

Southeast Idaho Senior Games 2021 Records

New Records are Highlighted

Category	Event	Age	Sex	Name	ST	Time / Distance	Year
Archery	Compound	55-59	F	SanDee Quinn	ID	256 14	2018
2014 to Present		60-64	F	Brenda Lish	ID	183 3	2018
Target		65-69	F	Debra Johnson	WA	259 x16	2021
		75-79	F	Alice Campbell	ID	6	2017
		85-89	F	Johnson, Elisabeth	ID	235	2017
		90-94	F	Elisabeth Johnson	UT	227 x1	2021
		50-54	M	JP Johnson	ID	298 50	2019
		60-64	M	Daniel Drips	ID	299 47	2019
		65-69	M	James Dumont	WA	264 14	2019
		70-74	M	Blair Peterson	ID	298	2016
	Traditional	75-79	F	Campbell, Alice	ID	41	2014
		50-54	M	Brian Morris	ID	274 17	2018
		55-59	M	Brian Morris	ID	268 x9	2021
		60-64	M	George Logsdon	ID	265	2017
		70-74	M	Don Ballenger	MT	177	2016
3-D	Compound	55-59	F	SanDee Quinn	ID	224	2018
		60-64	F	Brenda Lish	ID	170	2017
		65-69	F	Debra Johnson	WA	201	2021
		75-79	F	Alice Campbell	ID	33	2017
		85-89	F	Elisabeth Johnson	ID	191	2017
		90-94	F	Elisabeth Johnson	UT	117	2021
		50-54	M	Brian Morris	ID	265	2018
		60-64	M	Daniel Drips	ID	256	2021
		65-69	M	James Dumont	WA	240	2018
	Traditional	50-54	F	Caralee Workman	ID	58	2015
		75-79	F	Campbell, Alice	ID	48	2014
		50-54	M	Brian Morris	ID	219	2019
		55-59	M	Ken Quinn	ID	199	2018
		60-64	M	George Logsdon	ID	219	2018
		80-84	M	Percy Walters	ID	173	2015
Basketball	Free Throw	60-64	F	Inez Preacher	ID	16	2019
2004 to Present	1 pt / Basket	65-69	F	Jeinene Big Day	ID	14	2021
	25 shots max	70-74	F	Jacqueline Thomas	ID	5	2017
		50-54	M	Doug Milder	ID	22	2008
		55-59	M	Mark McBeth	ID	24	2019
		60-64	M	Delson Suppah, Sr.	ID	23	2009
		65-69	M	Tarrel Palmer	ID	24	2009
		70-74	M	Louie Osuna	ID	24	2008
		75-79	M	Tarrel Palmer	UT	27	2021
		80-84	M	Ralph Reiche	ID	27	2021

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		85-89	M	Lyle Timmons	UT	17	2019
Basketball	Free Throw/3 Point	60-64	F	Martha Nunez-Hagius	ID	9	2017
	Combined		F	Inez Preacher	ID	9	2019
	(max 43 pts)	65-69	F	Jeinene Big Day	ID	14	2021
		70-74	F	Jacqueline Thomas	ID	9	2017
		50-54	M	Merle Smith	ID	38	2004
		55-59	M	Merle Smith	ID	39	2007
		60-64	M	Roger Davis	ID	31	2004
			M	Allen Bauer	NV	31	2016
			M	Nate Sorensen	ID	31	2017
		65-69	M	Tarrel Palmer	UT	36	2010
		70-74	M	Tarrel Palmer	UT	37	2016
		75-79	M	Reiche, Ralph	UT	33	2013
		80-84	M	Ralph Reiche	UT	27	2021
		85-89	M	Lyle Timmons	UT	23	2018
	Hot Shot	60-64	F	Jeinene Big Day	ID	43	2019
		65-69	F	Jeinene Big Day	ID	25	2021
		70-74	F	Jacqueline Thomas	ID	15	2019
		50-54	M	Mark McBeth	ID	42	2017
		55-59	M	Gary L Longmore	ID	44	2019
		60-64	M	Delson Suppah, Sr.	ID	46	2009
		65-69	M	Tarrel Palmer	UT	54	2009
		70-74	M	Tarrel Palmer	UT	45	2015
		75-79	M	Dale Perkins	UT	55	2009
		80-84	M	Ralph Reiche	UT	35	2021
		85-89	M	Lyle Timmons	UT	25	2018
Bowling	Singles	50-54	F	B J Phillips	ID	530	2008
2003 to Present		55-59	F	Andrea Gilstrap	ID	602	2021
		60-64	W	Di Schaible	MT	511	2017
		65-69	F	Susanna Ruby	MT	543	2019
		70-74	F	Sally Taniguchi	ID	518	2007
		75-79	F	Carol Phillips	ID	451	2009
		80-84	F	Carol Phillips	ID	477	2012
		85-89	W	Carol Phillips	ID	424	2018
		90-94	F	Allredge, Reta	ID	428	2013
		50-54	M	Scott Bailey	ID	654	2008
		55-59	M	Bill Miller	ID	655	2016
		60-64	M	Dan Weaver	ID	651	2015
		65-69	M	Larry Stevens	ID	705	2021
		70-74	M	Marine, Dave		627	2014
		75-79	M	Jerry Chapman	ID	611	2018
		80-84	M	Jim Leonard	ID	599	2019

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		85-89	M	Bill Alleman	ID	576	2016
		90-94	M	Bill Alleman	ID	503	2019
Bowling	Womens Doubles	50-54	F	JoAnn Paddock		1045	2007
			F	Donnelly			
		55-59	F	Susanna Ruby	ID	1030	2013
				JoAnn Paddock	ID		
		60-64	F	Susanna Ruby	MT	1002	2021
			F	Barb Delano	MT		
		65-69	F	Carol Barker	ID	978	2013
				Wilma Gott	ID		
		70-74	F	Reynolds/ Donnelly	MT	1031	2011
		75-79	F	Janell Baird	ID	886	2008
				Phyllis Baird	ID		
		80-84	F	Phillips/Hill	ID	883	2009
Bowling	Men's Doubles	50-54	M	Pat Luras	ID	1219	2019
				Bill Alleman	ID		
		55-59	M	Pederson, Tom		1204	2014
			M	Call, Gary			
		60-64	M	Jack Ahern	MT	1144	2015
				Jim Watkins			
		65-69	M	Larry Stevens	ID	1195	2021
			M	Greg Furrows	ID		
		70-74	M	Comer/Watkins	MT	1188	2009
		75-79	M	Meier/Comer	MT	1082	2012
		80-84	M	Myers/Alleman	ID	1077	2011
		85-89	M	Meier/Reeve	D/MT	931	2009
Bowling	Mixed Doubles	50-54		Susanna Donnelly	ID	1120	2008
				Jim Watkins	MT		
		55-59		Donnelly / Watkins	MT	1159	2011
		60-64		Di Schaible	MT	1165	2016
				Jack Ahern			
		65-69	MX	Susanna Ruby	MT	1143	2021
				Jim Watkins	MT		
		70-74		Janie Wilcox	ID	1117	2017
				Gene Giesbrecht	ID		
		75-79		Erwin, Charlotte	MT	979	2018
				Comer, Les	MT		
		80-84		Erwin, Charlotte	MT	872	2021
				Comer, Les	MT		
Cycling	Hill Climb	50-54	F	Karen Dlouhy	CO	22:43	2007
2006 to Present		55-59	W	Cathleen Wilde	UT	25:02	2017
		60-64	F	Jodi Cuccia	ID	26:14	2012

