

Southeast Idaho Senior Games 2016 Records

New Records are Highlighted

Category	Event	Age	Sex	Name	ST	Time / Distance	Year	
Archery								
2014 to Present								
Target	Compound	85-89	F	Johnson, Elisabeth	ID	219 3x	2014	
		50-54	M	BRUDERER, Ray	ID	289	2015	
		60-64	M	ZITTERKOPF, Douglas	ID	290	2015	
			70-74	M	PETERSON, Blair	ID	298	2016
	Traditional		75-79	F	Campbell, Alice	ID	41	2014
			55-59	M	OGOG, Mark	MT	253	2016
			60-64	M	LOGSDON, George	ID	259	2016
			70-74	M	BALLENGER, Don	MT	177	2016
	3-D	Compound	85-89	F	Johnson, Elisabeth	ID	156	2014
50-54			M	BRUDERER, Ray	ID	189	2015	
60-64			M	Dumont, James	WA	200	2015	
Traditional			50-54	F	WORKMAN, Caralee	ID	58	2015
			75-79	F	Campbell, Alice	ID	48	2014
			80-84	M	WALTERS, Percy	ID	173	2015
Basketball								
2004 to Present	Free Throw 1 pt / Basket 25 shots max	50-54	M	Doug Milder	ID	22	2008	
		55-59	M	Doyle Stokes	ID	21	2008	
		60-64	M	Delson Suppah, Sr.	ID	23	2009	
		65-69	M	Tarrel Palmer	ID	24	2009	
		70-74	M	Louie Osuna	ID	24	2008	
		75-79	M	Charles T. Nyquest	MT	25	2009	
Basketball	Free Throw/3 Point	70-74	F	THOMAS, Jacqueline	ID	8	2016	
	Combined (max 43 pts)	50-54	M	Merle Smith	ID	38	2004	
		55-59	M	Merle Smith	ID	39	2007	
		60-64	M	Roger Davis	ID	31	2004	
				M	BAUER, Allen	NV	31	2016
			65-69	M	Tarrel Palmer	UT	36	2010
			70-74	M	PALMER Tarrel	UT	37	2016
			75-79	M	Reiche, Ralph	UT	33	2013
	Hot Shot		50-54	M	Merle Smith	ID	39	2004
			55-59	M	Marcus Darais	UT	39	2007
			60-64	M	Delson Suppah, Sr.	ID	46	2009
			65-69	M	Tarrel Palmer	UT	54	2009
		70-74	M	Tarrel Palmer	UT	45	2015	
		75-79	M	Dale Perkins	UT	55	2009	
Bowling								
2003 to Present	Singles	50-54	F	B J Phillips	ID	530	2008	
		55-59	F	Susanna Ruby	MT	580	2013	
		60-64	F	RUBY, Susanna	MT	500	2015	

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		65-69	F	WILCOX, Janie	ID	494	2015
		70-74	F	Sally Taniguchi	ID	518	2007
		75-79	F	Carol Phillips	ID	451	2009
		80-84	F	Carol Phillips	ID	477	2012
		90-94	F	Allredge, Reta	ID	428	2013
		50-54	M	Scott Bailey	ID	654	2008
		55-59	M	MILLER, Bill	ID	655	2016
		60-64	M	WEAVER, Dan	ID	651	2015
		65-69	M	Gresbrecht, Gene	ID	675	2014
		70-74	M	Marine, Dave		627	2014
		75-79	M	CURZON, Ken		607	2015
		80-84	M	Norval Alleman Sr.	ID	584	2011
		85-89	M	ALLEMAN SR., Bill	ID	576	2016
Bowling	Womens Doubles	50-54	F	JoAnn Paddock		1045	2007
			F	Donnelly			
		55-59	F	Susanna Ruby	ID	1030	2013
				JoAnn Paddock	ID		
		60-64	F	JoAnn Paddock	MT	933	2016
			F	Di Schaible			
		65-69	F	Carol Barker	ID	978	2013
				Wilma Gott	ID		
		70-74	F	Reynolds/ Donnelly	MT	1031	2011
		75-79	F	Janell Baird	ID	886	2008
				Phyllis Baird	ID		
		80-84	W	Phillips/Hill	ID	883	2009
Bowling	Men's Doubles	50-54	M	Scott Bailey	ID	1162	2008
				Ed Bailey	ID		
		55-59	M	Pederson, Tom		1204	2014
			M	Call, Gary			
		60-64	M	AHERN, Jack	MT	1144	2015
				WATKINS, Jim			
		65-69	M	Don McKay	ID	1071	2013
				Thayle Smith	ID		
		70-74	M	Comer/Watkins	MT	1188	2009
		75-79	M	Meier/Comer	MT	1082	2012
		80-84	M	Myers/Alleman	ID	1077	2011
		85-89	M	Meier/Reeve	D/M	931	2009
Bowling	Mixed Doubles	50-54		Susanna Donnelly	ID	1120	2008
				Jim Watkins	MT		
		55-59		Donnelly / Watkins	MT	1159	2011
		60-64		Di Schaible	MT	1165	2016
				Jack Ahern			
		65-69		Janie Wilcox	ID	1041	2016

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				Gene Giesbrecht	ID		
		70-74		Alleman/Baxter	ID	1086	2012
		75-79		Erwin, Charlotte	MT	957	2014
				Comer, Les	MT		
		80-84		HARRIS, Carolyn	ID	776	2015
				ALLEMAN SR., Norval			
Cycling							
	Hill Climb	50-54	F	Karen Dlouhy	CO	22:43	2007
	2006 to Present	55-59	F	Draper, LaNett	UT	28:20	2014
		60-64	F	Jodi Cuccia	ID	26:14	2012
		65-69	F	CUCCIA, Jodi	ID	27:13	2016
		80-84	F	Jody Olson	ID	43:51	2010
		50-54	M	CHESROW, Tony	ID	20:29	2016
		55-59	M	Kawamura, Dennis	ID	21:20	2012
		60-64	M	Peter Heppleston	LB-Ca	21:51	2007
		65-69	M	John Haney	UT	21:17	2010
		70-74	M	Peterson, Larry	UT	20:27	2016
		75-79	M	SWALLOW, Stan	UT	26:25	2015
		80-84	M	Roy Cushway	K-Ca	32:53	2007
		85-89	M	Roy Cushway	SK	38:59	2011
Cycling							
	5K Time Trail	50-54	F	Russell, Patty	ID	8:12	2012
	2008 to Present	55-59	F	Martha Iverson	CO	7:37	2008
	Arimo Course	60-64	F	Jodi Cuccia	ID	8:14	2010
		65-69	F	CUCCIA, Jodi	ID	8:48	2016
		70-74	F	Kumi Horiuchi	CO	9:51	2009
		75-79	F	Jody Olson	ID	9:52	2009
		80-84	F	Jody Olson	ID	9:25	2010
		85-89	F	Jody Olson	ID	11:43	2016
		50-54	M	Gary Azevedo	ID	6:24	2013
		55-59	M	Bob Walker	ID	6:26	2010
		60-64	M	WALKER, Bob	ID	6:45	2016
		65-69	M	John Haney	UT	6:45	2010
		70-74	M	Stan Swallow	Ut.	7:25	2011
		75-79	M	SWALLOW, Stan	UT	7:25	2016
		80-84	M	Roy Cushway	K-Ca	9:16	2010
	10 K Time Trial	50-54	F	Russell, Patty	ID	16:39	2012
		55-59	F	Martha Iverson	CO	16:18	2008
		60-64	F	Steidele, Monica	WY	17:37	2012
		65-69	F	CUCCIA, Jodi	ID	19:47	2016
		70-74	F	Kumi Horiuchi	CO	19:47	2011
		75-79	F	Lois Lindsay	ID	20:34	2011
		80-84	F	Jody Olson	ID	21:49	2010

