64	F	Lou Baxter	UT	2:09.17	2004
		65-69	F	Lou Baxter	UT	2:08.30	2008
		70-74	F	Jody Olson	ID	2:07.04	2003
		75-79	F	Jody Olson	ID	2:28.40	2005
		50-54	M	Scott Bailey	ID	1:03.10	2008
		55-59	M	Darell Jernberg	ID	1:08.13	2012
		60-64	M	Galazin, John	ID	1:02.10	2006
		65-69	M	John Gustafson	UT	1:06.60	2008
		70-74	M	John Gustafson	UT	1:06.60	2010
		75-79	M	Walling, Howard	ID	1:27.40	2006
<b>Track and Field</b>	<b>800 M Run</b>	55-59	F	Cindy Albers	ID	4:29.04	2009
		60-64	F	Hill, Susan	UT	4:20.10	2012
		65-69	F	Baxter, Lou	UT	4:46.60	2006



# Southeast Idaho Senior Games 2012 Records

New Records are Highlighted

		70-74	F	Jody Olson	ID	4:51.28	2003
		75-79	F	Jody Olson	ID	5:05.80	2005
		50-54	M	Scott Bailey	ID	2:02.20	2010
		55-59	M	Brian Janssen	ID	2:30.30	2007
		60-64	M	John Galazin	ID	2:42.19	2004
		65-69	M	John Gustafson	UT	2:47.00	2007
		65-69	M	John Haney	UT	2:47.00	2010
		70-74	M	John Gustafson	UT	2:51.40	2010
		75-79	M	Dale Perkins	UT	3:14.77	2012
<b>Track and Field</b>	<b>1500 M Run</b>	60-64	F	Hill,Susan	UT	8:31	2012
		65-69	F	Baxter, Lou	UT	9:01	2006
		70-74	F	Jody Olson	ID	9:14	2003
		75-79	F	Jody Olson	ID	10:30	2005
		50-54	M	Scott Bailey	ID	5:07	2008
		60-64	M	Gordon Dixon	ID	6:17	2005
		65-69	M	John Gustafson	UT	6:09	2008
		70-74	M	John Gustafson	UT	6:30	2010
		75-79	M	Dale Perkins	UT	6:09	2010
<b>Track and Field</b>	<b>400 M Race Walk</b>	55-59	F	Janet Zahn	WY	3:15	2010
		60-64	F	Sondra Dunkle	ID	3:07.70	2009
		65-69	F	Dorothy Houston	UT	2:40.00	2005
		50-54	M	Johnson, Eric	UT	1:48.35	2012
		60-64	M	Sanford, J.C.	TX	2:21.90	2006
		65-69	M	J C Sanford	TX	2:12.06	2008
		70-74	M	Louie Osuna	ID	2:18.56	2005
		75-79	M	Reiche, Ralph	UT	2:39.00	2012
		80-84	M	Platt, Bill	ID	2:46.02	2012
<b>Track and Field</b>	<b>1500 M Race Walk</b>	50-54	F	Sanford, Susan	TX	14:26	2006
		60-64	F	Sondra Dunkle	ID	12:50	2009
		65-69	F	Lynn Mertz	SD	10:39	2008
		70-74	F	Donna Boe	ID	11:31	2005
		50-54	M	Johnson, Eric	UT	7:52	2012
		60-64	M	Paul Delong	ID	9:54	2005
		65-69	M	Paul Delong	ID	9:43	2012
		70-74	M	John Gustafson	UT	11:20	2008
		75-79	M	Preston Bell	ID	11:19	2005
<b>Track and Field</b>	<b>Discus</b>	50-54	F	Sanford, Susan	TX	54' 10"	2006
		55-59	F	Janet Zahn	WY	49' 11"	2009
		60-64	F	Marble, Mona	WY	37' 0"	2012
		65-69	F	Rita Plank	NV	44' 1.5"	2004
		70-79	F	Kumi Horiuchi	CO	32' 6.5"	2011
		50-54	M	Robert Smith	WA	111' 4"	2005
		55-59	M	Marvin Orrock	UT	125' 9"	2010