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		65-69	F	Jodi Cuccia	ID	27:13	2016
		70-74	F	Jodi Cuccia	ID	31:50	2021
		75-79	F	Judy Peterson	UT	51:14	2018
		80-84	F	Jody Olson	ID	43:51	2010
		50-54	M	Tony Chesrow	ID	20:29	2016
		55-59	M	Patrick Bohan	CO	20:40	2021
		60-64	M	Gary Azevedo	ID	21:03	2021
		65-69	M	John Haney	UT	21:17	2010
		70-74	M	Larry Peterson	UT	20:27	2016
		75-79	M	Larry Peterson	UT	21:36	2019
		80-84	M	Stan Swallow	UT	26:20	2021
		85-89	M	Robert Paganini	CA	35:31	2021
Cycling							
	5K Time Trail	50-54	F	Russell, Patty	ID	8:12	2012
2008 to Present		55-59	F	Cathleen (Kat) Wilde	UT	7:22	2018
Arimo Course		60-64	W	Lanett Draper	UT	8:03	2017
		65-69	F	Jodi Cuccia	ID	8:48	2016
		70-74	F	Kumi Horiuchi	CO	9:51	2009
		75-79	F	Jody Olson	ID	9:52	2009
		80-84	F	Jody Olson	ID	9:25	2010
		85-89	F	Jody Olson	ID	11:78	2018
		90-94	F	Jody Olson	ID	13:52	2021
		50-54	M	Gary Azevedo	ID	6:24	2013
		55-59	M	Gary Azevedo	ID	6:21	2018
		60-64	M	Ravell Call	UT	6:38	2018
		65-69	M	John Haney	UT	6:45	2010
		70-74	M	Larry Peterson	UT	6:45	2017
		75-79	M	Larry Peterson	UT	7:16	2021
		80-84	M	Stan Swallow	UT	8:05	2021
		85-89	M	Robert Paganini	CA	9:52	2021
Cycling	10 K Time Trial	50-54	F	Patty Russell	ID	16:39	2012
		55-59	F	Martha Iverson	CO	16:18	2008
		60-64	F	Monica Steidele	WY	17:37	2012
		65-69	F	Jodi Cuccia	ID	19:47	2016
		70-74	F	Kumi Horiuchi	CO	19:47	2011
		75-79	F	Lois Lindsay	ID	20:34	2011
		80-84	F	Jody Olson	ID	21:49	2010
		50-54	M	Gary Azevedo	ID	11:57	2011
		55-59	M	Bob Marcinko	ID	13:34	2011
		60-64	M	Gary Azevedo	ID	14:11	2019
		65-69	M	John Haney	UT	13:06	2011
		70-74	M	Tom Neary	ID	13:44	2011
		75-79	M	Larry Peterson	UT	14:10	2019

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		80-84	M	Thomas Neary	ID	15:55	2021
		85-89	M	Robert Paganini	CA	18:33	2021
Cycling	20 K Road Race	50-54	F	Kathy Anderson	ID	43:37	2014
		55-59	W	Cathleen Wilde	UT	36:28	2017
		60-64	F	Betti Bohus	ID	38:40	2021
		65-69	F	Jodi Cuccia	ID	40:46	2016
		70-74	F	Kotter, Bette	UT	49:55	2012
		75-79	F	Jody Olson	ID	53:00	2009
		80-84	F	Jody Olson	ID	49:00	2010
		50-54	M	Gary Azevedo	ID	31:03	2013
		55-59	M	Patrick Bohan	CO	31:14	2021
		60-64	M	Louis Spencer Smith	ID	31:14	2021
		65-69	M	Ravell Call	UT	31:14	2021
		70-74	M	Larry Peterson	UT	32:34	2016
		75-79	M	Larry Peterson	UT	33:30	2021
		80-84	M	Stan Swallow	UT	33:32	2021
		85-89	M	Robert Paganini	CA	47:33	2021
Cycling	40 K Road Race	50-54	F	Russell, Patty	ID	1:12:40	2012
		55-59	W	Cathleen Wilde	UT	1:08:16	2018
		60-64	F	Lori Allred	ID	1:15:00	2021
		65-69	F	Jodi Cuccia	ID	1:19:25	2016
		70-74	F	Jodi Cuccia	ID	1:25:37	2021
		75-79	F	Judy Peterson	UT	2:05:43	2018
		50-54	M	Joe Morrell	ID	1:00:52	2016
		55-59	M	Gary Azevedo	ID	1:00:52	2016
		60-64	M	Michael Giordanengo	ID	1:02:38	2019
		65-69	M	Ravell Call	UT	1:03:07	2021
		70-74	M	Larry Peterson	UT	1:00:52	2016
		75-79	M	Larry Peterson	UT	1:03:10	2021
		80-84	M	Stan Swallow	UT	1:05:45	2021
		85-89	M	Robert Paganini	CA	1:25:38	2021
Cycling	5K Time Trial	50-54	F	Karen Dlouhy	CO	7:23	2007
2003 to 2007		55-59	F	Christine Satterwhite	ID	7:37	2004
S 5th Course		60-64	F	Alice Pust	UT	7:32	2004
		65-69	F	Alice Pust	UT	8:54	2007
		70-74	F	Jody Olson	ID	8:03	2004
		75-79	F	Jody Olson	ID	9:30	2007
		50-54	M	Bob Walker	ID	6:20	2005
		55-59	M	Dean Wilkie	ID	6:40	2004
		60-64	M	Stan Swallow	UT	6:17	2004
		65-69	M	Stan Swallow	UT	7:03	2005
		70-74	M	Walt Axthelm	ID	6:59	2007

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		75-79	M	Mark Olson	ID	7:33	2004
		80-84	M	Roy Cushway	SK-Ca	8:59	2007
Cycling	10 K Time Trial	50-54	F	Karen Dlougy	CO	15:33	2007
		55-59	F	Robin Nicholson	ID	26:30	2003
		60-64	F	Alice Pust	UT	19:06	2004
		65-69	F	Alice Pust	UT	22:39	2007
		70-74	F	Seccombe, Gwen	CO	20:41	2006
		75-79	F	Jody Olson	ID	21:43	2007
		50-54	M	Frank Matus	SK-Ca	13:44	2007
		55-59	M	Bob Marcinko	ID	14:48	2007
		60-64	M	Jim Dlougy	CO	14:07	2007
		65-69	M	Swallow, Stan	UT	16:04	2007
		70-74	M	Walt Axthelm	CO	15:04	2007
		75-79	M	Mark Hopkins	WY	17:28	2007
		80-84	M	Roy Cushway	SK-Ca	19:57	2007
Cycling	20 K Road Race	50-54	F	Karen Dlouhy	CO	33:10	2007
		55-59	F	Christine Satterwhite	ID	38:06	2004
		60-64	F	Alice Pust	UT	40:54	2004
		65-69	F	Alice Pust	UT	50:44	2007
		70-74	F	Jody Olson	ID	44:14	2003
		75-79	F	Olson, Jody	ID	48:33	2006
		50-54	M	Marcinko, Bob	ID	31:55	2006
		55-59	M	Bob Marcinko	ID	32:27	2007
		60-64	M	Crockett, Alan	ID	32:11	2006
		65-69	M	Stan Swallow	UT	32:27	2007
		70-74	M	David Deichman	ID	32:59	2007
		75-79	M	Mark Hopkins	WY	40:12	2007
		80-84	M	Roy Cushway	SK-Ca	40:10	2007
Cycling	40 K Road Race	50-54	F	Karen Dlouhy	CO	1:07:15	2007
		55-59	F	Marilyn Spelrn	ID	1:10:41	2005
		60-64	F	Alice Pust	UT	1:23:59	2005
		70-74	F	Seccombe, Gwen	CO	1:32:29	2006
		75-79	F	Olson, Jody	ID	1:38:02	2006
		50-54	M	Bob Walker	ID	1:04:21	2005
		55-59	M	Bob Nelson	ID	1:04:38	2004
		60-64	M	Crockett, Alan	ID	1:06:34	2006
		65-69	M	Swallow, Stan	UT	1:06:07	2006
		70-74	M	David Deichman	ID	1:06:46	2007
		75-79	M	Harry Meridith	SK-Ca	1:23:17	2007
		80-84	M	Roy Cushway	SK-Ca	1:19:06	2007
Disc Golf	Singles	55-59	F	Marlene Lyksett	ID	30	2011
2008 to Present		65-69	F	Judy Lang	SK-Ca	61	2008

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		70-74	F	Linda Lindley	ID	53	2015
		50-54	M	Tom Schultz	ID	25	2014
		55-59	M	Bill Miller	ID	24	2017
		60-64	M	Bill Miller	ID	27	2018
		70-74	M	Mark Price	UT	42	2008
			M	Kenneth Wright	ID	42	2019
		75-79	M	Gary Longmore	ID	44	2014
		80-84	M	Roy Cushway	SL Car	41	2009
		85-89	M	Roy Cushway	SK	52	2011
Fun Run	2.5 K Walk	50-54	F	Davis, Donna	ID	15:37	2012
<i>Bonneville Park</i>		55-59	F	Starla Prescott	ID	16:14	2017
2012 to Present		60-64	F	Doris Cogdill	ID	15:23	2016
		65-69	F	Cherie Turpin	ID	15:50	2016
		70-74	F	Sharon Bieda	ID	19:08	2018
		75-79	F	Angela Luckey	ID	21:08	2019
		80-84	F	Kimi Tominaga	ID	24:16	2013
		85-89	F	Kimi Tominana	ID	25:05	2017
		90-94	F	Kimi Tominaga	ID	27:03	2021
		90-94	F	Marie Hill	ID	54:32	2016
		50-54	M	Steven Dahms	ID	15:04	2013
		55-59	M	Robert Ward	ID	20:42	2013
		60-64	M	Jim Vook	ID	15:24	2019
		65-69	M	Jim Vook	ID	15:41	2021
		70-74	M	Jerry Huebsch	MN	12:33	2018
		75-79	M	Mark Sawyer	ID	19:13	2013
		80-84	M	Theron Pollard	ID	29:49	2016
		85-59	M	Mark Olson	ID	1: 38:13	2015
	5 K Walk	50-54	F	Kellie Watne	ID	29:35	2016
		55-59	F	Lexie Baker	ID	38:36	2019
		60-64	F	Shelly Martsch	ID	37:50	2021
		65-69	F	Dotty Lohse	ID	40:17	2019
		70-74	F	Janet Faith	ID	38:35	2019
		75-79	F	Angela Luckey	ID	48:06	2018
		80-84	F	Donna Boe	ID	46:38	2014
		50-54	M	Steven Dahms	ID	32:16	2014
		55-59	M	Ron Skroh	ID	41:24	2014
		60-64	M	Chris Davis	ID	42:29	2016
		65-69	M	Mike Berberian	ID	28:13	2012
		70-74	M	Leslie Doug	ID	34:59	2012
		75-79	M	Lee Dille	ID	38:35	2019
		80-84	M	Dan Hammond	ID	49:12	2021
	5 K Run	50-54	F	Josie Magee	ID	23:16	2016