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		50-54	M	Gary Azevedo	ID	11:57	2011
		55-59	M	Bob Marcinko	ID	13:34	2011
		60-64	M	John Haney	UT	14:54	2009
		65-69	M	John Haney	UT	13:06	2011
		70-74	M	Tom Neary	ID	13:44	2011
		75-79	M	Siegfried Schnelle	NV	14:17	2011
		80-84	M	Hopkins, Mark	WY	19:46	2012
		85-89	M	Roy Cushway	SK	18:38	2011
Cycling	20 K Road Race	50-54	F	Anderson, Kathy	ID	43:37	2014
		55-59	F	Martha Iverson	CO	37:33	2008
		60-64	F	DRAPER, LaNett	UT	42:01	2016
		65-69	F	CUCCIA, Jodi	ID	40:46	2016
		70-74	F	Kotter, Bette	UT	49:55	2012
		75-79	F	Jody Olson	ID	53:00	2009
		80-84	F	Jody Olson	ID	49:00	2010
		50-54	M	Azevedo, Gary	ID	31:03	2013
		55-59	M	Bob Walker	ID	31:59	2010
		60-64	M	Marcinko, Bob	ID	32:53	2014
		65-69	M	John Haney	UT	31:25	2013
		70-74	M	PETERSON, Larry	UT	32:34	2016
		75-79	M	Paganini, Robert	CA	34:25	2013
		80-84	M	Roy Cushway	K-Ca	44:10	2008
Cycling	40 K Road Race	50-54	F	Russell, Patty	ID	1:12:40	2012
		55-59	F	Draper, LaNett	UT	1:14:21	2014
		60-64	F	Cuccia, Jodi	ID	1:20:40	2012
		65-69	F	CUCCIA, Jodi	ID	1:19:25	2016
		50-54	M	MORRELL, Joe	ID	1:00:52	2016
		55-59	M	AZEVEDO, Gary	ID	1:00:52	2016
		60-64	M	MARCINKO, Bob	ID	1:02:53	2016
		65-69	M	Haney, John	UT	1:05:32	2014
		70-74	M	PETERSON, Larry	UT	1:00:52	2016
		75-79	M	Swallow, Stan	CA	1:06:06	2016
		80-84	M	Hopkins, Mark	WY	1:35:51	2012
Cycling	5K Time Trial	50-54	F	Karen Dlouhy	CO	7:23	2007
2003 to 2007		55-59	F	Christine Satterwhite	ID	7:37	2004
S 5th Course		60-64	F	Alice Pust	UT	7:32	2004
		65-69	F	Alice Pust	UT	8:54	2007
		70-74	F	Jody Olson	ID	8:03	2004
		75-79	F	Jody Olson	ID	9:30	2007
		50-54	M	Bob Walker	ID	6:20	2005
		55-59	M	Dean Wilkie	ID	6:40	2004
		60-64	M	Stan Swallow	UT	6:17	2004

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		65-69	M	Stan Swallow	UT	7:03	2005
		70-74	M	Walt Axthelm	ID	6:59	2007
		75-79	M	Mark Olson	ID	7:33	2004
		80-84	M	Roy Cushway	K-Ca	8:59	2007
Cycling	10 K Time Trial	50-54	F	Karen Dlougy	CO	15:33	2007
		55-59	F	Robin Nicholson	ID	26:30	2003
		60-64	F	Alice Pust	UT	19:06	2004
		65-69	F	Alice Pust	UT	22:39	2007
		70-74	F	Seccombe, Gwen	CO	20:41	2006
		75-79	F	Jody Olson	ID	21:43	2007
		50-54	M	Frank Matus	K-Ca	13:44	2007
		55-59	M	Bob Marcinko	ID	14:48	2007
		60-64	M	Jim Dlougy	CO	14:07	2007
		65-69	M	Swallow, Stan	UT	16:04	2007
		70-74	M	Walt Axthelm	CO	15:04	2007
		75-79	M	Mark Hopkins	WY	17:28	2007
		80-84	M	Roy Cushway	K-Ca	19:57	2007
Cycling	20 K Road Race	50-54	F	Karen Dlouhy	CO	33:10	2007
		55-59	F	Christine Satterwhite	ID	38:06	2004
		60-64	F	Alice Pust	UT	40:54	2004
		65-69	F	Alice Pust	UT	50:44	2007
		70-74	F	Jody Olson	ID	44:14	2003
		75-79	F	Olson, Jody	ID	48:33	2006
		50-54	M	Marcinko, Bob	ID	31:55	2006
		55-59	M	Bob Marcinko	ID	32:27	2007
		60-64	M	Crockett, Alan	ID	32:11	2006
		65-69	M	Stan Swallow	UT	32:27	2007
		70-74	M	David Deichman	ID	32:59	2007
		75-79	M	Mark Hopkins	WY	40:12	2007
		80-84	M	Roy Cushway	K-Ca	40:10	2007
Cycling	40 K Road Race	50-54	F	Karen Dlouhy	CO	1:07:15	2007
		55-59	F	Marilyn Spelrn	ID	1:10:41	2005
		60-64	F	Alice Pust	UT	1:23:59	2005
		70-74	F	Seccombe, Gwen	CO	1:32:29	2006
		75-79	F	Olson, Jody	ID	1:38:02	2006
		50-54	M	Bob Walker	ID	1:04:21	2005
		55-59	M	Bob Nelson	ID	1:04:38	2004
		60-64	M	Crockett, Alan	ID	1:06:34	2006
		65-69	M	Swallow, Stan	UT	1:06:07	2006
		70-74	M	David Deichman	ID	1:06:46	2007
		75-79	M	Harry Meridith	K-Ca	1:23:17	2007
		80-84	M	Roy Cushway	K-Ca	1:19:06	2007

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Disc Golf	Singles	55-59	F	Marlene Lyksett	ID	30	2011
2008 to Present		65-69	F	Judy Lang	K-Ca	61	2008
		70-74	F	Lindley, Linda	ID	53	2015
		50-54	M	Schultz, Tom	ID	25	2014
		55-59	M	Miller, William	ID	25	2014
		60-64	M	Jon Lyksett	ID	32	2011
		70-74	M	Mark Price	UT	42	2008
		75-79	M	Longmore, Gary	ID	44	2014
		80-84	M	Roy Cushway	L Ca	41	2009
		85-89	M	Roy Cushway	SK	52	2011
Fun Run	2.5 K Walk	50-54	F	Davis, Donna	ID	15:37	2012
Bonneville Park		55-59	F	COGDILL, Doris	ID	17:50	2015
2012 to Present		60-64	F	COGDILL, Doris	ID	15:23	2016
		65-69	F	TURPIN, Cherie	ID	15:50	2016
		70-74	F	KAUPP, Barbara	ID	22:06	2016
		75-79	F	BEITIA, Helen	ID	35:42	2016
		80-84	F	Kimi Tominaga	ID	24:16	2013
		85-89	F	Marjorie Holsapfel	ID	33:42	2013
		90-94	F	HILL, Marie	ID	54:32	2016
		50-54	M	Steven Dahms	ID	15:04	2013
		55-59	M	Robert Ward	ID	20:42	2013
		60-64	M	Robert Ward DC, MD	ID	19:54	2014
		65-69	M	Christelow, Allen	ID	21:04	2012
		70-74	M	Vaughn, Michael	ID	18:44	2012
		75-79	M	Mark Sawyer	ID	19:13	2013
		80-84	M	POLLARD, Theron	ID	29:49	2016
		85-59	M	OLSON, Mark	ID	1: 38:13	2015
	5 K Walk	50-54	F	WATNE, Kellie	ID	29:35	2016
		55-59	F	Julie Dustin	ID	39:07	2014
		60-64	F	Sue Olson	ID	38:47	2014
		65-69	F	BIEDA, Sharon	ID	40:53	2015
		70-74	F	Mary Gerhke	ID	46:34	2014
		75-79	F	NETT, Rosemary	ID	57:29	2015
		80-84	F	Donna Boe	ID	46:38	2014
		50-54	M	Steven Dahms	ID	32:16	2014
		55-59	M	Ron Skroh	ID	41:24	2014
		60-64	M	DAVIS, Chris	ID	42:29	2016
		65-69	M	Mike Berberian	ID	28:13	2012
		70-74	M	Leslie Doug	ID	34:59	2012
		75-79	M	JOHNSON, Jerry	ID	49:01	2015
		80-84	M	Dave Treasure	ID	50:27	2014
	5 K Run	50-54	F	MAGEE, Josie	ID	23:16	2016