# Southeast Idaho Senior Games 2012 Records

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		60-64	M	Bruce Jones	MT	128' 11"	2007
		65-69	M	Harwood, Lonnie	WY	101' 5"	2012
		70-74	M	Haigwood, Mike	NV	98' 1"	2012
		75-79	M	Bill Platts	ID	94' 9"	2007
		80-84	M	Platts, Bill	ID	87' 7"	2012
		85-89	M	John Jensen	ID	59' 0"	2009
<b>Track and Field</b>	<b>Javelin</b>	50-54	F	Sanford, Susan	TX	39' 10"	2006
		55-59	F	Sally Mart	UT	62' 5"	2009
		60-64	F	Christie Johnston	UT	67' 2"	2007
		65-69	F	Johnston, Christie	UT	66' 4"	2012
		70-74	F	Kumi Horiuchi	CO	32' 3.5"	2011
		50-54	M	Jerry Ropelato	UT	118' 4"	2008
		55-59	M	Terry Kerr	ID	104' 2'	2008
		60-64	M	Bruce Jones	MT	112' 4"	2007
		65-69	M	Dennis Rider	NV	121' 5"	2009
		70-74	M	Malcolm Russell	ID	132' 2"	2007
		75-79	M	Bill Platts	ID	124' 6"	2007
		80-84	M	Platts, Bill	ID	106' 7"	2012
		85-89	M	John Jensen	ID	45' 7"	2010
<b>Track and Field</b>	<b>Shot Put</b>	50-54	F	Susan Sanford	TX	21' 7"	2008
		55-59	F	Janet Zahn	WY	17' 11.75"	2009
		60-64	F	Hill, Susan	UT	21' 2"	2012
		65-69	F	Rita Plank	NV	17' 6"	2004
		70-74	F	Kumi Horiuchi	CO	13' 9.5"	2011
		75-79	F	Jody Olson	ID	13' 5"	2007
		50-54	M	Jerry Ropelato	UT	37' 5"	2008
		55-59	M	Marvin Orrock	UT	40' 10.75"	2010
		60-64	M	Bruce Jones	MT	40' 7.75"	2007
		65-69	M	Harwood, Lonnie	WY	34' 9.5"	2012
		70-74	M	Head, William	ID	33' 2"	2012
		75-79	M	Dale Perkins	UT	30' 9"	2008
		80-84	M	Platts, Bill	ID	32' 5.5"	2012
		85-89	M	John Jensen	ID	22' 0"	2008
<b>Track and Field</b>	<b>Softball Throw</b>	50-54	F	BJ Phillips	ID	71' 8"	2008
		55-59	F	Christie Johnston	UT	114' 00"	2006
		60-64	F	Christie Johnston	UT	110' 11"	2007
		65-69	F	Johnston, Christie	UT	99' 9"	2012
		70-74	F	Phillips, Carol	ID	75' 5"	2006
		75-79	F	Carol Phillips	ID	68' 10"	2007
		80-84	F	Phillips Carol	ID	39' 9"	2012
		50-54	M	Jerry Ropelato	UT	213' 1"	2010
		55-59	M	James Vook	ID	196' 5"	2012
		60-64	M	Jerry Sepich	ID	190' 3"	2010