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		55-59	F	Sandra Burch	ID	22:56	2019
		60-64	F	Smith,Sandra	ID	28:53	2012
		65-69	F	Smith,Sandra	ID	29:35	2016
		70-74	F	Patty Bolinger	ID	36:11	2021
		50-54	M	Wills, Angier	ID	21:13	2012
		55-59	M	Gary Azevedo	ID	19:25	2017
		60-64	M	Daniel Grimes	ID	20:13	2019
		65-69	M	Crockett,Alan	ID	21:43	2012
		70-74	M	Alan Crockett	ID	22:50	2014
		75-79	M	Lee Dille	ID	35:24	2021
	10 K Walk	50-54	F	Diane Nelson	ID	1:15:00	2014
		55-59	F	Diane Nelson	ID	1:13:14	2019
		60-64	F	Beth Serr	ID	1:03:57	2016
		65-69	F	Holly Cree	ID	1:17:18	2015
		70-74	F	Holly Cree	ID	1:23:29	2019
		75-79	F	Roxie Foltz	ID	1:46:19	2021
		50-54	M	Steve Dahms	ID	1:05:19	2015
		55-59	M	Steve Dahms	ID	1:08:18	2018
		60-64	M	Ron Hunzeker	ID	1:12:48	2021
		65-69	M	Paul Delong	ID	1:07:40	2012
		70-74	M	Paul Delong	ID	1:07:07	2015
		75-79	M	Paul De Long	ID	1:13:31	2019
		80-84	M	Bill Burrell	ID	1:46:20	2021
	10 K Run	50-54	F	Sandra Burch	ID	42:58	2015
		55-59	F	Sanda Burch	ID	46:05	2017
		60-64	F	Ann Dalley	ID	55:12	2021
		65-69	F	Lyla Wolfenberger	ID	1:25:22	2016
		75-79	F	Jeanne Burrell	ID	1:37:29	2018
		50-54	M	Travis Hood	ID	41:34	2016
		55-59	M	Enrique Romero	ID	41:57	2021
		60-64	M	Bob Jenks	ID	50:51	2015
		65-69	M	Mike Berberian	ID	45:18	2015
		70-74	M	Bob Swanson	ID	53:33	2016
		80-84	M	Bill Burrell	ID	1:31:34	2018
Fun Run	2.5 K Walk	50-54	F	Beverly Sion	ID	22:24	2007
<i>OK Ward Park</i>		55-59	F	Margaret Jacob	ID	19:48	2009
2003 to 2011		60-64	F	Sondra Dunkle	ID	21:28	2010
		65-69	F	Cindy Bunde	ID	21:30	2010
		70-74	F	Kimi Tominaga	ID	22:12	2007
		75-79	F	Kimi Tominga	ID	22:05	2008
		50-54	M	Ron Endo	ID	22:25	2007
		55-59	M	Doug Alley	ID	19:36	2009

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		60-64	M	Allen Christelow	ID	22:04	2010
		70-74	M	Joe Garcia	ID	18:43	2004
Fun Run	5 K Run	50-54	F	Marita Worthington	ID	23:40	2006
		55-59	F	Sandra Smith	ID	27:17	2010
		60-64	F	Sandra Smith	ID	28:11	2013
		65-69	F	Leslie Doug	ID	27:48	2010
		50-54	M	Scott Bailey	ID	18:48	2010
		55-59	M	Bob Jenks	ID	22:18	2009
		60-64	M	Redge Balls	ID	23:41	2010
		65-69	M	Gordon Dixon	ID	24:23	2008
		70-74	M	Clinton Baxter	UT	29:11	2004
Fun Run	5 K Walk	50-54	F	Linda Buchli	ID	35:19	2009
		55-59	F	Sandra Smith	ID	34:24	2008
		60-64	F	Karen Price	ID	38:14	2003
		65-69	F	Gay Kidd	ID	38:35	2004
		70-74	F	Gay Kidd	ID	39:37	2008
		75-79	F	Delores Sample	ID	48:56	2006
		80-84	F	Delores Sample	ID	48:03	2008
		50-54	M	Kevin Wakeman	ID	39:35	2007
		55-59	M	Don Babcock	ID	37:13	2005
		60-64	M	Dennis Armstrong	ID	34:39	2005
		65-69	M	David Knickerbocker	KS	32:34	2010
		70-74	M	Joe Garcia	ID	46:28	2005
		75-79	M	Robert Goettsch	ID	37:53	2007
		80-84	M	Robert Goeettsch	ID	35:55	2008
Fun Run	10 K Run	50-54	F	Madalena Overocker	ID	52:37	2011
		55-59	F	Marita Worthington	ID	47:16	2011
		60-64	F	Holly Cree	ID	57:48	2010
		65-69	F	Shari Newsome	ID	1:01:27	2010
		50-54	M	Dan Grimes	ID	38:32	2009
		55-59	M	Mike Berberian	ID	38:28	2005
		60-64	M	Mike Berberian	ID	39:54	2007
		65-69	M	Lowell Hawkes	ID	44:59	2009
Fun Run	10 K Walk	50-54	F	Margarita Moody	ID	42:27	2007
		55-59	F	Jody O'Donnell	ID	46:22	2008
		60-64	F	Judy Thomas	ID	1:07:47	2007
		65-69	F	Betty Stewart	ID	1:09:31	2007
		50-54	M	Chris Severson	ID	50:37	2008
		55-59	M	Empey, David	ID	56:30	2006
		60-64	M	Paul DeLong	ID	43:06	2007
		65-69	M	Paul DeLong	ID	34:35	2008
		70-74	M	Dave Treasure	ID	1:00:51	2007

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New Records are Highlighted

Golf	9 Hole	65-69	F	Marjean Waford	ID	52	2018
2004 to Present		80-84	F	Sandra Noakes	ID	56	2016
		60-64	M	Michael Ellsworth	ID	50	2017
		65-69	M	Keith Ellsworth	ID	60	2017
		70-74	M	Bob Bieda	ID	47	2016
		80-84	M	Gordon Waford	ID	60	2016
		85-89	M	Don Walrath	ID	56	2021
	18 Hole	50-54	F	Tracey King	ID	103	2012
		55-59	F	Shawna Nelson	ID	89	2004
		60-64	F	Kathy Strachan	ID	93	2012
		65-69	F	Sandy Snyder	ID	89	2008
		70-74	F	Ginger Smith	ID	99	2021
		75-79	F	Donna Hillard	ID	92	2017
		80-84	F	Sondra Hinkley	ID	97	2017
		85-89	F	Florence Menousek	ID	129	2011
		90-94	F	Frani Threlkeld	ID	115	2015
		95-99	F	Frani Threlkeld	ID	120	2015
		50-54	M	Ron Malooly	ID	75	2008
		55-59	M	Junior Wayas	ID	71	2014
		55-59	M	Alan Farnsworth	ID	73	2015
		60-64	M	Alan Farnsworth	ID	74	2019
		65-69	M	Gary North	ID	73	2010
		70-74	M	Randy Spencer	ID	74	2015
			M	James Buffaloe	ID	74	2017
		75-79	M	Lute Armstrong	ID	76	2017
		80-84	M	Keith Martindale	ID	82	2021
		85-89	M	George Oyama	ID	101	2012
Miniature Golf		55-59	F	DanaOlson	ID	44	2015
2014 to Present		60-64	F	Dana Olson	ID	52	2016
		65-69	F	Marjean Waford	ID	49	2016
		70-74	F	Kathy Steinmetz	ID	49	2015
		75-79	F	Maureen Raymond	ID	46	2019
		80-84	F	Sandra Noakes	ID	48	2017
		85-89	F	Gayle Peck	ID	52	2015
			F	Dorothy Dickerson	ID	52	2019
		50-54	M	Barry Everett Jr	ID	44	2019
		55-59	M	Doug Cobia	ID	43	2015
		60-64	M	Jim Vook	ID	43	2017
			M	Phil Colman	ID	43	2019
		65-69	M	Michael Devaney	AZ	41	2019
			M	Lester Nagashoah	ID	41	2021
		70-74	M	Jerry Tolley	ID	46	2018
		75-79	M	Russ Miller	ID	44	2018