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		55-59	F	SAIZ, Julie	ID	26:30	2016
		60-64	F	Smith,Sandra	ID	28:53	2012
		65-69	F	SMITH, Sandra	ID	29:35	2016
		70-74	F	KENER, Jan	ID	56:32	2015
		50-54	M	Wills, Angier	ID	21:13	2012
		55-59	M	MITCHELL, Mike	ID	19:44	2016
		60-64	M	Jones, Robert	ID	20:48	2012
		65-69	M	Crockett,Alan	ID	21:43	2012
		70-74	M	Alan Crockett	ID	22:50	2014
		75-79	M	ANDERSON, Alan	ID	40:50	2015
	10 K Walk	50-54	F	Diane Nelson	ID	1:15:00	2014
		55-59	F	THONSEN, Eileen	ID	1:13:46	2015
		60-64	F	SERR, Beth	ID	1:03:57	2016
		65-69	F	Holly Cree	ID	1:17:18	2015
		70-74	F	LEEDS, Patricia	ID	1:53:12	2015
		50-54	M	DAHMS, Steven	ID	1:05:19	2015
		55-59	M	DAVIS, Chris	ID	1:17:03	2015
		60-64	M	Larry Bell	ID	1:24:44	2014
		65-69	M	Paul Delong	ID	1:07:40	2012
		70-74	M	Paul Delong	ID	1:07:07	2015
	10 K Run	50-54	F	Sandra Burch	ID	42:58	2015
		55-59	F	DALLEY, Ann	ID	54:00	2016
		60-64	F	Lyla Wolfenbarger	ID	1:17:32	2014
		65-69	F	WOLFENBERGER, Lyla	ID	1:25:22	2016
		50-54	M	HOOD, Travis	ID	41:34	2016
		55-59	M	Clyde Goodrich	ID	42:26	2014
		60-64	M	Bob Jenks	ID	50:51	2015
		65-69	M	Mike Berberian	ID	45:18	2015
		70-74	M	SWANSON, Bob	ID	53:33	2016
Fun Run	2.5 K Walk	50-54	F	Beverly Sion	ID	22:24	2007
<i>OK Ward Park</i>		55-59	F	Margaret Jacob	ID	19:48	2009
2003 to 2011		60-64	F	Sondra Dunkle	ID	21:28	2010
		65-69	F	Cindy Bunde	ID	21:30	2010
		70-74	F	Kimi Tominaga	ID	22:12	2007
		75-79	F	Kimi Tominga	ID	22:05	2008
		50-54	M	Ron Endo	ID	22:25	2007
		55-59	M	Doug Alley	ID	19:36	2009
		60-64	M	Allen Christelow	ID	22:04	2010
		70-74	M	Joe Garcia	ID	18:43	2004
Fun Run	5 K Run	50-54	F	Worthington, Marita	ID	23:40	2006
		55-59	F	Sandra Smith	ID	27:17	2010

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		60-64	F	Sandra Smith	ID	28:11	2013
		65-69	F	Leslie Doug	ID	27:48	2010
		50-54	M	Scott Bailey	ID	18:48	2010
		55-59	M	Bob Jenks	ID	22:18	2009
		60-64	M	Redge Balls	ID	23:41	2010
		65-69	M	Gordon Dixon	ID	24:23	2008
		70-74	M	Clinton Baxter	UT	29:11	2004
Fun Run	5 K Walk	50-54	F	Linda Buchli	ID	35:19	2009
		55-59	F	Sandra Smith	ID	34:24	2008
		60-64	F	Karen Price	ID	38:14	2003
		65-69	F	Gay Kidd	ID	38:35	2004
		70-74	F	Gay Kidd	ID	39:37	2008
		75-79	F	Delores Sample	ID	48:56	2006
		80-84	F	Delores Sample	ID	48:03	2008
		50-54	M	Kevin Wakeman	ID	39:35	2007
		55-59	M	Don Babcock	ID	37:13	2005
		60-64	M	Dennis Armstrong	ID	34:39	2005
		65-69	M	David Knickerbocker	KS	32:34	2010
		70-74	M	Joe Garcia	ID	46:28	2005
		75-79	M	Robert Goettsch	ID	37:53	2007
		80-84	M	Robert Goeettsch	ID	35:55	2008
Fun Run	10 K Run	50-54	F	Madalena Overocker	ID	52:37	2011
		55-59	F	Marita Worthington	ID	47:16	2011
		60-64	F	Holly Cree	ID	57:48	2010
		65-69	F	Shari Newsome	ID	1:01:27	2010
		50-54	M	Dan Grimes	ID	38:32	2009
		55-59	M	Mike Berberian	ID	38:28	2005
		60-64	M	Mike Berberian	ID	39:54	2007
		65-69	M	Lowell Hawkes	ID	44:59	2009
Fun Run	10 K Walk	50-54	F	Margarita Moody	ID	42:27	2007
		55-59	F	Jody O'Donnell	ID	46:22	2008
		60-64	F	Judy Thomas	ID	1:07:47	2007
		65-69	F	Betty Stewart	ID	1:09:31	2007
		50-54	M	Chris Severson	ID	50:37	2008
		55-59	M	Empey, David	ID	56:30	2006
		60-64	M	Paul DeLong	ID	43:06	2007
		65-69	M	Paul DeLong	ID	34:35	2008
		70-74	M	Dave Treasure	ID	1:00:51	2007
Golf	9 Hole	80-84	F	NOAKES, Sandra	ID	56	2016
2004 to Present		70-74	M	BIEDA, Bob	ID	47	2016
		80-84	M	WAFORD, Gordon	ID	60	2016
	18 Hole	50-54	F	King, Tracey	ID	103	2012

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		55-59	F	Shawna Nelson	ID	89	2004
		60-64	F	Strachan, Kathy	ID	93	2012
		65-69	F	Sandy Snyder	ID	89	2008
		70-74	F	Hillard, Donna	ID	100	2014
		75-79	F	HILLARD, Donna	ID	102	2016
		80-84	F	HOPLA, Diane	ID	105	2016
		85-89	F	Florence Menousek	ID	129	2011
		90-94	F	THRELKELD, Frances	ID	115	2015
		95-99	F	THRELKELD, Frani	ID	120	2015
		50-54	M	Ron Malooly	ID	75	2008
		55-59	M	Wayas, Junior	ID	71	2014
		55-59	M	FARSNWORTH, Alan	ID	73	2015
		60-64	M	Portela, Stephen	ID	78	2012
		65-69	M	Gary North	ID	73	2010
		70-74	M	RANDY, Spencer	ID	74	2015
			M	Ron Schburt	AZ	80	2011
		75-79	M	Cliff Sato	ID	84	2009
		80-84	M	Jackson, Allen	ID	96	2012
			M	ANDERSON, Richard	ID	96	2014
		85-89	M	Oyama, George	ID	101	2012
Miniature Golf							
2014 to Present		55-59	F	Olson,Dana	ID	44	2015
		60-64	F	Dana Olson	ID	52	2016
		65-69	F	WAFORD, Marjean	ID	49	2016
		70-74	F	STEINMETZ, Kathy	ID	49	2015
		75-79	F	THOMPSON, Dot	ID	47	2016
		80-84	F	Dickerson, Dorthy	ID	51	2014
		85-89	F	PECK, Gayle	ID	52	2015
		50-54	M	Dahms, Steven	ID	50	2016
		55-59	M	COBIA, Doug	ID	43	2015
		60-64	M	VOOK, Jim	ID	47	2015
		65-69	M	Jones, John	ID	50	2014
		70-74	M	JONES, John	ID	52	2016
		75-79	M	CROCKFORD, Bob	ID	52	2016
Swimming							
	25 Yd Backstroke	60-64	F	Norie Garner	ID	22.67	2004
2003 to Present		65-69	F	Norie Garner	ID	23.44	2005
		70-74	F	Ardeth McLeod	MT	25.33	2009
		75-79	F	Ardith McLeod	MT	26.29	2011
		80-84	F	Jacqule Hampston	AZ	41.29	2005
		50-54	M	Dahms, Steven	ID	20.92	2014
		55-59	M	SULLIVAN, Kevin	UT	19.84	2015
		60-64	M	SADLER, Bud	UT	18.00	2016
		65-69	M	Jim Green	WY	16.19	2008