# Southeast Idaho Senior Games 2012 Records

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		65-69	M	Nelson, Kenneth	UT	180' 4"	2012
		70-74	M	Russell Malcolm	ID	180' 5"	2008
		75-79	M	Bill Platts	ID	139' 5"	2005
		80-84	M	Platts,Bill	ID	118' 10'	2012
		85-89	M	John Jensen	ID	76' 8"	2008
<b>Track and Field</b>	<b>Football Throw</b>	50-54	F	BJ Phillips	ID	47' 5.5"	2008
		55-59	F	Johnston,Christie	UT	75' 2"	2006
		60-64	F	Christie Johnston	UT	74' 5"	2011
		65-69	F	Johnson, Christie	UT	74' 8.5"	2012
		70-74	F	Phillips, Carol	ID	48' 8"	2006
		75-79	F	Carol Phillips	ID	43' 10"	2009
		80-84	F	Phillips, Carol	ID	26' 10"	2012
		50-54	M	Jerry Ropelato	UT	144' 5"	2010
		55-59	M	Marvin Orrock	UT	125' 11"	2010
		60-64	M	Varacalle, Jr., Dominic J.	ID	122' 1"	2006
		65-69	M	Armand Zahn	WY	114' 10"	2003
		70-74	M	Malcolm Russell	ID	123' 10"	2007
		75-79	M	Bill Platts	ID	106' 1"	2005
		80-84	M	Platts, Bill	ID	81' 4"	2012
		85-89	M	John Jensen	ID	61' 4"	2008
<b>Track and Field</b>	<b>Hammer Throw</b>	50-54	F	Sanford, Susan	TX	69' 2"	2006
		60-64	F	Patricia Ferry	ID	56' 9"	2007
		50-54	M	Chuck Ewing	ID	81' 2.5"	2008
		55-59	M	James Vook	ID	84' 1"	2012
		60-64	M	Howie Kellogg	WA	114" 4"	2007
		65-69	M	J C Sanford	TX	81' 2.5"	2008
		70-74	M	Murdo Campbell	MT	87' 8"	2007
		75-79	M	Leo Long	CA	34' 10"	2007
		80-84	M	Platts, Bill	ID	63' 3"	2012
		85-89	M	John Jensen	ID	49' 2"	2008
<b>Track and Field</b>	<b>Standing Long Jump</b>	50-54	F	Susan Sanford	TX	4' 8.5"	2008
		55-59	F	Mona Marble	WY	4' 9"	2011
		60-64	F	Marble, Mona	WY	4' 6"	2012
		50-54	M	Jerry Ropelato	UT	8' 5.5"	2010
		55-59	M	Marvin Orrock	UT	8' 4"	2010
		60-64	M	Richard Swanson	ID	7' 11.25"	2009
		65-69	M	Doug Spainhower	UT	7' 11"	2004
		70-74	M	John Gustafson	UT	7' 9"	2010
		75-79	M	Claude Long	ID	6' 0"	2005
		80-84	M	Frank Condie	UT	5' 6"	2008
<b>Track and Field</b>	<b>Long Jump</b>	55-59	F	Mona Marble	WY	5' 7"	2011
		60-64	F	Patricia Ferry	ID	8' 2"	2005
		50-54	M	Don Parry	UT	15' 3"	2005

# Southeast Idaho Senior Games 2012 Records

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		55-59	M	Madsen, Dale	ID	16' 2"	2006
		60-64	M	John Galazin	ID	14' 1"	2004
		65-69	M	John Gustafson	UT	14' 9.25"	2008
		70-74	M	John Gustafson	UT	13' 9"	2010
		75-79	M	Doug Spainhower	UT	12' 2"	2009
		80-84	M	Platts, Bill	ID	11' 2"	2012
<b>Track and Field</b>	<b>High Jump</b>	60-64	F	Hill, Susan	UT	3' 4"	2012
		50-54	M	Schenk, Rob	UT	5' 1"	2006
		55-59	M	Rob Schenk	UT	5' 0"	2009
		55-59	M	Marvin Orrock	UT	5' 2"	2011
		60-64	M	Berg, Ricky	ID	4' 8"	2006
		60-64	M	Ricky J. Berg	ID	4' 8"	2007
		65-69	M	Doug Spainhower	UT	4' 10"	2004
		70-74	M	John Gustafson	UT	4' 6"	2012
		75-79	M	Dale Perkins	UT	4' 0"	2009
			M	Reiche, Ralph	UT	4' 0"	2012
<b>Track and Field</b>	<b>Triple Jump</b>	50-54	F	Sanford, Susan	TX	13' 6"	2006
		50-54	M	Daniel Scamehorn	NE	33' 1"	2010
		55-59	M	Don Perry	UT	31' 5"	2009
		60-64	M	Galazin, John	ID	31' 6"	2006
		65-69	M	John Gustafson	UT	28' 5.5"	2008
		70-74	M	John Gustafson	UT	30' 3"	2010
		75-79	M	Doug Spainhower	UT	26' 11"	2009
		80-84	M	Frank Condie	UT	18' 7"	2008
<b>Track and Field</b>	<b>Pole Vault</b>	60-64	F	Hill, Susan	UT	3' 0"	2012
		50-54	M	Don Perry	UT	6' 6"	2007
		60-64	M	Bruce Perkins	ID	9' 0"	2010
		65-69	M	Mardoon Connely	NV	9' 6"	2008
		70-74	M	Mardoon Connely	NV	8' 0"	2011
		75-79	M	Reiche, Ralph	UT	5' 6"	2012