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New Records are Highlighted

		80-84	M	Russ Miller	ID	43	2021
			M	Don Higgins	ID	43	2021
		90-94	M	George Oyama	ID	45	2017
Swimming	25 Yd Backstroke	50-54	F	Kim Hansen	ID	52.70	2021
2003 to Present		60-64	F	Norie Garner	ID	22.67	2004
		65-69	F	Norie Garner	ID	23.44	2005
		70-74	F	Ardeth McLeod	MT	25.33	2009
		75-79	F	Angela Luckey	ID	23.17	2018
		80-84	F	Jacque Hampston	AZ	41.29	2005
		85-89	F	Patricia Hastings	MT	32.30	2021
		95-99	F	Char Sanddal	MT	41.59	2018
		50-54	M	David Gibbon	UT	19.16	2017
		55-59	M	Robin Rowe	ID	17.63	2021
		60-64	M	Bud Sadler	UT	18.00	2016
		65-69	M	Jim Green	WY	16.19	2008
		70-74	M	Larry Larson	UT	19.25	2006
		75-79	M	Larry Larson	UT	19.63	2009
		80-84	M	Clint Baxter	UT	24.25	2014
		85-89	M	Clint Baxter	UT	24.99	2019
Swimming	25 Yd Breaststroke	50-54	F	Caroline Faure	ID	18.59	2019
		55-59	F	Margie Kline	ID	19.98	2010
		60-64	F	Ruthann Hubbard	ID	25.05	2014
		65-69	F	Jeralee Neibaur	ID	27.84	201*
		70-74	F	Ardeth McLeod	MT	25.01	2009
		75-79	F	Ardeth McLeod	MT	28.16	2011
		80-84	F	Jody Olson	ID	43.50	2010
		95-99	F	Char Sanddal	MT	52.62	2018
		50-54	M	Eric Johnson	UT	19.31	2012
		55-59	M	Eric Johnson	UT	20.36	2016
		60-64	M	Bud Sadler	UT	17.19	2016
		65-69	M	Bud Sadler	UT	17.18	2021
		70-74	M	Paul Nicholls	UT	21.77	2021
		75-79	M	Richard Knight	MT	20.40	2010
		80-84	M	Clint Baxter	UT	24.43	2013
		85-89	M	Clint Baxter	UT	26.31	2019
Swimming	25 Yd Butterfly	50-54	F	Caroline Faure	ID	15.04	2019
		55-59	F	Gloria Lambertz	MT	20.43	2011
		70-74	F	Ardeth McLeod	MT	26.03	2009
		75-79	F	Ardeth McLeod	AZ	25.85	2011
		80-84	F	Jody Olson	ID	43.06	2010
		85-89	F	Patricia Hastings	MT	38.16	2021
		95-99	F	Char Sanddal	MT	44.37	2018

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New Records are Highlighted

		50-54	M	John Fitzpatrick	ID	15.66	2010
		55-59	M	Kevin Sullivan	UT	17.53	2015
		60-64	M	Bud Sadler	UT	14.42	2016
		65-69	M	Bud Sadler	UT	15.60	2021
		70-74	M	Jim DeMet	UT	22.09	2005
		75-79	M	Jim DeMet	UT	23.03	2012
		80-84	M	Jim DeMet	UT	29.01	2015
Swimming	25 Yd Freestyle	50-54	F	Caroline Faure	ID	14.19	2019
		55-59	F	Wendy Baron	ID	14.40	2021
		60-64	F	Angela Luckey	ID	17.65	2004
		65-69	F	Angela Luckey	ID	18.60	2011
		70-74	F	Angela Luckey	ID	19.77	2015
		75-79	F	Ardeth McLeod	AZ	20.22	2011
		80-84	F	Jody Olson	ID	31.99	2010
		85-89	F	Patricia Hastings	MT	21.83	2021
		95-99	F	Char Sanddal	MT	34.69	2018
		50-54	M	David Gibbon	UT	12.26	2017
		55-59	M	Robin Rowe	ID	13.33	2021
		60-64	M	Bud Sadler	UT	12.03	2016
		65-69	M	Bud Sadler	UT	13.26	2021
		70-74	M	Clint Baxter	UT	16.73	2007
		75-79	M	Richard Knight	MT	15.85	2010
		80-84	M	Clint Baxter	UT	17.88	2013
		85-89	M	Clint Baxter	UT	18.57	2018
Swimming	25 Elementary	50-54	F	Georgia Hansen	ID	47.08	2018
	Backstroke	60-64	F	Carolin Coad	ID	38.51	2019
		65-69	F	Jane Gibson	ID	32.03	2016
		70-74	F	Lou Baxter	UT	36.28	2014
		75-79	F	Olson, Jody	ID	36.65	2006
		80-84	F	Jody Olson	ID	52.84	2010
		95-99	F	Char Sanddal	MT	41.69	2018
		50-54	M	Eric Johnson	UT	22.40	2012
		55-59	M	Eric Johnson	UT	23.09	2019
		60-64	M	Curtis Hale	ID	23.33	2015
		65-69	M	Curtis Hale	UT	23.78	2016
		70-74	M	Clint Baxter	UT	26.64	2006
		75-79	M	Richard Knight	MT	20.56	2010
		80-84	M	Clint Baxter	ID	28.73	2013
		85-89	M	Clint Baxter	UT	29.09	2018
Swimming	25 Yd Sidestroke	50-54	F	Georgia Hansen	ID	48.59	2018
		55-59	F	RuthAnn Hubbard	ID	25.97	2010
		60-64	F	Sandra Roberts	ID	29.58	2008
		65-69	F	Lou Baxter	UT	25.17	2006

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New Records are Highlighted

		70-74	F	Lou Baxter	UT	26.34	2014
		75-79	F	Jody Olson	ID	34.82	2006
		80-84	F	Lou Baxter	UT	30.57	2021
		95-99	F	Char Sanddal	MT	48.75	2018
		50-54	M	Gary Azevedo	ID	18.00	2010
		55-59	M	Gary Azevedo	ID	19.37	2015
		60-64	M	Curtis Hale	ID	19.78	2013
		65-69	M	Curtis Hale	UT	20.12	2016
		70-74	M	Clint Baxter	UT	21.43	2007
		75-79	M	Larry Larson	UT	22.33	2009
		80-84	M	Clint Baxter	UT	20.53	2013
		85-89	M	Clint Baxter	UT	26.21	2019
Swimming	50 Yd Backstroke	50-54	F	Caroline Faure	ID	38.77	2021
		55-59	F	Gloria Lambertz	MT	47.28	2011
		60-64	F	Norie Garner	ID	53.73	2004
		65-69	F	Gay Neibaur	ID	54.67	2021
		70-74	F	Jane Wright	ID	51.84	2021
		75-79	F	Angela Luckey	ID	1:01.97	2018
		80-84	F	Flora Wong	MT	1:09.31	2012
		95-99	F	Char Sanddal	MT	1:32.37	2017
		50-54	M	Brent Faure	ID	34.56	2011
		55-59	M	Jim Green	WY	36.55	2003
		60-64	M	Bud Sadler	UT	37.75	2016
		65-69	M	Jim Green	WY	35.95	2008
		70-74	M	Larry Larson	UT	42.80	2006
		75-79	M	Larry Larson	UT	44.15	2009
		80-84	M	Richard Kaiser	ID	55.84	2016
		85-89	M	Clint Baxter	UT	57.09	2019
Swimming	50 Yd Breaststroke	50-54	F	Caroline Faure	ID	39.75	2021
		55-59	F	RuthAnn Hubbard	ID	55.80	2009
		60-64	F	Janet Gettling	ID	39.89	2009
		65-69	F	Norie Garner	ID	1:02.31	2005
		70-74	F	Jody Olson	ID	1:23.05	2004
		75-79	F	Ardeth McLeod	AZ	1:01.53	2011
		80-84	F	Char Sanddal	MT	1:29.45	2005
		95-99	F	Char Sanddal	MT	2:00.25	2018
		50-54	M	Stephen Obert	ID	40.35	2011
		55-59	M	Robin Rowe	ID	37.60	2021
		60-64	M	Richard Goers	UT	37.04	2004
		65-69	M	Bud Sadler	UT	37.15	2021
		70-74	M	Clint Baxter	UT	49.80	2006
		75-79	M	Richard Knight	MT	44.83	2010
		80-84	M	Baxter, on	UT	55.46	2013