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New Records are Highlighted

		70-74	M	Larsen, Larry	UT	19.25	2006
		75-79	M	Larry Larson	UT	19.63	2009
		80-84	M	Baxter, Clinton	UT	24.25	2014
Swimming	25 Yd Breaststroke	55-59	F	Margie Kline	ID	19.98	2010
		60-64	F	Hubbard, Ruthann	ID	25.05	2014
		65-69	F	GIBSON, Jane	ID	28.93	2016
		70-74	F	Ardeth McLeod	MT	25.01	2009
		75-79	F	Ardeth McLeod	MT	28.16	2011
		80-84	F	Jody Olson	ID	43.50	2010
		50-54	M	Johnson, Eric	UT	19.31	2012
		55-59	M	JOHNSON, Eric	UT	20.36	2016
		60-64	M	SADLER, Bud	UT	17.19	2016
		65-69	M	HALE, Curtis	UT	19.94	2016
		70-74	M	Clint Baxter	UT	22.58	2006
		75-79	M	Richard Knight	MT	20.40	2010
		80-84	M	Baxter, Clinton	UT	24.43	2013
Swimming	25 Yd Butterfly	55-59	F	Gloria Lambertz	MT	20.43	2011
		70-74	F	Ardeth McLeod	MT	26.03	2009
		75-79	F	Ardeth McLeod	AZ	25.85	2011
		80-84	F	Jody Olson	ID	43.06	2010
		50-54	M	John Fitzpatrick	ID	15.66	2010
		55-59	M	SULLIVAN, Kevin	UT	17.53	2015
		60-64	M	SADLER, Bud	UT	14.42	2016
		65-69	M	HALE, Curtis	Ut	22.34	2016
		70-74	M	Jim DeMet	UT	22.09	2005
		75-79	M	DeMet, Jim	UT	23.03	2012
		80-84	M	DEMET, Jim	UT	29.01	2015
Swimming	25 Yd Freestyle	50-54	F	BARON, Wendy	ID	14.41	2016
		55-59	F	Margie Kline	ID	14.47	2010
		60-64	F	Angela Luckey	ID	17.65	2004
		65-69	F	Angela Luckey	ID	18.60	2011
		70-74	F	LUCKEY, Angela	ID	19.77	2015
		75-79	F	Ardeth McLeod	AZ	20.22	2011
		80-84	F	Jody Olson	ID	31.99	2010
		50-54	M	Gary Azevedo	ID	13.64	2009
		55-59	M	Azevedo, Gary	ID	14.38	2015
		60-64	M	SADLER, Bud	UT	12.03	2016
		65-69	M	Jim Green	WY	14.06	2008
		70-74	M	Clinton Baxter	UT	16.73	2007
		75-79	M	Richard Knight	MT	15.85	2010
		80-84	M	Baxter, Clinton	UT	17.88	2013
		85-89	M	Ivan Haskell	ID	2:52.09	2010
Swimming	25 Elementary	65-69	F	GIBSON, Jane	ID	32.03	2016

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New Records are Highlighted

	Backstroke	70-74	F	Baxter, Lou	UT	36.28	2014
		75-79	F	Olson, Jody	ID	36.65	2006
		80-84	F	Jody Olson	ID	52.84	2010
		50-54	M	Johnson, Eric	UT	22.40	2012
		55-59	M	JOHNSON, Eric	UT	25.00	2016
		60-64	M	Hale, Curtis	ID	23.33	2015
		65-69	M	HALE, Curtis	UT	23.78	2016
		70-74	M	Clint Baxter	UT	26.64	2006
		75-79	M	Richard Knight	MT	20.56	2010
		80-84	M	Baxter, Clinton	ID	28.73	2013
Swimming	25 Yd Sidestroke	55-59	F	RuthAnn Hubbard	ID	25.97	2010
		60-64	F	Sandra Roberts	ID	29.58	2008
		65-69	F	Baxter, Lou	UT	25.17	2006
		70-74	F	Baxter, Lou	UT	26.34	2014
		75-79	F	Jody Olson	ID	34.82	2006
		80-84	F	Jody Olson	ID	38.88	2010
		50-54	M	Gary Azevedo	ID	18.00	2010
		55-59	M	Azevedo, Gary	ID	19.37	2015
		60-64	M	Hale, Curtis	ID	19.78	2013
		65-69	M	HALE, Curtis	UT	20.12	2016
		70-74	M	Clinton Baxter	UT	21.43	2007
		75-79	M	Larry Larson	UT	22.33	2009
		80-84	M	Baxter, Clinton	UT	20.53	2013
Swimming	50 Yd Backstroke	50-54	F	BARON, Wendy	ID	47.76	2015
		55-59	F	Gloria Lambertz	MT	47.28	2011
		60-64	F	Norie Garner	ID	53.73	2004
		65-69	F	Norie Garner	ID	55.06	2008
		70-74	F	Ardeth McLeod	MT	59.97	2009
		75-79	F	Ardeth McLeod	AZ	1:04.40	2011
		80-84	F	Flora Wong	MT	1:09.31	2012
		50-54	M	Brent Faure	ID	34.56	2011
		55-59	M	Jim Green	WY	36.55	2003
		60-64	M	SADLER, Bud	UT	37.75	2016
		65-69	M	Jim Green	WY	35.95	2008
		70-74	M	Larson, Larry	UT	42.80	2006
		75-79	M	Larry Larson	UT	44.15	2009
		80-84	M	KAISER, Richard	ID	55.84	2016
Swimming	50 Yd Breaststroke	50-54	F	Kinnaman, Laureen	ID	41.37	2012
		55-59	F	RuthAnn Hubbard	ID	55.80	2009
		60-64	F	Janet Gettling	ID	39.89	2009
		65-69	F	Norie Garner	ID	1:02.31	2005
		70-74	F	Jody Olson	ID	1:23.05	2004