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New Records are Highlighted

		85-89	M	Clint Baxter	UT	1:01.24	2018
Swimming	50 Yd Butterfly	50-54	F	Caroline Faure	ID	36.01	2019
		60-64	F	Janet Gettling	ID	36.22	2009
		65-69	F	Martaret Collins	MT	1:09.08	2011
		70-74	F	Ardeth McLeod	MT	55.82	2003
		75-79	F	Ardeth McLeod	AZ	1:00.59	2011
		80-84	F	Char Sanddal	MT	1:22.09	2006
		85-89	F	Char Sanddal	MT	1:24.16	2011
		90-94	F	Char Sanddal	MT	1:41.09	2015
		50-54	M	John Fitzpatrick	ID	37.10	2012
		55-59	M	Jim Green	WY	35.93	2003
		60-64	M	Kelsey Williams	TX	34.06	2008
		65-69	M	Curtis Hale	UT	52.63	2017
		70-74	M	Michael Fenner	ID	52.01	2021
		75-79	M	Richard Kaiser	ID	57.43	2012
		80-84	M	Al Maguire	ID	1:09.40	2007
Swimming	50 Yd Freestyle	50-54	F	Caroline Faure	ID	31.22	2021
		55-59	F	Margie Kline	ID	33.52	2009
		60-64	F	Norie Garner	ID	44.50	2004
		65-69	F	Norie Garner	ID	47.21	2005
		70-74	F	Jane Wright	ID	40.51	2021
		75-79	F	Angela Luckey	ID	48.50	2018
		80-84	F	Flora Wong	MT	59.22	2012
		85-89	F	Patricia Hastings	MT	56.51	2021
		95-99	F	Charlotte Sanddal	MT	1:29.84	2018
		50-54	M	Brent Faure	ID	28.87	2011
		55-59	M	Jim Green	WY	30.61	2003
		60-64	M	Bud Sadler	UT	28.03	2016
		65-69	M	Bud Sadler	UT	28.45	2021
		70-74	M	Clint Baxter	UT	37.81	2007
		75-79	M	Richard Knight	MT	35.56	2010
		80-84	M	Clint Baxter	UT	41.70	2013
		85-89	M	Clint Baxter	UT	42.72	2019
Swimming	50 Yd Elementary	55-59	F	Marjean Waford	ID	1:28.83	2009
	Back	60-64	F	Sandra Roberts	ID	1:10.26	2009
		65-69	F	Jane Gibson	ID	1:13.60	2016
		70-74	F	Jody Olson	ID	1:49.58	2004
		75-79	F	Jody Olson	ID	1:26.00	2006
		80-84	F	Jody Olson	ID	2:00.12	2010
		95-99	F	Char Sanddal	MT	1:15.33	2021
		50-54	M	Ron Endo	ID	45.29	2007
		55-59	M	Chris Mart	UT	51.19	2014
		60-64	M	Curtis Hale	ID	49.00	2015

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New Records are Highlighted

		65-69	M	Curtis Hale	UT	48.41	2016
		70-74	M	Clint Baxter	UT	56.86	2006
		75-79	M	Richard Knight	MT	46.01	2010
		80-84	M	Clint Baxter	ID	1:05.12	2013
		85-89	M	Clint Baxter	UT	1:04.07	2018
Swimming	50 Yd Sidestroke	55-59	F	RuthAnn Hubbard	ID	1:05.23	2010
		60-64	F	RuthAnn Hubbard	ID	1:02.35	2014
		65-69	F	Lou Baxter	UT	1:00.66	2008
		95-99	F	Char Sanddal	MT	1:54.31	2017
		70-74	F	Jody Olson	ID	1:18.69	2004
		75-79	F	Ruth Harrop	ID	1:48.74	2005
		80-84	F	Jody Olson	ID	1:18.95	2010
		95-99	F	Char Sanddal	MT	1:44.64	2018
		50-54	M	Ron Endo	ID	39:43	2007
		55-59	M	Gary Azevedo	ID	44.13	2015
		60-64	M	Curtis Hale	UT	45.03	2015
		65-69	M	Curtis Hale	UT	44.50	2016
		70-74	M	Clint Baxter	UT	49:57	2007
		75-79	M	Larry Larson	UT	48.79	2008
		80-84	M	Clint Baxter	UT	56.94	2013
		85-89	M	Clint Baxter	UT	1:04.09	2019
Swimming	100 Yd Backstroke	50-54	F	Dani Moffit	ID	1:46.92	2021
		55-59	F	Gloria Lambertz	MT	1:47.51	2011
		60-64	F	Margaret Collins	MT	2:13.00	2008
		65-69	F	Margaret Collins	MT	2:22.19	2011
		70-74	F	Bertha (Bert) Bowen	ID	2:03.64	2021
		75-79	F	Flora Wong	MT	2:19.67	2005
		80-84	F	Flora Wong	MT	2:38.28	2011
		85-89	F	Char Sanddal	MT	3:01.70	2011
		95-99	F	Char Sanddal	MT	3:34.50	2018
		50-54	M	Brent Faure	ID	1:14.20	2011
		55-59	M	Robin Rowe	ID	1:22.20	2021
		60-64	M	Bud Sadler	UT	1:25.06	2016
		65-69	M	Bufe Morrison	TX	2:31.68	2007
		70-74	M	Clint Baxter	UT	2:02.91	2005
		75-79	M	Richard Kaiser	ID	1:48.16	2012
		80-84	M	Richard Kaiser	ID	2:11.47	2016
		85-89	M	Larry Vanderplas	ID	5:25.57	2019
Swimming	100 Yd Breaststroke	50-54	F	Caroline Faure	ID	1:29.86	2021
		55-59	F	Ruthann Hubbard	ID	2:05.15	2010
		60-64	F	Janet Gettling	ID	1:28.29	2009
		65-69	F	Norie Garner	ID	2:22.04	2008
		70-74	F	Sondra Schwulst	ID	2:26.56	2008

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New Records are Highlighted

		75-79	F	Ardeth Mcleod	AZ	2:26.28	2014
		80-84	F	Char Sanddal	MT	3:30.61	2005
		85-89	F	Patricia Hastings	MT	2:53.24	2021
		90-94	F	Char Sanddal	MT	3:57.18	2012
		95-99	F	Char Sanddal	MT	4:19.09	2018
		50-54	M	Chris Mart	UT	2:20.60	2009
		55-59	M	Robin Rowe	ID	1:23.32	2021
		60-64	M	Richard Goers	UT	1:28.92	2004
		65-69	M	Bud Sadler	UT	1:22.32	2021
		70-74	M	Clint Baxter	UT	1:58.87	2004
		75-79	M	Richard Knight	MT	1:42.63	2010
		80-84	M	Clint Baxter	ID	2:10.32	2015
		85-89	M	Clint Baxter	UT	2:01.31	2021
Swimming	100 Yd Butterfly	55-59	F	Robin Piet	ID	1:42.75	2012
		65-69	F	Lou Baxter	UT	2:46.39	2007
		70-74	F	Jody Olson	ID	2:53.06	2003
		75-79	F	Jody Olson	ID	3:09.64	2005
		50-54	M	Chris Mart	UT	1:48.75	2008
		55-59	M	Gary Azevedo	ID	1:45.18	2015
		65-69	M	Curtis Hale	UT	1:56.25	2017
		70-74	M	Michael Fenner	ID	2:18.40	2021
		75-79	M	Al Maguire	ID	2:19.69	2006
		80-84	M	Al Maguire	ID	2:32.50	2007
Swimming	100 Yd Freestyle	50-54	F	Laureen Kinnaman	ID	1:11.56	2012
		55-59	F	Margie Kline	ID	1:13.47	2009
		60-64	F	Janet Gettling	ID	1:13.42	2009
		65-69	F	Debra Reiland	ID	1:50.67	2021
		70-74	F	Bertha (Bert) Bowen	ID	1:47.82	2019
		75-79	F	Flora Wong	MT	2:01.86	2005
		80-84	F	Flora Wong	MT	2:17.07	2011
		85-89	F	Patricia Hastings	MT	2:00.92	2021
		90-94	F	Char Sanddal	MT	2:49.34	2012
		95-99	F	Char Sanddal	MT	2:54.68	2018
		50-54	M	Brent Faure	ID	1:07.26	2011
		55-59	M	Robin Rowe	ID	1:07.74	2021
		60-64	M	Bud Sadler	UT	1:02.25	2016
		65-69	M	Bud Sadler	UT	1:05.44	2021
		70-74	M	David Fortsch	ID	1:24.13	2007
		75-79	M	Larry Larson	UT	1:29.47	2008
		80-84	M	Clint Baxter	UT	1:44.13	2015
		85-89	M	Clint Baxter	UT	1:48.09	2018
Swimming	100 Yd Individual	50-54	F	Caroline Faure	ID	1:20.04	2019
	Medley	55-59	F	Robin Piet	ID	1:36.00	2009

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New Records are Highlighted

		60-64	F	Janet Gettling	ID	1:23.56	2009
		65-69	F	Lou Baxter	UT	2:11.99	2008
		70-74	F	Jane Wright	ID	1:55.33	2021
		75-79	F	Ardeth McLeod	AZ	2:10.81	2011
		80-84	F	Flora Wong	MT	3:07.85	2012
		85-89	F	Patricia Hastings	MT	2:42.38	2021
		90-94	F	Char Sanddal	MT	3:15.41	2012
		95-99	F	Char Sanddal	MT	3:47.44	2018
		50-54	M	Fitzpatrick, John	ID	1:28.09	2012
		55-59	M	Robin Rowe	ID	1:17.47	2021
		60-64	M	Bud Sadler	UT	1:17.75	2016
		65-69	M	Curtis Hale	UT	1:40.81	2016
		70-74	M	Michael Fenner	ID	1:54.60	2019
		75-79	M	Richard Kaiser	ID	1:55.81	2012
		80-84	M	Al Maguire	ID	2:19.09	2007
Swimming	200 Yd Backstroke	50-54	F	Dani Moffit	ID	3:83.83	2019
		60-64	F	Margaret Collins	MT	5:00.22	2008
		75-79	F	Flora Wong	MT	4:56.38	2005
		80-84	F	Flora Wong	MT	5:43.82	2012
		85-89	F	Patricia Hastings	MT	5:10.81	2021
		90-94	F	Char Sanddal	MT	6:16.34	2012
		95-99	F	Char Sanddal	MT	7:11.54	2018
		50-54	M	Brent Faure	ID	2:43.62	2011
		55-59	M	Jim Green	WY	3:11.23	2003
		60-64	M	Mark Schanfein	ID	3:51.53	2013
		65-69	M	Jim Green	WY	3:10.15	2008
		70-74	M	Larry Larson	UT	3:48.18	2006
		75-79	M	Donald Roberts	ID	4:09:00	2009
		80-84	M	Clint Baxter	UT	4:29:00	2015
		85-89	M	Larry Vanderplas	ID	10:04.26	2019
Swimming	200 Butterfly	70-74	M	Michael Fenner	ID	5:38.96	2021
		75-79	M	Craig Walker	CA	10:40.32	2019
		80-84	M	Craig Walker	CA	11:54.75	2021
Swimming	200 Yd Breaststroke	50-54	F	Dani Moffit	ID	3:42.18	2021
		60-64	F	Janet Gettling	ID	3:23.26	2009
		65-69	F	Lou Baxter	UT	5:00.24	2008
		70-74	F	Jane Wright	ID	4:22.22	2021
		75-79	F	Lou Baxter	UT	7:05.03	2016
		80-84	F	Char Sanddal	MT	7:11.63	2005
		85-89	F	Char Sanddal	MT	7:39.30	2008
		90-94	F	Char Sanddal	MT	8:10.37	2012
		95-99	F	Char Sanddal	MT	9:13.84	2018
		50-54	M	Stephen Obert	ID	3:16.25	2009

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New Records are Highlighted

		55-59	M	Robin Rowe	ID	3:10.80	2021
		60-64	M	Bud Sadler	UT	3:08.10	2016
		65-69	M	Curtis Hale	UT	3:55.85	2016
		70-74	M	Clint Baxter	UT	4:04.68	2007
		75-79	M	Richard Knight	MT	3:48.47	2010
		80-84	M	Clint Baxter	UT	4:36.99	2013
		85-89	M	Larry Vanderplas	ID	7:29.22	2021
Swimming	200 Yd Freestyle	50-54	F	Caroline Faure	ID	2:38.86	2019
		55-59	F	Wendy Baron	ID	2:48.62	2021
		60-64	F	Olive Buckley	UT	3:58.44	2012
		65-69	F	Gay Neibaur	ID	4:27.31	2021
		70-74	F	Bertha (Bert) Bowen	ID	3:50.87	2019
		75-79	F	Flora Wong	MT	4:19.10	2005
		80-84	F	Char Sanddal	MT	4:47.32	2006
		85-89	F	Char Sanddal	MT	5:37.44	2008
		90-94	F	Char Sanddal	MT	6:06.76	2015
		95-99	F	Char Sanddal	MT	8:04.48	2021
		50-54	M	Gary Azevedo	ID	2:29.45	2010
		55-59	M	Jim Green	ID	2:42.09	2003
		60-64	M	Gary Azevedo	ID	2:50.94	2015
		65-69	M	David Fortsch	ID	3:00.58	2003
		70-74	M	David Fortsch	ID	2:59.91	2004
		75-79	M	Jim DeMet	UT	3:56.80	2010
		80-84	M	Clint Baxter	UT	3:54.66	2013
		85-89	M	Jim Demet	UT	5:17.01	2019
Swimming	200 Yd Individual	50-54	F	Caroline Faure	ID	3:02.06	2019
	Medley	55-59	F	Robin Piet	ID	3:24.03	2009
		60-64	F	Janet Gettling	ID	3:06.21	2009
		65-69	F	Lou Baxter	UT	4:48.33	2006
		70-74	F	Jane Wright	ID	4:00.87	2021
		75-79	F	Ardeth McLeod	AZ	4:44.19	2011
		80-84	F	Lou Baxter	UT	5:40.27	2021
		85-89	F	Char Sanddal	MT	6:59.04	2011
		90-94	F	Char Sanddal	MT	6:38.37	2012
		50-54	M	Chris Mart	UT	4:08.84	2008
		55-59	M	Azevedo, Gary	ID	3:31.18	2014
		70-74	M	Michael Fenner	ID	4:20.88	2019
		65-69	M	Curtis Hale	UT	3:40.91	2017
		75-79	M	Maguire, Al	UT	4:56.80	2006
		80-84	M	Craig Walker	CA	9:16.95	2015
Swimming	500 Yd Freestyle	50-54	F	Caroline Faure	ID	6:59.59	2021
		55-59	F	Wendy Baron	ID	7:45.46	2021
		60-64	F	Olive Buckley	ID	10:34.72	2012

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New Records are Highlighted

		65-69	F	Lou Baxter	UT	10:48.00	2008
		70-74	F	Jane Wright	ID	9:43.37	2021
		75-79	F	Flora Wong	MT	11:29.16	2005
		80-84	F	Flora Wong	MT	12:39.14	2011
		85-89	F	Patricia Hastings	MT	12:48.10	2021
		50-54	M	Brent Faure	ID	6:45.11	2011
		55-59	M	Gary Azevedo	ID	7:32.68	2014
		60-64	M	Gary Azevedo	ID	7:45.53	2021
		65-69	M	David Fortsch	ID	7:59.28	2003
		70-74	M	David Fortsch	ID	7:57.65	2004
		75-79	M	Richard Kaiser	ID	10:18.97	2013
		80-84	M	Jim Demet	UT	12:20.28	2015
		85-89	M	Jim Demet	UT	14:41.99	2021
Swimming	800 Yd Freestyle	50-54	F	Caroline Faure	ID	11:18.82	2021
		55-59	F	Wendy Baron	ID	13:05.93	2021
		60-64	F	Olive Buckley	UT	17:25.69	2012
		75-79	F	Lou Baxter	UT	19:40.47	2017
		80-84	F	Lou Baxter	UT	21:41.37	2021
		85-89	F	Patricia Hastings	MT	20:41.45	2021
		90-94	F	Char Sanddal	MT	25:55.31	2015
		50-54	M	Brent Faure	ID	11:04.47	2011
		55-59	M	Gary Azevedo	ID	12:25.71	2015
		60-64	M	Gary Azevedo	ID	13:08.69	2021
		65-69	M	Hale, Curtis	UT	14:38.25	2016
		70-74	M	Michael Fenner	ID	16:05.50	2019
		75-79	M	Richard Kaiser	ID	17:27.52	2013
		80-84	M	Jim Demet	UT	19:48.58	2015
		85-89	M	Jim Demet	ID	23:03.94	2019
Swimming	1650 Yd Freestyle	50-54	F	Caroline Faure	ID	24:21	2021
		55-59	F	Robin Piet	ID	26:50	2009
		60-64	F	Olive Buckley	UT	35:40	2012
		65-69	F	Lou Baxter	UT	34:58	2007
		75-79	F	Lou Baxter	UT	38:05	2015
		80-84	F	Lou Baxter	UT	40:40	2021
		90-94	F	Char Sanddal	MT	1:00:36	2016
		50-54	M	Brent Faure	ID	23:45	2011
		55-59	M	Gary Azevedo	ID	26:11	2014
		60-64	M	Gary Azevedo	ID	26.52	2021
		65-69	M	Curtis Hale	UT	30:02	2016
		70-74	M	David Fortsch	ID	27:18	2004
		75-79	M	Richard Kaiser	ID	33:56	2012
		80-84	M	Richard Kaiser	ID	40:24	2016