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New Records are Highlighted

		75-79	F	Ardeth McLeod	AZ	1:01.53	2011
		80-84	F	Char Sanddal	MT	1:29.45	2005
		50-54	M	Stephen Obert	ID	40.35	2011
		55-59	M	JOHNSON, Eric	UT	44.85	2015
		60-64	M	Richard Goers	UT	37.04	2004
		65-69	M	Potter, Bruce	ID	54.94	2015
		70-74	M	Baxter, Clinton	UT	49.80	2006
		75-79	M	Richard Knight	MT	44.83	2010
		80-84	M	Baxter, Clinton	UT	55.46	2013
Swimming	50 Yd Butterfly	60-64	F	Janet Gettling	ID	36.22	2009
		65-69	F	Martaret Collins	MT	1:09.08	2011
		70-74	F	Ardeth McLeod	MT	55.82	2003
		75-79	F	Ardeth McLeod	AZ	1:00.59	2011
		80-84	F	Sanddal, Charlotte	MT	1:22.09	2006
		85-89	F	Charlotte Sanddal	MT	1:24.16	2011
		90-94	F	SANDDAL, Charlotte	MT	1:41.09	2015
		50-54	M	Fitzpatrick, John	ID	37.10	2012
		55-59	M	Jim Green	WY	35.93	2003
		60-64	M	Kelsey Williams	TX	34.06	2008
		70-74	M	Jim Demet	UT	57.09	2004
		75-79	M	Kaiser, Richard	ID	57.43	2012
		80-84	M	Al Maguire	ID	1:09.40	2007
Swimming	50 Yd Freestyle	50-54	F	Kinnaman, Laureen	ID	32.18	2012
		55-59	F	Margie Kline	ID	33.52	2009
		60-64	F	Norie Garner	ID	44.50	2004
		65-69	F	Norie Garner	ID	47.21	2005
		70-74	F	LUCKEY, Angela	ID	47.15	2015
		75-79	F	Ardeth McLeod	AZ	54.09	2011
		80-84	F	Flora Wong	MT	59.22	2012
		85-89	F	Charlotte Sanddal	MT	1:16.22	2007
		50-54	M	Brent Faure	ID	28.87	2011
		55-59	M	Jim Green	WY	30.61	2003
		60-64	M	SADLER, Bud	UT	28.03	2016
		65-69	M	Harold Bethel	MT	34.32	2003
		70-74	M	Clint Baxter	UT	37.81	2007
		75-79	M	Richard Knight	MT	35.56	2010
		80-84	M	Baxter, Clinton	UT	41.70	2013
		85-89	M	Ivan Haskell	ID	4:36.50	2010
Swimming	50 Yd Elementary	55-59	F	Marjean Waford	ID	1:28.83	2009
	Back	60-64	F	Sandra Roberts	ID	1:10.26	2009
		65-69	F	GIBSON, Jane	ID	1:13.60	2016
		70-74	F	Jody Olson	ID	1:49.58	2004

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New Records are Highlighted

		75-79	F	Jody Olson	ID	1:26.00	2006
		80-84	F	Jody Olson	ID	2:00.12	2010
		50-54	M	Ron Endo	ID	45.29	2007
		55-59	M	Mart, Chris	UT	51.19	2014
		60-64	M	Hale, Curtis	ID	49.00	2015
		65-69	M	HALE, Curtis	UT	48.41	2016
		70-74	M	Baxter, Clinton	UT	56.86	2006
		75-79	M	Richard Knight	MT	46.01	2010
		80-84	M	Baxter, Clinton	ID	1:05.12	2013
Swimming	50 Yd Sidestroke	55-59	F	RuthAnn Hubbard	ID	1:05.23	2010
		60-64	F	Hubbard, Ruthann	ID	1:02.35	2014
		65-69	F	Lou Baxter	UT	1:00.66	2008
		70-74	F	Jody Olson	ID	1:18.69	2004
		75-79	F	Ruth Harrop	ID	1:48.74	2005
		80-84	F	Jody Olson	ID	1:18.95	2010
		50-54	M	Ron Endo	ID	39:43	2007
		55-59	M	Azevedo, Gary	ID	44.13	2015
		60-64	M	Hale, Curtis	UT	45.03	2015
		65-69	M	HALE, Curtis	UT	44.50	2016
		70-74	M	Clinton Baxter	UT	49:57	2007
		75-79	M	Larry Larson	UT	48.79	2008
		80-84	M	Baxter, Clinton	UT	56.94	2013
Swimming	100 Yd Backstroke	55-59	F	Gloria Lambertz	MT	1:47.51	2011
		60-64	F	Margaret Collins	MT	2:13.00	2008
		65-69	F	Margaret Collins	MT	2:22.19	2011
		75-79	F	Flora Wong	MT	2:19.67	2005
		80-84	F	Flora Wong	MT	2:38.28	2011
		85-89	F	Charlotte Sanddal	MT	3:01.70	2011
		50-54	M	Brent Faure	ID	1:14.20	2011
		55-59	M	Jim Green	WY	1:27.78	2003
		60-64	M	SADLER, Bud	UT	1:25.06	2016
		65-69	M	Bufe Morrison	TX	2:31.68	2007
		70-74	M	Clinton Baxter	UT	2:02.91	2005
		75-79	M	Kaiser, Richard	ID	1:48.16	2012
		80-84	M	KAISER, Richard	ID	2:11.47	2016
Swimming	100 Yd Breaststroke	50-54	F	Dana Olson	ID	2:14.73	2010
		55-59	F	Ruthann Hubbard	ID	2:05.15	2010
		60-64	F	Janet Gettling	ID	1:28.29	2009
		65-69	F	Norie Garner	ID	2:22.04	2008
		70-74	F	Sondra Schwulst	ID	2:26.56	2008
		75-79	F	McLeod, Ardeth	AZ	2:26.28	2014
		80-84	F	Char Sanddal	MT	3:30.61	2005
		85-89	F	Char Sanddal	MT	3:15.78	2009

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New Records are Highlighted

		90-94	F	Sanddal, Charlotte	MT	3:57.18	2012
		50-54	M	Chris Mart	UT	2:20.60	2009
		55-59	M	SULLIVAN, Kevin	UT	1:55.52	2015
		60-64	M	Richard Goers	UT	1:28.92	2004
		65-69	M	HALE, Curtis	UT	1:47.78	2014
		70-74	M	Clinton Baxter	UT	1:58.87	2004
		75-79	M	Richard Knight	MT	1:42.63	2010
		80-84	M	Clinton Baxter	ID	2:10.32	2015
Swimming	100 Yd Butterfly	55-59	F	Robin Piet	ID	1:42.75	2012
		65-69	F	Lou Baxter	UT	2:46.39	2007
		70-74	F	Jody Olson	ID	2:53.06	2003
		75-79	F	Jody Olson	ID	3:09.64	2005
		50-54	M	Chris Mart	UT	1:48.75	2008
		55-59	M	Azevedo, Gary	ID	1:45.18	2015
		75-79	M	Al Maguire	ID	2:19.69	2006
		80-84	M	Al Maguire	ID	2:32.50	2007
Swimming	100 Yd Freestyle	50-54	F	Kinnaman, Laureen	ID	1:11.56	2012
		55-59	F	Margie Kline	ID	1:13.47	2009
		60-64	F	Janet Gettling	ID	1:13.42	2009
		65-69	F	Norie Garner	ID	1:56.78	2008
		70-74	F	Ardeth McLeod	MT	2:00.98	2009
		75-79	F	Flora Wong	MT	2:01.86	2005
		80-84	F	Flora Wong	MT	2:17.07	2011
		85-89	F	Charlotte Sanddal	MT	2:36.88	2009
		90-94	F	Sanddal, Charlotte	MT	2:49.34	2012
		50-54	M	Brent Faure	ID	1:07.26	2011
		55-59	M	AZEVEDO, Gary	ID	1:14.95	2015
		60-64	M	SADLER, Bud	UT	1:02.25	2016
		65-69	M	Jim Green	WY	1:12.81	2008
		70-74	M	David Fortsch	ID	1:24.13	2007
		75-79	M	Larry Larson	UT	1:29.47	2008
		80-84	M	BAXTER, Clinton	UT	1:44.13	2015
Swimming	100 Yd Individual	50-54	F	Kinnaman, Laureen	ID	1:25.53	2012
	Medley	55-59	F	Robin Piet	ID	1:36.00	2009
		60-64	F	Janet Gettling	ID	1:23.56	2009
		65-69	F	Lou Baxter	UT	2:11.99	2008
		70-74	F	Ardeth McLeod	MT	2:04.48	2009
		75-79	F	Ardeth McLeod	AZ	2:10.81	2011
		80-84	F	Wong, Flora	MT	3:07.85	2012
		85-89	F	Charlotte Sanddal	MT	3:04.41	2008
		90-94	F	Sandall, Charlotte	MT	3:15.41	2012
		50-54	M	Fitzpatrick, John	ID	1:28.09	2012
		55-59	M	Jim Green	WY	1:30.90	2003

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New Records are Highlighted

		60-64	M	SADLER, Bud	UT	1:17.75	2016
		65-69	M	HALE, Curtis	UT	1:40.81	2016
		70-74	M	Clinton Baxter	UT	2:02.84	2005
		75-79	M	Kaiser, Richard	ID	1:55.81	2012
		80-84	M	Al Maguire	ID	2:19.09	2007
Swimming	200 Yd Backstroke	60-64	F	Margaret Collins	MT	5:00.22	2008
		75-79	F	Flora Wong	MT	4:56.38	2005
		80-84	F	Flora Wong	MT	5:43.82	2012
		85-89	F	Charlotte Sanddal	MT	6:28.13	2011
		90-94	F	Sanddal, Charlotte	MT	6:16.34	2012
		50-54	M	Brent Faure	ID	2:43.62	2011
		55-59	M	Jim Green	WY	3:11.23	2003
		60-64	M	Schanfein, Mark	ID	3:51.53	2013
		65-69	M	Jim Green	WY	3:10.15	2008
		70-74	M	Larson, Larry	UT	3:48.18	2006
		75-79	M	Donald Roberts	ID	4:09:00	2009
		80-84	M	Baxter, Clinton	UT	4:29:00	2015
Swimming	200 Yd Breaststroke	60-64	F	Janet Gettling	ID	3:23.26	2009
		65-69	F	Lou Baxter	UT	5:00.24	2008
		75-79	F	BAXTER, Lou	UT	7:05.03	2016
		80-84	F	Char Sanddal	MT	7:11.63	2005
		85-89	F	Charlotte Sanddal	MT	7:39.30	2008
		90-94	F	Sanddal, Charlotte	MT	8:10.37	2012
		50-54	M	Stephen Obert	ID	3:16.25	2009
		55-59	M	Azevedo, Gary	ID	4:19.46	2014
		60-64	M	SADLER, Bud	UT	3:08.10	2016
		65-69	M	HALE, Curtis	UT	3:55.85	2016
		70-74	M	Clinton Baxter	UT	4:04.68	2007
		75-79	M	Richard Knight	MT	3:48.47	2010
		80-84	M	Baxter, Clinton	UT	4:36.99	2013
Swimming	200 Yd Freestyle	50-54	F	Baron, Wendy	ID	2:55.53	2016
		55-59	F	Gloria Lambertz	MT	3:08.07	2011
		60-64	F	Buckley, Olive	UT	3:58.44	2012
		70-74	F	Jody Olson	ID	4:22.64	2003
		75-79	F	Flora Wong	MT	4:19.10	2005
		80-84	F	Charlotte Sanddal	MT	4:47.32	2006
		85-89	F	Charlotte Sanddal	MT	5:37.44	2008
		90-94	F	Charlotte Sanddal	MT	6:06.76	2015
		50-54	M	Gary Azevedo	ID	2:29.45	2010
		55-59	M	Jim Green	ID	2:42.09	2003
		60-64	M	Hale, Curtis	ID	3:01.12	2015
		65-69	M	David Fortsch	ID	3:00.58	2003
		70-74	M	David Fortsch	ID	2:59.91	2004

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New Records are Highlighted

		75-79	M	Jim DeMet	UT	3:56.80	2010
		80-84	M	Baxter, Clinton	UT	3:54.66	2013
Swimming	200 Yd Individual	55-59	F	Robin Piet	ID	3:24.03	2009
	Medley	60-64	F	Janet Gettling	ID	3:06.21	2009
		65-69	F	Baxter, Lou	UT	4:48.33	2006
		70-74	F	Jody Olson	ID	5:19.19	2003
		75-79	F	Ardeth McLeod	AZ	4:44.19	2011
		80-84	F	Wong, Flora	MT	6:42.91	2012
		85-89	F	Charlotte Sanddal	MT	6:59.04	2011
		90-94	F	Sanddal, Charlotte	MT	6:38.37	2012
		50-54	M	Chris Mart	UT	4:08.84	2008
		55-59	M	Azevedo, Gary	ID	3:31.18	2014
		70-74	M	Walker, Craig	ID	6:28.73	2013
		75-79	M	Maguire, Al	UT	4:56.80	2006
Swimming	500 Yd Freestyle	50-54	F	BARON, Wendy	ID	8:07.62	2016
		55-59	F	Robin Piet	ID	7:56.23	2009
		60-64	F	Buckley, Olive	ID	10:34.72	2012
		65-69	F	Lou Baxter	UT	10:48.00	2008
		75-79	F	Flora Wong	MT	11:29.16	2005
		80-84	F	Flora Wong	MT	12:39.14	2011
		85-89	F	Char Sanddal	MT	15:01.66	2008
		50-54	M	Brent Faure	ID	6:45.11	2011
		55-59	M	Azevedo, Gary	ID	7:32.68	2014
		60-64	M	Hale, Curtis	ID	8:30.63	2014
		65-69	M	David Fortsch	ID	7:59.28	2003
		70-74	M	David Fortsch	ID	7:57.65	2004
		75-79	M	Kaiser, Richard	ID	10:18.97	2013
		80-84	M	DEMET, Jim	UT	12:20.28	2015
Swimming	800 Yd Freestyle	50-54	F	Baron, Wendy	ID	12:58.16	2015
		55-59	F	Piet, Robin	ID	13:26.62	2012
		60-64	F	Bulkley, Olive	UT	17:25.69	2012
		80-84	F	Olson, Jody	ID	24:53.53	2012
		85-89	F	Charlotte Sanddal	MT	24:32.00	2009
		90-94	F	Sanddal, Charlotte	MT	25:55.31	2015
		50-54	M	Brent Faure	ID	11:04.47	2011
		55-59	M	AZEVEDO, Gary	ID	12:25.71	2015
		60-64	M	Hale, Curtis	UT	14:13.36	2014
		65-69	M	HALE, Curtis	UT	14:38.25	2016
		75-79	M	Kaiser, Richard	ID	17:27.52	2013
		80-84	M	DEMET, Jim	UT	19:48.58	2015
Swimming	1650 Yd Freestyle	50-54	F	Baron, Wendy	ID	27:14	2015
		55-59	F	Robin Piet	ID	26:50	2009
		60-64	F	Bulkley, Olive	UT	35:40	2012