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New Records are Highlighted

Track and Field	50 M Dash	50-54	F	Penny Tolman	ID	8.35	2021
2003 to Present		55-59	F	Caralee Workman	ID	10.84	2018
		60-64	F	Brenda Lish	ID	8.59	2019
		65-69	F	Mary Morrison	TX	12.10	2008
		70-74	F	Susan Hill	FL	9.66	2019
		75-79	F	Jody Olson	ID	13.82	2006
		80-84	F	Joyce Marler	ID	17.10	2007
		85-89	F	Carol Phillips	ID	18.82	2017
		50-54	M	David Gibbon	UT	6.04	2019
		55-59	M	Marvin Orrock	UT	6.46	2011
		60-64	M	Mark Smith	UT	7.51	2017
		65-69	M	Glynn Osborne	HI	7.02	2016
		70-74	M	John Gustafson	UT	7.14	2010
		75-79	M	John Gustafson	UT	7.96	2016
		80-84	M	Claude Long	ID	8.45	2010
		85-89	M	Howard Walling	ID	10.26	2016
Track and Field	100 M Dash	50-54	F	Laura Hirschi	ID	16.35	2019
		55-59	F	Patty Kruse	ID	20.41	2018
		60-64	F	Brenda Lish	ID	16.31	2019
		65-69	F	Susan Hill	FL	17.58	2016
		70-74	F	Jody Olsom	ID	19.10	2003
		75-79	F	Jody Olson	ID	28.16	2005
		50-54	M	David Gibbon	UT	11.56	2019
		55-59	M	Marlouwe Goble	UT	12.82	2006
		60-64	M	Galazin, John	ID	12.95	2006
		65-69	M	Glynn Osborne	HI	13.49	2016
		70-74	M	John Gustafson	UT	13.20	2010
		75-79	M	Bill Platts	ID	14.77	2005
		80-84	M	Bill Platts	ID	15.91	2012
		85-89	M	Howard Walling	ID	20.75	2016
Track and Field	200 M Dash	50-54	F	Laura Hirschi	ID	34.78	2019
		60-64	F	Brenda Lish	ID	35.00	2019
		65-69	F	Brenda Lish	ID	35.40	2021
		70-74	F	Susan Hill	FL	44.06	2019
		75-79	F	Jody Olson	ID	59.70	2005
		50-54	M	Scott Bailey	ID	20.60	2009
		55-59	M	Marlowe Goble	UT	27.55	2006
		60-64	M	John Galazin	ID	26.65	2006
		65-69	M	John Gustafson	UT	28.60	2008
		70-74	M	John Gustafson	UT	28.92	2010
		75-79	M	Bill Platts	ID	30.77	2005
		80-84	M	John Gustafson	UT	34.83	2021
Track and Field	400 M Run	50-54	F	Lynn Oliver	ID	2:13.68	2009

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New Records are Highlighted

		60-64	F	Brenda Lish	ID	1:34.41	2019
		65-69	F	Brenda Lish	ID	1:30.20	2021
		70-74	F	Susan Hill	FL	1:52.62	2019
		75-79	F	Jody Olson	ID	2:28.40	2005
		50-54	M	Wayne Lott	ID	1:00.00	2014
		55-59	M	Wayne Lott	ID	1:05.63	2019
		60-64	M	John Galazin	ID	1:02.10	2006
		65-69	M	John Gustafson	UT	1:06.60	2008
		70-74	M	John Gustafson	UT	1:06.60	2010
		75-79	M	John Gustafson	UT	1:17.00	2016
		80-84	M	John Gustafson	UT	1:25.43	2021
Track and Field	800 M Run	50-54	F	Penny Tolman	WY	3:51.86	2021
		55-59	F	Cindy Albers	ID	4:29.04	2009
		60-64	F	Susan Hill	UT	4:20.10	2012
		65-69	F	Susan Hill	FL	4:01.00	2016
		70-74	F	Susan Hill	FL	4:39.31	2019
		75-79	F	Jody Olson	ID	5:05.80	2005
		50-54	M	Scott Bailey	ID	2:02.20	2010
		55-59	M	Robert Jones	ID	2:24.00	2014
		60-64	M	John Galazin	ID	2:42.19	2004
		65-69	M	John Gustafson	UT	2:47.00	2007
		65-69	M	John Haney	UT	2:47.00	2010
		70-74	M	John Gustafson	UT	2:51.40	2010
		75-79	M	John Gustafson	UT	3:11.08	2015
		80-84	M	John Gustafson	UT	3:51.76	2021
Track and Field	1500 M Run	60-64	F	Susan Hill	UT	8:31	2012
		65-69	F	Lou Baxter	UT	9:01	2006
		70-74	F	Jody Olson	ID	9:14	2003
		75-79	F	Jody Olson	ID	10:30	2005
		50-54	M	Scott Bailey	ID	5:07	2008
		55-59	M	Clyde Goodrich	ID	5:15	2013
		60-64	M	Clyde Goodrich	ID	5:28	2016
		65-69	M	John Gustafson	UT	6:09	2008
		70-74	M	John Gustafson	UT	6:30	2010
		75-79	M	Dale Perkins	UT	6:09	2010
		80-84	M	John Gustafson	UT	7:31	2021
Track and Field	400 M Race Walk	55-59	F	Patty Kruse	ID	3:11.37	2018
		60-64	F	Sondra Dunkle	ID	3:07.70	2009
		65-69	F	Dorothy Houston	UT	2:40.00	2005
		70-74	F	Janet Faith	ID	2:39.44	2017
		75-79	F	Roxie Foltz	ID	3:25.38	2021
		90-94	F	Marie Hill	ID	3:46.00	2016
		50-54	M	Eric Johnson	UT	1:40.00	2014

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New Records are Highlighted

		55-59	M	Eric Johnson	UT	1:40.54	2019
		60-64	M	Eric Johnson	UT	1:42.66	2021
		65-69	M	J C Sanford	TX	2:12.06	2008
		70-74	M	Louie Osuna	ID	2:18.56	2005
		75-79	M	Paul Delong	ID	2:29.72	2018
		80-84	M	Bill Platt	ID	2:46.02	2012
Track and Field	1500 M Race Walk	50-54	F	Susan Sanford	TX	14:26	2006
		60-64	F	Sondra Dunkle	ID	12:50	2009
		65-69	F	Lynn Mertz	SD	10:39	2008
		70-74	F	Janet Faith	ID	11:28	2017
		90-94	F	Marie Hill	ID	15:08	2016
		50-54	M	Eric Johnson	UT	7:52	2012
		55-59	M	Eric Johnson	ID	7:57	2019
		60-64	M	Eric Johnson	UT	7:51	2021
		65-69	M	Paul Delong	ID	9:43	2012
		70-74	M	Paul Delong	ID	9:36	2014
		75-79	M	Paul Delong	ID	10:37	2018
Track and Field	Discus	50-54	F	Kim Hansen	ID	47' 3.5 "	2021
		55-59	F	Janet Zahn	WY	49' 11"	2009
		60-64	F	Yvonne Kirkpatrick	ID	69' 10"	2016
		65-69	F	Yvonne Kirkpatrick	ID	69' 9.75"	2021
		70-74	F	Susan Hill	FL	45' 1.5"	2021
		50-54	M	Robert Smith	WA	111' 4"	2005
		55-59	M	Marvin Orrock	UT	125' 9"	2010
		60-64	M	Marvin Orrock	UT	138' 7"	2014
		65-69	M	Marvin Orrock	UT	124' 11"	2018
		70-74	M	Mike Haigwood	NV	98' 1"	2012
		75-79	M	Bill Platts	ID	94' 9"	2007
		80-84	M	Bill Platts	ID	87' 7"	2012
		85-89	M	John Jensen	ID	59' 0"	2009
		90-94	M	John Jensen	UT	50' 7"	2013
Track and Field	Javelin	50-54	F	Caralee Workman	ID	56' 4"	2014
		55-59	F	Sally Mart	UT	62' 5"	2009
		60-64	F	Christie Johnston	UT	67' 2"	2007
		65-69	F	Christie Johnston	UT	66' 4"	2012
		70-74	F	Christie Johnston	UT	49' 2"	2019
		50-54	M	Jerry Ropelato	UT	118' 4"	2008
		55-59	M	Aaron Weber	ID	106' 1"	2017
		60-64	M	Jack Way	ID	124' 7"	2014
		65-69	M	Dennis Rider	NV	121' 5"	2009
		70-74	M	Malcolm Russell	ID	132' 2"	2007
		75-79	M	Bill Platts	ID	124' 6"	2007
		80-84	M	Bill Platts	ID	106' 7"	2012