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New Records are Highlighted

		65-69	F	Lou Baxter	UT	34:58	2007
		75-79	F	BAXTER, Lou	UT	38:05	2015
		90-94	F	SANDDAL, Charlotte	MT	1:00:36	2016
		50-54	M	Brent Faure	ID	23:45	2011
		55-59	M	Azevedo, Gary	ID	26:11	2014
		60-64	M	Hale, Curtis	UT	30:10	2015
		65-69	M	HALE, Curtis	UT	30:02	2016
		70-74	M	David Fortsch	ID	27:18	2004
		75-79	M	Kaiser, Richard	ID	33:56	2012
		80-84	M	KAISER, Richard	ID	40:24	2016
Track and Field							
	50 M Dash	50-54	F	Alvarez, Micquelene	ID	9.85	2013
	2003 to Present	55-59	F	Mona Marble	WY	11.69	2011
		60-64	F	Ferry, Patricia	ID	9.27	2006
		65-69	F	Mary Morrison	TX	12.10	2008
		70-74	F	NEVES, Joyce	ID	15.59	2016
		75-79	F	Olson, Jody	ID	13.82	2006
		80-84	F	Joyce Marler	ID	17.10	2007
		50-54	M	GIBBON, David	UT	6.56	2016
		55-59	M	Marvin Orrock	UT	6.46	2011
		60-64	M	JERNBERG, Darrell	ID	7.82	2016
		65-69	M	OSBORNE, Glynn	HI	7.02	2016
		70-74	M	John Gustafson	UT	7.14	2010
		75-79	M	GUSTAFSON, John	UT	7.96	2016
		80-84	M	Claude Long	ID	8.45	2010
		85-89	M	WALLING, Howard	ID	10.26	2016
	100 M Dash	50-54	F	Workman, Caralee	ID	19.17	2013
		60-64	F	LISH, Brenda	ID	16.68	2016
		65-69	F	HILL, Susan	FL	17.58	2016
		70-74	F	Jody Olsom	ID	19.10	2003
		75-79	F	Jody Olson	ID	28.16	2005
		50-54	M	COLE, Robert	UT	12.05	2015
		55-59	M	Goble, Marlouwe	UT	12.82	2006
		60-64	M	Galazin, John	ID	12.95	2006
		65-69	M	OSBORNE, Glynn	HI	13.49	2016
		70-74	M	John Gustafson	UT	13.20	2010
		75-79	M	Bill Platts	ID	14.77	2005
		80-84	M	Platts, Bill	ID	15.91	2012
		85-89	M	WALLING, Howard	ID	20.75	2016
	200 M Dash	50-54	F	WORKMAN, Caralee	ID	48.93	2015
		60-64	F	LISH, Brenda	ID	36.70	2016
		65-69	F	Mary Morrison	TX	49.60	2007
		70-74	F	Jody Olson	ID	58.75	2003

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		75-79	F	Jody Olson	ID	59.70	2005
		50-54	M	Scott Bailey	ID	20.60	2009
		55-59	M	Goble, Marlowe	UT	27.55	2006
		60-64	M	Galazin, John	ID	26.65	2006
		65-69	M	John Gustafson	UT	28.60	2008
		70-74	M	John Gustafson	UT	28.92	2010
		75-79	M	Bill Platts	ID	30.77	2005
		80-84	M	Scheffner, Gordon	UT	38.80	2013
Track and Field	400 M Run	50-54	F	Lynn Oliver	ID	2:13.68	2009
		60-64	F	LISH, Brenda	ID	1:39.00	2016
		65-69	F	Lou Baxter	UT	2:08.30	2008
		70-74	F	Jody Olson	ID	2:07.04	2003
		75-79	F	Jody Olson	ID	2:28.40	2005
		50-54	M	Lott, Wayne	ID	1:00.00	2014
		55-59	M	Jolley, Richard	ID	1:05.99	2013
		60-64	M	Galazin, John	ID	1:02.10	2006
		65-69	M	John Gustafson	UT	1:06.60	2008
		70-74	M	John Gustafson	UT	1:06.60	2010
		75-79	M	John Gustafson	UT	1:17.00	2016
		80-84	M	Clint Baxter	UT	2:10.00	2014
Track and Field	800 M Run	50-54	F	Workman, Caralee	ID	5:26.00	2013
		55-59	F	Cindy Albers	ID	4:29.04	2009
		60-64	F	Hill, Susan	UT	4:20.10	2012
		65-69	F	HILL, Susan	FL	4:01.00	2016
		70-74	F	Jody Olson	ID	4:51.28	2003
		75-79	F	Jody Olson	ID	5:05.80	2005
		50-54	M	Scott Bailey	ID	2:02.20	2010
		55-59	M	Jones, Robert	ID	2:24.00	2014
		60-64	M	John Galazin	ID	2:42.19	2004
		65-69	M	John Gustafson	UT	2:47.00	2007
		65-69	M	John Haney	UT	2:47.00	2010
		70-74	M	John Gustafson	UT	2:51.40	2010
		75-79	M	John Gustafson	UT	3:11.08	2015
Track and Field	1500 M Run	60-64	F	Hill,Susan	UT	8:31	2012
		65-69	F	Baxter, Lou	UT	9:01	2006
		70-74	F	Jody Olson	ID	9:14	2003
		75-79	F	Jody Olson	ID	10:30	2005
		50-54	M	Scott Bailey	ID	5:07	2008
		55-59	M	Goodrich, Clyde	ID	5:15	2013
		60-64	M	GOODRICH, Clyde	ID	5:28	2016
		65-69	M	John Gustafson	UT	6:09	2008
		70-74	M	John Gustafson	UT	6:30	2010
		75-79	M	Dale Perkins	UT	6:09	2010

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Track and Field	400 M Race Walk	55-59	F	Janet Zahn	WY	3:15	2010
		60-64	F	Sondra Dunkle	ID	3:07.70	2009
		65-69	F	Dorothy Houston	UT	2:40.00	2005
		90-94	F	HILL, Marie	ID	3:46.00	2016
		50-54	M	Johnson, Eric	UT	1:40.00	2014
		55-59	M	Johnson, Eric	ID	1:44.06	2015
		60-64	M	Sanford, J.C.	TX	2:21.90	2006
		65-69	M	J C Sanford	TX	2:12.06	2008
		70-74	M	Louie Osuna	ID	2:18.56	2005
		75-79	M	Reiche, Ralph	UT	2:39.00	2012
		80-84	M	Platt, Bill	ID	2:46.02	2012
Track and Field	1500 M Race Walk	50-54	F	Sanford, Susan	TX	14:26	2006
		60-64	F	Sondra Dunkle	ID	12:50	2009
		65-69	F	Lynn Mertz	SD	10:39	2008
		70-74	F	Donna Boe	ID	11:31	2005
		90-94	F	HILL, Marie	ID	15:08	2016
		50-54	M	Johnson, Eric	UT	7:52	2012
		55-59	M	Johnson, Eric	ID	8:23	2015
		60-64	M	Paul DeLong	ID	9:54	2005
		65-69	M	Paul DeLong	ID	9:43	2012
		70-74	M	DeLong, Paul	ID	9:36	2014
		75-79	M	Preston Bell	ID	11:19	2005
Track and Field	Discus	50-54	F	Sanford, Susan	TX	54' 10"	2006
		55-59	F	Janet Zahn	WY	49' 11"	2009
		60-64	F	KIRKPATRICK, Yvonne	ID	69' 10"	2016
		65-69	F	Rita Plank	NV	44' 1.5"	2004
		70-79	F	Kumi Horiuchi	CO	32' 6.5"	2011
		50-54	M	Robert Smith	WA	111' 4"	2005
		55-59	M	Marvin Orrock	UT	125' 9"	2010
		60-64	M	Orrock, Marvin	UT	138' 7"	2014
		65-69	M	Harwood, Lonnie	WY	101' 5"	2012
		70-74	M	Haigwood, Mike	NV	98' 1"	2012
		75-79	M	Bill Platts	ID	94' 9"	2007
80-84	M	Platts, Bill	ID	87' 7"	2012		
85-89	M	John Jensen	ID	59' 0"	2009		
90-94	M	Jensen, John	UT	50' 7"	2013		
Track and Field	Javelin	50-54	F	Workman, Caralee	ID	56' 4"	2014
		55-59	F	Sally Mart	UT	62' 5"	2009
		60-64	F	Christie Johnston	UT	67' 2"	2007
		65-69	F	Johnston, Christie	UT	66' 4"	2012
		70-74	F	Kumi Horiuchi	CO	32' 3.5"	2011
		50-54	M	Jerry Ropelato	UT	118' 4"	2008
		55-59	M	JOHNSON, Eric	UT	105' 0"	2016

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		60-64	M	Way, Jack	ID	124' 7"	2014
		65-69	M	Dennis Rider	NV	121' 5"	2009
		70-74	M	Malcolm Russell	ID	132' 2"	2007
		75-79	M	Bill Platts	ID	124' 6"	2007
		80-84	M	Platts, Bill	ID	106' 7"	2012
		85-89	M	John Jensen	ID	45' 7"	2010
		90-94	M	Jensen, John	ID	37' 2"	2013
Track and Field	Shot Put	50-54	F	Workman, Caralee	ID	25' 2"	2014
		55-59	F	Janet Zahn	WY	17' 11.75"	2009
		60-64	F	KIRKPATRICK, Yvonne	ID	26' 6"	2016
		65-69	F	HILL, Susan	FL	19' 10"	2016
		70-74	F	Kumi Horiuchi	CO	13' 9.5"	2011
		75-79	F	Jody Olson	ID	13' 5"	2007
		50-54	M	Jerry Ropelato	UT	37' 5"	2008
		55-59	M	Marvin Orrock	UT	40' 10.75"	2010
		60-64	M	Bruce Jones	MT	40' 7.75"	2007
		65-69	M	Harwood, Lonnie	WY	34' 9.5"	2012
		70-74	M	Head, William	ID	33' 2"	2012
		75-79	M	Godfrey, Will	ID	31' 0"	2014
		80-84	M	Platts, Bill	ID	32' 5.5"	2012
		85-89	M	John Jensen	ID	22' 0"	2008
		90-94	M	Jensen, John	ID	19' 2"	2013
Track and Field	Softball Throw	50-54	F	Workman, Caralee	ID	111' 0"	2013
		55-59	F	Christie Johnston	UT	114' 00"	2006
		60-64	F	Christie Johnston	UT	110' 11"	2007
		65-69	F	Johnston, Christie	UT	102' 6"	2013
		70-74	F	Phillips, Carol	ID	75' 5"	2006
		75-79	F	Carol Phillips	ID	68' 10"	2007
		80-84	F	Phillips Carol	ID	64' 1"	2016
		50-54	M	GIBBON, David	UT	257' 7"	2016
		55-59	M	Sorensen, Nathan	UT	205' 0"	2014
		60-64	M	Jerry Sepich	ID	190' 3"	2010
		65-69	M	Nelson, Kenneth	UT	180' 4"	2012
		70-74	M	Russell Malcolm	ID	180' 5"	2008
		75-79	M	Bill Platts	ID	139' 5"	2005
		80-84	M	Platts,Bill	ID	118' 10'	2012
		85-89	M	John Jensen	ID	76' 8'	2008
		90-94	M	Jensen, John	ID	53' 3"	2013
Track and Field	Football Throw	50-54	F	Alvarez, Micquelene	ID	76' 0"	2013
		55-59	F	Johnston,Christie	UT	75' 2"	2006
		60-64	F	Christie Johnston	UT	74' 5"	2011
		65-69	F	Johnson, Christie	UT	74' 8.5"	2012
		70-74	F	Phillips, Carol	ID	48' 8"	2006

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		75-79	F	Carol Phillips	ID	43' 10"	2009
		80-84	F	Phillips, Carol	ID	35' 8"	2013
		50-54	M	Jerry Ropelato	UT	144' 5"	2010
		55-59	M	Jerry Ropelato	UT	127"	2014
		60-64	M	Way, Jack	ID	135' 8.5"	2014
		65-69	M	WAY, Jack	ID	135' 10"	2016
		70-74	M	Malcolm Russell	ID	123' 10"	2007
		75-79	M	Bill Platts	ID	106' 1"	2005
		80-84	M	Platts, Bill	ID	81' 4"	2012
		85-89	M	John Jensen	ID	61' 4"	2008
Track and Field	Hammer Throw	50-54	F	Sanford, Susan	TX	69' 2"	2006
		60-64	F	KIRKPATRICK, Yvonne	ID	77' 3"	2016
		50-54	M	JOHNSON, Jeff	UT	90' 2"	2016
		55-59	M	James Vook	ID	84' 1"	2012
		60-64	M	Howie Kellogg	WA	114" 4"	2007
		65-69	M	J C Sanford	TX	81' 2.5"	2008
		70-74	M	Murdo Campbell	MT	87' 8"	2007
		75-79	M	Leo Long	CA	34' 10"	2007
		80-84	M	Platts, Bill	ID	63' 3"	2012
		85-89	M	John Jensen	ID	49' 2"	2008
Track and Field	Standing Long Jump	50-54	F	WORKMAN, Caralee	ID	4' 11.5 "	2015
		55-59	F	Mona Marble	WY	4' 9"	2011
		60-64	F	Marble, Mona	WY	4' 6"	2012
		50-54	M	Jerry Ropelato	UT	8' 5.5"	2010
		55-59	M	Marvin Orrock	UT	8' 4"	2010
		60-64	M	Orrock, Marvin	UT	8' 1"	2013
		65-69	M	Doug Spainhower	UT	7' 11"	2004
		70-74	M	John Gustafson	UT	7' 9"	2010
		75-79	M	GUSTAFSON, John	UT	7' 0"	2016
		80-84	M	Frank Condie	UT	5' 6"	2008
Track and Field	Long Jump	50-54	F	Workman, Caralee	ID	8' 8"	2013
		55-59	F	Mona Marble	WY	5' 7"	2011
		60-64	F	Patricia Ferry	ID	8' 2"	2005
		65-69	F	HILL, Susan	FL	7' 0"	2016
		50-54	M	Don Parry	UT	15' 3"	2005
		55-59	M	Madsen, Dale	ID	16' 2"	2006
		60-64	M	John Galazin	ID	14' 1	2004
		65-69	M	John Gustafson	UT	14' 9.25"	2008
		70-74	M	John Gustafson	UT	13' 9"	2010
		75-79	M	Doug Spainhower	UT	12' 2"	2009
		80-84	M	Platts, Bill	ID	11' 2"	2012
Track and Field	High Jump	50-54	F	Workman, Caralee	ID	3' 4"	2013
		60-64	F	Hill, Susan	UT	3' 4"	2012

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		65-69	F	HILL, Susan	FL	3' 4"	2016
		50-54	M	Schenk, Rob	UT	5' 1"	2006
		55-59	M	Rob Schenk	UT	5' 0"	2009
		55-59	M	Marvin Orrock	UT	5' 2"	2011
		60-64	M	Orrock, Marvin	UT	5' 0"	2014
		60-64	M	Ricky J.Berg	ID	4' 8"	2007
		65-69	M	Doug Spainhower	UT	4' 10"	2004
		70-74	M	John Gustafson	UT	4' 6"	2012
		75-79	M	Dale Perkins	UT	4' 0'	2009
			M	Reiche, Ralph	UT	4' 0"	2012
			M	GUSTAFSON, John	UT	4' 0"	2014
		80-84	M	Baxter, Clinton	UT	3' 8"	2013
Track and Field	Triple Jump	50-54	F	Sanford, Susan	TX	13' 6"	2006
		50-54	M	Daniel Scamehorn	NE	33' 1"	2010
		55-59	M	Don Perry	UT	31' 5"	2009
		60-64	M	Galazin, John	ID	31' 6"	2006
		65-69	M	John Gustafson	UT	28' 5.5"	2008
		70-74	M	John Gustafson	UT	30' 3"	2010
		75-79	M	John Gustafson	UT	27' 5"	2015
		80-84	M	Frank Condie	UT	18' 7"	2008
Track and Field	Pole Vault	60-64	F	Hill, Susan	UT	3' 0"	2012
		50-54	M	Don Perry	UT	6' 6"	2007
		60-64	M	Bruce Perkins	ID	9' 0"	2010
		65-69	M	Mardoon Connely	NV	9' 6"	2008
		70-74	M	Mardoon Connely	NV	8' 0"	2011
		75-79	M	CONNELLY, Mardon	NV	8' 0"	2016