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New Records are Highlighted

		85-89	M	Gordon Scheffner	UT	49'2"	2018
		90-94	M	John Jensen	ID	37' 2"	2013
Track and Field	Shot Put	50-54	F	Caralee Workman	ID	25' 2"	2014
		55-59	F	Micquelene Alvarez	ID	20'2"	2018
		60-64	F	Yvonne Kirkpatrick	ID	26' 6"	2016
		65-69	F	Yvonne Kirkpatrick	ID	25'7"	2019
		70-74	F	Susan Hill	FL	20'2"	2019
		75-79	F	Jody Olson	ID	13' 5"	2007
		50-54	M	Jerry Ropelato	UT	37' 5"	2008
		55-59	M	Marvin Orrock	UT	40' 10.75"	2010
		60-64	M	Bruce Jones	MT	40' 7.75"	2007
		65-69	M	Marvin Orrock	UT	39'11"	2018
		70-74	M	Doug Price	UT	36'10"	2018
		75-79	M	Will Godfrey	ID	31' 0"	2014
			M	Dean Dopp	ID	31'0"	2018
		80-84	M	Bill Platts	ID	32' 5.5"	2012
		85-89	M	John Jensen	ID	22' 0"	2008
		90-94	M	John Jensen	ID	19' 2"	2013
Track and Field	Softball Throw	50-54	F	Caralee Workman	ID	111' 0"	2013
		55-59	F	Christie Johnston	UT	114' 00"	2006
		60-64	F	Christie Johnston	UT	110' 11"	2007
		65-69	F	Christie Johnston	UT	102' 6"	2013
		70-74	F	Carol Phillips	ID	75' 5"	2006
		75-79	F	Carol Phillips	ID	68' 10"	2007
		80-84	F	Carol Phillips	ID	64' 1"	2016
		85-89	F	Carol Phillips	ID	48'0"	2017
		50-54	M	David Gibbon	UT	257' 7"	2016
		55-59	M	Nathan Sorensen	UT	205' 0"	2014
		60-64	M	Jerry Sepich	ID	190' 3"	2010
		65-69	M	Kenneth Nelson	UT	180' 4"	2012
		70-74	M	Russell Malcolm	ID	180' 5"	2008
		75-79	M	Bill Platts	ID	139' 5"	2005
		80-84	M	Bill Platts	ID	118' 10'	2012
		85-89	M	Gordon Scheffner	UT	91'3"	2018
		90-94	M	John Jensen	ID	53' 3"	2013
Track and Field	Football Throw	50-54	F	Micquelene Alvarez	ID	76' 0"	2013
		55-59	F	Christie Johnston	UT	75' 2"	2006
		60-64	F	Christie Johnston	UT	74' 5"	2011
		65-69	F	Christie Johnston	UT	74' 8.5"	2012
		70-74	F	Christie Johnston	UT	54'7"	2018
		75-79	F	Carol Phillips	ID	43' 10"	2009
		80-84	F	Carol Phillips	ID	35' 8"	2013
		85-89	F	Carol Phillips	ID	32'0"	2017

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New Records are Highlighted

		50-54	M	Jerry Ropelato	UT	144' 5"	2010
		55-59	M	Aaron Weber	ID	128'6"	2017
		60-64	M	Jack Way	ID	135' 8.5"	2014
		65-69	M	Jack Way	ID	135' 10"	2016
		70-74	M	Malcolm Russell	ID	123' 10"	2007
		75-79	M	Bill Platts	ID	106' 1"	2005
		80-84	M	Bill Platts	ID	81' 4"	2012
		85-89	M	John Jensen	ID	61' 4"	2008
Track and Field	Hammer Throw	50-54	F	Susan Sanford	TX	69' 2"	2006
		55-59	F	Micquelene Alvarez	ID	57'2"	2019
		60-64	F	Yvonne Kirkpatrick	ID	82'3.5"	2017
		65-69	F	Yvonne Kirkpatrick	ID	87'5"	2019
		50-54	M	Jeff Johnson	UT	90' 2"	2016
		55-59	M	James Vook	ID	84' 1"	2012
		60-64	M	Howie Kellogg	WA	114" 4"	2007
		65-69	M	Jim Vook	ID	84' 11"	2021
		70-74	M	Murdo Campbell	MT	87' 8"	2007
		75-79	M	Dean Dopp	ID	59'5"	2018
		80-84	M	Bill Platts	ID	63' 3"	2012
		85-89	M	John Jensen	ID	49' 2"	2008
Track and Field	Standing Long Jump	50-54	F	Laura Hirschi	ID	6'8"	2019
		55-59	F	Mona Marble	WY	4' 9"	2011
		60-64	F	Yvonne Kirkpatrick	ID	5'8"	2017
		65-69	F	Yvonne Kirkpatrick	ID	5'0"	2019
		50-54	M	David Gibbon	UT	8'9"	2019
		55-59	M	Marvin Orrock	UT	8' 4"	2010
		60-64	M	Marvin Orrock	UT	8' 1"	2013
		65-69	M	Doug Spainhower	UT	7' 11"	2004
		70-74	M	John Gustafson	UT	7' 9"	2010
		75-79	M	John Gustafson	UT	7' 0"	2016
		80-84	M	John Gustafson	UT	6' 8"	2021
		85-89	M	Gordon Scheffner	UT	4'7"	2019
Track and Field	Long Jump	50-54	F	Laura Hirschi	ID	11' 11"	2021
		55-59	F	Mona Marble	WY	5' 7"	2011
		60-64	F	Patricia Ferry	ID	8' 2"	2005
		65-69	F	Yvonne Kirkpatrick	ID	7'4"	2019
		70-74	F	Susan Hill	FL	6' 7"	2021
		50-54	M	David Gibbon	UT	16'3"	2017
		55-59	M	Dale Madsen	ID	16' 2"	2006
		60-64	M	John Galazin	ID	14' 1"	2004
		65-69	M	John Gustafson	UT	14' 9.25"	2008
		70-74	M	John Gustafson	UT	13' 9"	2010
		75-79	M	Doug Spainhower	UT	12' 2"	2009

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		80-84	M	John Gustafson	UT	11' 4.5"	2021
		85-89	M	Gordon Scheffner	UT	7'3"	2018
Track and Field	High Jump	50-54	F	Laurie Hirschi	ID	3' 8"	2021
		60-64	F	Susan Hill	UT	3' 4"	2012
		65-69	F	Susan Hill	FL	3' 4"	2016
		70-74	F	Susan Hill	FL	3'5"	2019
		50-54	M	Schenk, Rob	UT	5' 1"	2006
		55-59	M	Rob Schenk	UT	5' 0"	2009
		55-59	M	Marvin Orrock	UT	5' 2"	2011
		60-64	M	Marvin Orrock	UT	5' 0"	2014
		60-64	M	Ricky J.Berg	ID	4' 8"	2007
		65-69	M	Doug Spainhower	UT	4' 10"	2004
			M	Marvin Orrock	UT	4'10"	2018
		70-74	M	John Gustafson	UT	4' 6"	2012
		75-79	M	Dale Perkins	UT	4' 0'	2009
			M	Ralph Reiche	UT	4' 0"	2012
			M	John Gustafson	UT	4' 0"	2014
			M	Dean Dopp	ID	4'0"	2018
		80-84	M	John Gustafson	UT	3' 9"	2021
Track and Field	Triple Jump	50-54	F	Penny Tolman	ID	26' 5.5"	2021
		60-64	F	Yvonne Kirkpatrick	ID	16'9"	2017
		65-69	F	Yvonne Kirkpatrick	ID	15'3"	2021
		50-54	M	Daniel Scamehorn	NE	33' 1"	2010
		55-59	M	Don Perry	UT	31' 5"	2009
		60-64	M	John Galazin,	ID	31' 6"	2006
		65-69	M	Darrell Jernberg	ID	28' 11"	2021
		70-74	M	John Gustafson	UT	30' 3"	2010
		75-79	M	John Gustafson	UT	27' 5"	2015
		80-84	M	John Gustafson	UT	24' 1"	2021
		85-89	M	Gordon Scheffner	UT	14'10"	2018
Track and Field	Pole Vault	50-54	F	Penny Tolman	ID	8'0"	2021
		60-64	F	Susan Hill	UT	3' 0"	2012
		70-74	F	Susan Hill	FL	4'0"	2021
		50-54	M	Don Perry	UT	6' 6"	2007
		60-64	M	Bruce Perkins	ID	9' 0"	2010
		65-69	M	Mardoona Connely	NV	9' 6"	2008
		70-74	M	Mardoona Connely	NV	8' 0"	2011
			M	Joseph Ford III	TN	8'0"	2021
		75-79	M	Mardoona Connely	NV	8' 0"	2016
		80-84	M	John Gustafson	UT	4' 6"	2021